



SUNSHINE COAST SCHOOL SPORT

10-19 REGIONAL CROSS COUNTRY TRIAL

MULTI-CLASS 10-19 INFORMATION FOR SCHOOLS



MEMO: Principals
School Sport Coordinators
H.O.S.E.S. – Secondary & Primary Schools
Advisory Visiting Teachers

The representative school sport program offers athletes the opportunity to participate in multi-class events.

Please be aware that this is not a 'participation' or a 'come & try' activity but rather a representative pathway. Multi-class athletes should be capable of competing in their individual event.

- There are no multi-class regional qualifying times. Schools should only nominate students who can run 2km (10-12 years) or 3km (13-19 years) over uneven terrain. Please refer to the DRAFT [QRSS 10-19 Multi-class State Qualifying Times](#) as a guide.

Schools are invited to nominate eligible students to participate at the district and/or regional trials.

As usual, multi-class athletes with an official classification from a national disability sporting organisation, (eg. Sport Inclusion Australia, Athletics Australia) will be able to attend their district and/or regional trial. If they attain the QRSS qualifying standard at the regional trial, they are eligible to participate in the QRSS state championship. We will refer to the appropriate Master list to confirm classification.

However, this year our region is encouraging school staff to gauge if there are any other multi-class athletes who have not been officially classified but who may be capable of attending the district and/or regional trial. These athletes can still participate at the district and/or regional trial however they will not be eligible to be selected in our regional team to attend the state championship.

We have included a guide for the various disability categories in the *Multi-class cross country nomination form*. This guide will assist school staff, athletes and parents to provide the best fit category for athletes who wish to participate at the district and/or regional trial.

School staff are requested to assist students and parents in completing the nomination form. This completed nomination form needs to be returned to your school sport coordinator. He/she will email all multi-class nomination forms along with your school team nominations to the district cross country convenor.

If you have multi-class athletes who are keen to follow up and get their official classification, Please visit the [Queensland School Sport](#) website and choose the 'Inclusion' tab to investigate the classification process. Please refer to the 'Essential Information' section on the *Multi-class cross country nomination form* for further information.

Note:

As per all athletes attending either district / region / state cross country events, multi-class athletes will need to complete a *QRSS student consent form*.