

The Queensland Representative School Sport (QRSS) 11-12 Years Aquathlon State Championship will be conducted in conjunction with the QRSS 13-19 Years Triathlon State Championship in Hervey Bay in 2024.

QRSS TRIATHLON / AQUATHLON STATE CHAMPIONSHIPS 2024

Aquathlon	Triathlon
Saturday 10 February 2024 Hervey Bay	Thursday, 08 February - Saturday 10 February 2024 Hervey Bay

We will use the upcoming *Triathlon Queensland (TQ) All Schools Event* to select our regional team invitees.

The Triathlon Queensland All Schools event will be held at Lake Kawana, Sportsman Parade, Bokarina from Saturday 28 October 2023 to Sunday 29 October 2023.

A top-ten finish at this event does not automatically mean that you will be invited to join our Aquathlon or Triathlon team. Please be aware that absentee applications (exemption applications) may be in place and will be taken into account during our team selection process.

We will be nominating a maximum team size of 10 males and 10 females per age division.

MULTI-CLASS ATHLETES:

Multi-class aquathlon events are open to multi-class athletes. Competitors who are classified as multi-class must have a current classification from either Swimming Australia or Athletics Australia.

REGISTRATION:

You MUST register with Triathlon Queensland to be considered for selection in a 2024 Sunshine Coast School Sport team.

https://archive.triathlon.org.au/State_Associations/QLD/qld/Events/Our_Events/All_Schools_Triathlon.htm

All Information about the Triathlon Queensland event - including entry fees, course distances, location, maps and entry registrations can be found on the Triathlon Queensland website.

If you have any questions about the Triathlon Queensland All Schools event, or you are unsure if you have entered correctly, please contact Triathlon Queensland on (07) 3369 9600 or email events@qld.triathlon.org.au.

You should receive a confirmation e-mail from the Triathlon Queensland All Schools registration system.

TQ RACE CATEGORIES & DISTANCES (Saturday 28 October 2023)

Category	Aquathlon - (Run / Swim / Run) Multi Class Aquathlon – (Swim / Run)	Year of Birth
Primary Aquathlon (10-11 years)	1km / 200m / 1km	2012-2013
Multi-Class Aquathlon (10-13 years)	100m / 1km	2010-2013
Multi-Class Aquathlon (14-18 years)	200m / 2km	2005-2009

TQ RACE CATEGORIES & DISTANCES (Sunday 29 October 2023)

Category	Triathlon - (Swim / Cycle / Run)	Year of Birth
Junior Triathlon (12-13 years)	300m / 10km / 2.5km	2010-2011
Intermediate Triathlon (14-15 years)	500m / 15km / 4km	2008-2009
Senior Triathlon (16-18 years)	750m / 20km / 5km	2005-2007

RESULTS:

Provisional results will be posted on the Triathlon Queensland website the week following the event.

EXEMPTION APPLICATIONS:

- In the event that you cannot attend the Triathlon Queensland All Schools event, you are still able to apply to join our one of our teams via our regional absentee (exemption) application process.
- Please go to our [regional trials exemption policy](#) web page. On our web page you will find a link to our application form.
- You must email this form and all supporting documentation to sport.scrssb@qed.qld.gov.au before 9:00am on Friday 27 October 2023.
- Your application must meet one of the grounds for absence and must have all required supporting documentation attached (eg. medical certificate, letter from school Principal, etc.), along with a resume of your recent performances and achievements in aquathlon or triathlon events.
- You will receive an email reply regarding the outcome of your application for exemption. If we approve your exemption application, this means that you will be considered for selection in one of our teams. Keep in mind that an approved exemption application does not guarantee you will be invited to join either our aquathlon or triathlon team.