# SWIMMING APPLICATION FOR EXEMPTION – SUNSHINE COAST SCHOOL SPORT TRIAL



#### Instructions

This form must be completed in full to apply for an exemption from swimming at our regional swimming trial. The application must meet the approved criteria as listed in the "Grounds for Absence" section to be considered for selection in a regional team competing at a Queensland School Sport (QSS) State Championship.

Office Use Only						
Received:						
Approved:						
Notified:						
Filed:						

This form must be received at the Sunshine Coast Representative School Sport office no later than 24 hours prior to the commencement of the regional trial. Our office reserves the right to refuse late applications.

This form and required supporting documentation must be signed off by your school principal or authorised school delegate and emailed (sport.scrssb@ged.gld.gov.au) to the Sunshine Coast Representative School Sport office.

### Additional information

Requests for exemption must be accompanied by an email address that can be used to acknowledge receipt of the absentee application form and whether the application has been successful or not successful.

Please note that a successful application for exemption from participating in a regional trial does not automatically guarantee selection in a Sunshine Coast Representative School Sport regional team competing at the QRSS State Championship.

If you are unable to participate in the regional trial and want to be considered for selection (and to be invited to join our regional team), you must provide supporting documentation (e.g. medical certificate) at the same time with this completed application.

# Swimming exemption application conditions

- For exemption applications, club coach or PE teacher verified times WILL NOT be accepted.
- Primary school students (10-12 years) must have already been nominated by your district via their team nomination process.
- Secondary school students (12-19 years) must have completed the regional online nomination process.
- If a swimmer competes at the regional swimming trial, only results achieved at this regional swimming trial will be accepted. Any previous result will not be accepted or considered from previously swum events.
- Selection preference will be given to students competing at the regional trial.

#### Nominations to the QRSS state swimming championship

### Swimmers from 10-12 district teams

• You can only apply to be exempt for the specific events that you have been nominated to swim at the regional trial by your district.

# Swimmers from 13-19 districts (12-19 year olds)

- You can only apply to be exempt for the specific events that you entered on our online nomination form.
- 13-19 year old swimmers can only apply for a maximum of 9 events on this exemption application form, in accordance with QRSS swimming competition procedures.

Please type or clearly print in all fields on page 2 of this form.

Applicant Details	5							
First name				Last name				
Gender				DOB				
Phone				Email				
Name of Sport	Regional Swimming Trial			Year:				
Grounds for Absence (Please select your reason below & attach required documents)								
Medical condition on the day(s) of the trial			Include current, valid medical certificate from health professional stating that you are unfit for the competition date(s) and the date when full participation can resume.					
Absence due to an authorised school activity			Include a letter on official school letterhead signed by your school principal stating your name, the activity, dates of the activity and that you are required to attend the authorised school activity.					
Absence due to competing in a QRSS event or another sport event of the same or higher level			Include documentation from event organisers that states that you are selected in the team (your name is to appear in the documentation), the event name and dates of competition.					
,				on official school letterhead signed by your to support the absence.				
Bereavement or compassionate reasons  Include a letter on official school principal to suppo					official school lett	terhead signed by your		
Events to be considered								
Event	Age division	Result Date		Result	Re	esult Source		
					O District time	O Results Central time		
					O District time	O Results Central time		
					O District time	O Results Central time		
					O District time	O Results Central time		
					O District time	Results Central time		
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By signing this form, I give permission for RSS staff to contact me, my parents/guardians or staff at my school.		Authorised School Delegate Details						
Applicant Signature			School name					
Date				Delegate name				
Parent/Guardian Name			Email					
Parent Email				Mobile Phone				
Parent Signature			Signature					
Date	Date			Date				