



NAMBOUR DISTRICT 10 to 12 YEARS SCHOOL SPORT DISTRICT TRIAL INFORMATION



Sport event:	Rugby Union (11-12 years)
Trial date:	Friday, 19 April 2024
Duration:	3:45pm – 5:00pm (approximately)
Venue :	Bli Bli State School
Eligibility:	You must be born in 2012 or 2013

Nomination Process:

1. Collect your Nambour District trial forms pack from your school sport co-ordinator or PE teacher. This pack includes: district trial information flyer and permission to trial form.
2. Obtain permission to participate in our trial from your school sport co-ordinator, PE teacher, or school principal on the 'permission to trial form'.
3. Take the completed permission to trial form to the trial.
Please note: no permission form = no participation in our trial.
4. Register using the QR code or registration link on the paperwork that you pick up from your school. Our online **registrations close 18 April 2024.**

Playing and uniform requirements:

School sport clothing, football boots, mouthguard (see note below)

Other information:

- Bring your own water bottle
- Ensure any strapping is applied prior to beginning our trial.
- No strapping will be provided.
- Nails must be cut and all jewellery removed.
- Must have previous rugby league or rugby union playing experience.
- Must be able to display representative level sporting skills.
- This is not a 'come and have a go' sporting trial.
- You must be willing to commit to attend all organised training sessions prior to our team's attendance at the regional representative school sport trial.

Additional forms :

- Wearing a mouthguard is compulsory when participating in AFL, Hockey, Rugby League, Rugby Union and Water Polo representative school sports.
- You must complete a mouthguard consent form. Give this form to our designated sport official at our district trial.
- If you do not have a mouthguard, you cannot participate in our trial. There are no exceptions.

Health and safety:

If you are feeling unwell, please do not attend this trial.

Regional trial and state championship information:

Regional trial: 14 May 2024 and 15 May 2024, Caloundra Rugby Club

State Championship: 18 July 2024 to 21 July 2024, Sunnybank, Brisbane