

Sunshine Coast School Sport

10-19 YEARS

TRACK & FIELD

REGIONAL TRIALS



PROGRAM

University of the Sunshine Coast
Athletics Track

Wednesday 30 August & Thursday 31 August 2023

UPDATED 24-8-23

GENERAL INFORMATION

All of the essential information relating to the Sunshine Coast School Sport Regional Track & Field Trials is outlined below. Please ensure that you read this information carefully and you are familiar with all policies and procedures.

COVID GUIDELINES

- Spectators, officials and athletes must abide by the current Queensland Health COVID guidelines at the time of the regional trial. If you are unwell or present with any COVID or flu like symptoms you will not be able to attend.

TRANSPORT / PARKING

- Please refer to the University Parking Map included in this booklet to locate parking and bus drop-off zones.
- Parking options available:
 - Paid Parking: Parking fees apply Monday–Friday, 8am–6pm. To locate paid parking zones and pay stations, refer to the parking map.
 - Free Parking: Free parking is available at car park 15 (P15), off Claymore Road, approximately a 5-minute walk to the Athletics Track.
- More information on parking is available on the following link:
<https://www.usc.edu.au/explore/usc-locations/transport-and-parking/parking>

CHECK-IN

- District team members must check in with their district team manager/s upon arrival.
- Look for your district's tent located in or near the grandstand.
- Competitors must submit their completed *Regional Trial Permission / Consent Form* and show proof of payment to their team manager prior to participating at the regional trial. NO FORM = NO TRIAL
- Upon check-in, all students will receive a wristband from their team manager to confirm they have parental and school consent to participate at the regional trial. A different coloured band will be used each day.
- Additional coloured wristbands will be provided to those students who have also provided parental consent and a medical declaration to participate in high-risk field events – Discus, Javelin and High Jump (Fosbury Flop technique/action only).
- Students must wear their supplied wristbands for the duration of the regional trial.

GRANDSTAND SEATING AREAS

- It is expected that district competitors will sit in their allocated area in or near the grandstand indicated by their district banner/flag. Parents are welcome to sit in the allocated district area.
- At the end of the day, it is the responsibility of each district to ensure their area is left in a clean and tidy state.

COMPETITION AREA

- The 'Competition Area' is the area located inside the fence-line. Athletes, district team managers and event officials are the only personnel permitted in this area.
- Spectators are not permitted in the competition area and must stay behind the fence line.

QRSS CONSENT FORM

- This form should have already been completed prior to attending the district track and field trial.
- This form provides consent for athletes to have their names published on the regional representative school sport website, district, regional or state programs, regional team photographs, event results, etc.
- This form also allows parents to give / not give consent for their child's personal information to be used by the listed third parties for the purposes stated.
- If you have not completed a QRSS consent form and wish to give consent for your child's name to be published, please contact your district team manager or district committee.
- No student details will be recorded for students who do not have consent, or who have not returned their form. These students will be allocated a unique school code and number.

UNIFORM / SPIKES

District sport uniform is to be worn if possible. Otherwise, school sport uniform. Footwear is compulsory for all throwing events 10-12 years and all 13-19 years events. It is strongly recommended that 10-12 years runners wear appropriate footwear or alternatively tape their feet due to the nature of the synthetic track.

- 10-12 years – running spikes must meet the following criteria:
 - up to 7mm spikes will only be permitted in 100m, 200m, Long Jump and High Jump.
 - ONLY waffle spikes or normal runners are permitted in 800m and 1500m events
- 13-19 years - running spikes must meet the following criteria:
 - Up to 7mm for track events and jumping events.

WARM UP / RUGBY FIELD

- Athletes may use the rugby field behind the track clubhouse for general & track warm up only. No implements / equipment is to be thrown / used on this field.

MARSHALLING

- Competitors must report to the marshalling area at least two events ahead of the event in progress.
- Competitors nominated in both a field event and track event that are running concurrently, are to check in at the field event prior to marshalling for the track event.
- Competitors are not to leave the marshalling area once marshalled.
- Athletes must be ready to marshal on time.
- District team managers must inform marshals of event withdrawals as soon as possible on the day.

CANTEEN

- The Rip City Café located at the USC stadium will be available each day for athletes / staff / spectators to purchase food and drinks. Athletes are also encouraged to bring their own lunch and water bottle each day.

FACILITIES

- The toilets are situated at the southern end of the building at the top of the grandstand. Additional toilet facilities are located in the University Stadium on the eastern side of the track.

OFFICIALS

- Events will be officiated by district staff from across the Sunshine Coast region. Districts have been asked to provide a number of event officials who will be allocated to 'official duties'. Each district will also have a team manager/s who will supervise their team and direct the athletes to their events according to the program.

SUN SAFETY & HYDRATION

- The venue offers minimal shade. As a consequence, athletes and spectators must provide appropriate sun protection (hats, sunscreen, etc) for themselves and districts should provide their own tents for shade.
- It is essential that athletes hydrate regularly and remain well hydrated, even in cooler weather. Athletes should bring with them a refillable water bottle to use to hydrate regularly throughout the regional trial event.

FIRST AID

- Qualified first aid personnel will be located beside the recording tent near the finish line. Athletes requiring strapping need to provide their own tape. Please note that priority will be given to first aid requirements over strapping requests.
- It is recommended that athletes who wish to tape their feet, do so before they arrive at the venue.

PHOTOGRAPHY (For Personal / Family Use)

- The taking of photographs (for personal / family use) is permitted at regional events and at QRSS events except where an event is held at a venue where venue management prohibits such photography.
- Where a venue prohibits photography, signage stating that photography is not permitted will be displayed at venue entry points.
- Social Media- Only post pictures and or race results of your child. Please do not publish any photos or personal information of other students without consent.

GENERAL COMPETITION CONDITIONS

AGES

Competitors must be turning 10 to 19 years of age in 2023.

10 years	born 2013
11 years	born 2012
12 years	born 2011
13 years	born 2010
14 years	born 2009
15 years	born 2008
16 years	born 2007
17 years	born 2006
18-19 years	born 2005 – 2004

COMPETITION RULES

- The regional trials will be conducted under the World Athletics Competition Rules with some variations by Sunshine Coast School Sport as indicated here or elsewhere.
- There will be no substitutions accepted on the day. Only athletes nominated by their district are eligible to compete.

TRACK EVENTS

- All track events (except 1500m events), will use electronic timing and photo finish.
- Athletes in track events (not run in lanes for the entirety of the event) will be required to wear an allocated number (either pinned or written on their right side) which is clearly visible and not covered by their shirt/singlet. These numbers will be handed out during marshalling for that event.
- Withdrawals on the day must be advised to the recording tent and marshals by district team managers as soon as possible.
 - ★ **Disqualification:** Athletes may be disqualified if:
 - they make a false start★★. A false start is called if runners leave their mark with either hands or feet before the gun is fired;
 - they jostle; obstruct or otherwise impede the progress of other competitors;
 - during a race in lanes, they do not keep to their allotted lane.
 - ★★ **False Start:**
 - For 10-15 years events, the first athlete to break will be warned. Any subsequent runner who breaks may be disqualified.
 - For 16-19 years events, athletes may be disqualified on the first break.

FIELD EVENTS

- In all field events, the winner is the athlete who has the longest or highest performance in the event, irrespective of the round in which the performance occurred.
- All athletes will be permitted three (3) attempts to place their best performance.
- Students may compete in the high jump event until three successive failures have been recorded. Where time permits, the winner in each high jump event may be offered an opportunity to achieve a new record. Both scissor mats and flop mats will be used in the high jump events.

FIELD EVENTS – HIGH / EXTREME RISK

Students competing in the high-risk field events listed below are required to complete a QRSS Parent/carer consent and medical declaration form as well as a QRSS Certificate of competence form.

- High Jump (Fosbury Flop technique)
 - Discus
 - Javelin
 - Hammer Throw (not conducted at the regional trial)
 - Pole Vault (not conducted at the regional trial)

Students participating in the above events will be required to wear an identifying wristband indicating that permission has been completed.

PROCEDURE FOR TRACK & FIELD EVENTS

- Athletes who have a track and field event occurring at the same time must go to their field event first to register. They are to remain at their field event until they are called to marshal at their track event. Please do not go to your track event unless your age group has been called by the announcer.

DISPUTES

- The Referee / Regional School Sport Officer have full control of the regional track and field trials.
- Protests should be brought to the attention of the regional trial convenor and referee within 15 minutes of the completion of the event concerned. Protests/concerns will be accepted only from district team managers.
- No discussion will be entered into with parents or coaches directly.
- The decision of the convenor / referee is final.



SPECIFIC COMPETITION CONDITIONS FOR 10-12 YEARS

TRACK FORMATS

- *100m & 200m* - Events will be conducted as a heats and finals format. The winner of each heat will automatically progress to the final. The final will then be filled by the next fastest athletes until the maximum number of lanes is filled for that event. Regional team selections will be based on the timed final.
- Starting blocks for 100m & 200m are optional but if used, must be supplied by the athlete.
- *800m* - the 800m events are generally conducted as a straight final. In cases where there are too many athletes for a straight final, there will be two timed finals.

TETRATHLON (Combined Event)

- Districts are able to nominate one athlete per age group (10, 11, 12, Boys & Girls) for the Tetrathlon which will consist of 100m, 800m, Shot Put and Long Jump. Athletes nominated for the Tetrathlon must have qualified for at least one of the listed events on merit (preferably two or more) at their district trial.
- Athletes can compete in individual events and the Tetrathlon at the regional trials. However, at the state championship a Tetrathlon competitor can only compete in one other individual event, excluding relay events.
- If an athlete is already nominated for an event, which is also part of the Tetrathlon, their time in their 100m heat / 800m timed final and best of three attempts (field) will count towards their points score.
- A separate Tetrathlon event will be run for athletes not nominated for individual 100m and 800m events. In Shot Put and Long Jump events, any extra Tetrathlon athletes will join the existing programmed event for their gender and age group. No separate Tetrathlon event will be conducted for field events.
- *Note: A Tetrathlon athlete who competes in an event for selection as the Tetrathlon nomination, is ineligible for selection in an individual event in which he/she did not qualify for at the district carnival, irrespective of their placing in the event at the regional trial.*

FOOTWEAR

- The use of spiked running shoes (up to 7mm spikes) will only be permitted in 100m, 200m, Long Jump and High Jump. They must only be worn just prior to and during the event. Immediately after the track event is finished, athletes must remain in their lane, remove their spiked running shoes and await instructions from the officials. No running spikes are permitted in the 800m & 1500m events.
- Shoes (no running spikes) must be worn in Shot Put and Discus.
If athletes do not have suitable shoes, it is further recommended that the athlete's feet are taped before they compete. Athletes needing to have their feet taped by first aid personnel on the day must provide their own strapping tape. However, there may be time constraints depending on the number of athletes requiring taping, so it is strongly advised that the athlete's feet are taped before they arrive at the venue. Feet should be taped in the recommended manner as shown on the next page.

TAPING ATHLETES' FEET

The following two methods of taping have been found useful for young athletes who are required to run on the tartan track. **Elastoplast Adhesive Tape 7.5 cm width is used.** (Approx. 4 pairs of feet can be taped from one roll depending on foot size).

FOR SHORT SPRINTS

100m, 200m, Long Jump, High Jump (Running mainly on ball of foot)

1.



Cut two pieces twice the length of the toes plus 4cm for comfort. Tape under and across the medial aspect of the foot.

2.



Start leading edge at base of small toe and overlap on top approx 2cm. Follow underneath bringing the tape under then over the large toe.

3.



Take the tape over the front to the small toe following the line of the tips of the toes.

4.

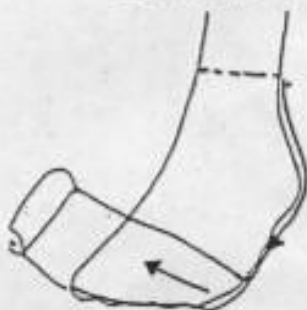


Bring the tape back under the foot behind the ball of the foot and finish on top.

FOR MEDIUM DISTANCE

800 metres (where a more flat foot run is required)

1.



Start above the back of the ankle at the achilles tendon area bringing the tape under the foot to the toes. Swing over the top of the toes from the small to the large toe back under the ball of the foot.

2.



Bring tape back over the top of the foot past the arch then under the heel. Bring up and around the ankle to secure.

SPECIFIC COMPETITION CONDITIONS FOR 13-19 YEARS

EVENTS NOT CONDUCTED AT THE REGIONAL TRIALS

- Paper nominations for Hammer Throw, Pole Vault, Walks, Steeple Chase, 200m & 400m Hurdles must have been submitted with district nominations by the due date prior to the regional trial. Athletes who have made the QRSS state qualifying standard in their event will be invited into the regional team.
- Students nominating for Hammer Throw and Pole Vault are also required to provide a “*Certificate of Competence*” signed by an accredited coach in these events (minimum qualification: Level Two Advanced Coach accreditation) stating that the student is competent in the execution of the specific event.
- Competency, for the purposes of this certification, means that the student can execute the technique at a standard which is not likely to cause an unreasonable risk to the safety of themselves, other students or officials.

TRACK FORMATS

- All track events will generally be conducted as straight finals. In cases where there are too many athletes for a straight final, there will be ‘timed finals.’ Any athletes who run a QRSS state qualifying time in their event will be invited into the regional team.
- Some events will be conducted as multi-age events (eg. 17, 18-19 years) but athletes will be placed and selected according to specific age groups.

HURDLES

Hurdles are placed in each lane for all hurdle events. Athletes must keep to their lanes throughout all races. Hurdles competitors may be disqualified if they trail their leg or foot alongside any hurdles or cross any hurdles not in their own lane, or in the opinion of the referee, they deliberately knock down a hurdle by hand or foot.

STARTING BLOCKS

- Starting blocks are optional at the regional trials but if used, must be supplied by the athlete.
- Please note that starting blocks are compulsory at the QRSS state championships for 100m, 200m, 400m and Hurdles events. These starting blocks will be supplied at the state championship.

FOOTWEAR

- Footwear is compulsory for all events. Running spikes must only be worn just prior to and during the event. Immediately after the track event is finished, athletes must remain in their lane, remove their spiked running shoes and await instructions from the officials.
- Running spikes must meet the following criteria:
 - Up to 7mm for track events and jumping events.

REGIONAL TRIAL EVENT SPECIFICATIONS

10-12 YEARS FIELD EVENT IMPLEMENT WEIGHTS & STARTING HEIGHTS

AGE GROUP	DISCUS	SHOT PUT	HIGH JUMP STARTING HEIGHTS
10yr Girls	500g	2kg	1.00m
10yr Boys	500g	2kg	1.10m
11yr Girls	750g	2kg	1.10m
11yr Boys	750g	2kg	1.20m
12yr Girls	750g	3kg	1.20m
12yr Boys	750g	3kg	1.30m

13 -19 YEARS HURDLES HEIGHTS & DISTANCES

AGE	TOTAL DISTANCE	No. of HURDLES	HURDLE HEIGHT	DISTANCE TO FIRST HURDLE	DISTANCE BETWEEN HURDLES	DISTANCE TO FINISH
13yr Girls	80m	9	76.2cm	12.00m	7.00m	12.00m
14yr Girls	90m	9	76.2cm	13.00m	8.00m	13.00m
15yr Girls	90m	9	76.2cm	13.00m	8.00m	13.00m
13yr Boys	90m	9	76.2cm	13.00m	8.00m	13.00m
16yr Girls	100m	10	76.2cm	13.00m	8.50m	10.50m
17yr Girls	100m	10	76.2cm	13.00m	8.50m	10.50m
18-19yr Girls	100m	10	84cm	13.00m	8.50m	10.50m
14yr Boys	100m	10	84cm	13.00m	8.50m	10.50m
15yr Boys	100m	10	84cm	13.00m	8.50m	10.50m
16yr Boys	110m	10	91.4cm	13.72m	9.14m	14.02m
17yr Boys	110m	10	91.4cm	13.72m	9.14m	14.02m
18-19yr Boys	110m	10	99.1cm	13.72m	9.14m	14.02m

13-19 YEARS FIELD EVENT IMPLEMENT WEIGHTS & STARTING HEIGHTS

AGE GROUP	JAVELIN	DISCUS	SHOT PUT	HIGH JUMP STARTING HEIGHTS
13yr Girls	400g	1.0kg	3kg	1.30m
13yr Boys	600g	1.0kg	3kg	1.41m
14yr Girls	500g	1.0kg	3kg	1.33m
14yr Boys	700g	1.0kg	4kg	1.51m
15yr Girls	500g	1.0kg	3kg	1.33m
15yr Boys	700g	1.0kg	4kg	1.57m
16yr Girls	500g	1.0kg	3kg	1.33m
16yr Boys	700g	1.5kg	5kg	1.63m
17yr Girls	500g	1.0kg	3kg	1.33m
17yr Boys	700g	1.5kg	5kg	1.65m
18-19yr Girls	600g	1.0kg	4kg	1.33m
18-19yr Boys	800g	1.75kg	6kg	1.65m

Note: High Jump - Bar lifts will be 7cm, 5cm, 5cm (after that - at the discretion of the officials).

The starting height has been set exactly 17cm below state qualifying which means if athletes clear the third height, they will have jumped the state qualifying height exactly.

QRSS STATE CHAMPIONSHIP – NOMINATION CONDITIONS

<p>10-12 YEARS NOMINATIONS (region to state)</p>	<ul style="list-style-type: none"> • Children aged 10, 11 and 12 years during the calendar year and who are enrolled in an affiliated school are eligible to participate. Ages are calculated to the year of birth. • Each region is permitted to nominate a maximum of three competitors for all events, except where they are entitled to 4 nominations for 100m events. • Athletes can only be nominated in a maximum of five (5) individual events, excluding relay events, except for Tetrathlon athletes. • Each region is entitled to two (2) nominations per gender and age group in the Tetrathlon event. • A nominated Tetrathlon athlete can only be nominated for the Tetrathlon event plus one other individual event, excluding relay events.
<p>MULTI-CLASS NOMINATIONS</p>	<ul style="list-style-type: none"> • Multi-class athletes must hold a current registration with a State Disability Sporting Organisation, (eg. Sport Inclusion Australia, Athletics Australia). • Multi-class athletes must either be listed on the appropriate 'Masterlist', or provide a copy of their classification card to the regional school sport office as proof of classification. • Multi-class athletes must equal, or better, the age <i>specific 2023 QSS Multi-class State Qualifying Standards</i> for their classification at the regional trial to be invited to attend the state championship. • A qualifying multi-class athlete can only be nominated in a maximum of five (5) individual events, excluding relay events.
<p>13-19 YEARS NOMINATIONS (region to state)</p>	<ul style="list-style-type: none"> • Children aged 13-19 years during the calendar year and who are enrolled in an affiliated school are eligible to participate. Ages are calculated to the year of birth. • Athletes can only be nominated in a maximum of five (5) individual events, excluding relay events. • All athletes that attain the state qualifying standard at the regional trial will be nominated to participate at the QSS state track and field championship. • If no athletes attain the state qualifying standard at the regional trial for a particular event, the region is entitled to one (1) automatic entry for the event. • All paper nominations for events not conducted at the regional trial that meet the state qualifying standards will be nominated to participate at the QSS state track and field championship.
<p>MULTI-CLASS NOMINATIONS</p>	<ul style="list-style-type: none"> • Multi-class athletes must hold a current registration with a State Disability Sporting Organisation, (eg. Sport Inclusion Australia, Athletics Australia). • Multi-class athletes must either be listed on the appropriate 'Masterlist', or provide a copy of their classification card to the regional school sport office as proof of classification. • Multi-class athletes must equal, or better, the age <i>specific 2023 QRSS Multi-class State Qualifying Standards</i> for their classification at the regional trial to be invited to attend the state championship. • A qualifying multi-class athlete can only be nominated in a maximum of five (5) individual events, excluding relay events.

TRACK EVENTS – DAY 1: WEDNESDAY 30 AUGUST 2023

Sprint Hurdles					
9.00am	Event 1	13 Years 80m Hurdles	Girls	Final	
	Event 2	14 Years 90m Hurdles	Girls	Final	
	Event 3	15 Years 90m Hurdles	Girls	Final	
	Event 4	13 Years 90m Hurdles	Boys	Final	
	Event 5	16 Years 100m Hurdles	Girls	Final	
	Event 6	17 Year 100m Hurdles	Girls	Final	
	Event 7	18 – 19 Years 100m Hurdles	Girls	Final	
	Event 8	14 Years 100m Hurdles	Boys	Final	
	Event 9	15 Years 100m Hurdles	Boys	Final	
	Event 10	16 Years 110m Hurdles	Boys	Final	
	Event 11	17 Years 110m Hurdles	Boys	Final	
	Event 12	18 – 19 Years 110m Hurdles	Boys	Final	
100 Metres					
10.15am	Event 13 H / 300	10 Years 100m (heats) + 10-12 Years Multiclass 100m (final)	Boys	Heats	
	Event 14 H / 301	10 Years 100m (heats) + 10-12 Years Multiclass 100m (final)	Girls	Heats	
	Event 15 H	11 Years 100m	Boys	Heats	
	Event 16 H	11 Years 100m	Girls	Heats	
	Event 17 H	12 Years 100m	Boys	Heats	
	Event 18 H	12 Years 100m	Girls	Heats	
1500 Metres					
10:45am	Event 19	18 – 19 Years 1500m	Boys	Final	
	Event 20	18 – 19 Years 1500m	Girls	Final	
	Event 21	17 Years 1500m	Boys	Final	
	Event 22	17 Years 1500m	Girls	Final	
	Event 23	16 Years 1500m	Boys	Final	
	Event 24	16 Years 1500m	Girls	Final	
	Event 25	15 Years 1500m	Boys	Final	
	Event 26	15 Years 1500m	Girls	Final	
	Event 27	14 Years 1500m	Boys	Final	
	Event 28	14 Years 1500m	Girls	Final	
	Event 29 / 322	13 Years 1500m + 13-19 Years Multiclass 1500m	Boys	Final	
	Event 30 / 323	13 Years 1500m + 13-19 Years Multiclass 1500m	Girls	Final	
	Event 31	12 Years 1500m	Boys	Final	
	Event 32	12 Years 1500m	Girls	Final	
	Event 33	11 Years 1500m	Boys	Final	
	Event 34	11 Years 1500m	Girls	Final	
	Event 35	10 Years 1500m	Boys	Final	
	Event 36	10 Years 1500m	Girls	Final	
100 Metres					
12.55pm	Event 37/39/41	10, 11 & 12 Years Tetrathlon 100m	Boys	Final	
	Event 38/40/42	10, 11 & 12 Years Tetrathlon 100m	Girls	Final	
	Event 13 F	10 Years 100m	Boys	Final	
	Event 14 F	10 Years 100m	Girls	Final	
	Event 15 F	11 Years 100m	Boys	Final	
	Event 16 F	11 Years 100m	Girls	Final	
	Event 17 F	12 Years 100m	Boys	Final	
	Event 18 F	12 Years 100m	Girls	Final	
	Event 43 / 304	13 Years 100m + 13-19 Years Multiclass 100m	Boys	Final	
	Event 44 / 305	13 Years 100m + 13-19 Years Multiclass 100m	Girls	Final	
	Event 45	14 Years 100m	Boys	Final	
	Event 46	14 Years 100m	Girls	Final	
	Event 47	15 Years 100m	Boys	Final	
	Event 48	15 Years 100m	Girls	Final	
	Event 49	16 Years 100m	Boys	Final	
	Event 50	16 Years 100m	Girls	Final	
	Event 51	17 Years 100m	Boys	Final	
	Event 52	17 Years 100m	Girls	Final	
	Event 53	18 – 19 Years 100m	Boys	Final	
	Event 54	18 – 19 Years 100m	Girls	Final	
	400 Metres				
	2:10pm	Event 55 / 302	13 Years 400m + 13-19 Years Multiclass 400m	Boys	Final
		Event 56 / 303	13 Years 400m + 13-19 Years Multiclass 400m	Girls	Final
		Event 57	14 Years 400m	Boys	Final
Event 58		14 Years 400m	Girls	Final	
Event 59		15 Years 400m	Boys	Final	
Event 60		15 Years 400m	Girls	Final	
Event 61		16 Years 400m	Boys	Final	
Event 62		16 Years 400m	Girls	Final	
Event 63		17 Years 400m	Boys	Final	
Event 64		17 Years 400m	Girls	Final	
Event 65		18 – 19 Years 400m	Boys	Final	
Event 66		18 – 19 Years 400m	Girls	Final	

FIELD EVENTS – DAY 1: WEDNESDAY 30 AUGUST 2023

8.30am	Event 67 / 41	12 Years Shot Put / Tetrathlon	Boys	Pit 1	
	Event 68 / 42	12 Years Shot Put / Tetrathlon	Girls	Pit 2	
	Event 69 / 306	10 Years Discus + 10-12 Years Multiclass Discus	Boys	Pit 1	
	Event 70	10 Years High Jump	Girls	Pit 2	
	Event 71 / 308	13 Years Javelin + 13-19 Years Multiclass Javelin	Boys	Pit 1	
	Event 72 / 309	13 Years Javelin + 13-19 Years Multiclass Javelin	Girls	Pit 2	
	Event 73	15 Years Triple Jump	Boys	Pit 2	
	Event 198	15 Years Long Jump	Girls	Pit 1	
9.15am	Event 75 / 311 / 38	10 Years Shot Put/Tetrathlon + 10-12 Years Multiclass Shot Put	Girls	Pit 2	
	Event 76	11 Years Discus	Boys	Pit 1	
	Event 77	11 Years High Jump	Girls	Pit 2	
	Event 78	14 Years Javelin	Boys	Pit 1	
	Event 79	14 Years Javelin	Girls	Pit 2	
	Event 80	16 Years Triple Jump	Boys	Pit 2	
	Event 202	16 Years Long Jump	Girls	Pit 1	
10.00am	Event 82 / 310 / 37	10 Years Shot Put/Tetrathlon + 10-12 Years Multiclass Shot Put	Boys	Pit 1	
	Event 83	12 Years Discus	Boys	Pit 1	
	Event 84	12 Years High Jump	Girls	Pit 2	
	Event 85	15 Years Javelin	Boys	Pit 1	
	Event 86	15 Years Javelin	Girls	Pit 2	
	Event 87 / 88	17 & 18 – 19 Years Triple Jump	Boys	Pit 2	
		Event 170 / 171	17 & 18 – 19 Years Long Jump	Girls	Pit 1
10.45am	Event 91	14 Years Shot Put	Boys	Pit 1	
	Event 92	14 Years Shot Put	Girls	Pit 2	
	Event 93 / 307	10 Years Discus + 10-12 Years Multiclass Discus	Girls	Pit 1	
	Event 94	12 Years High Jump	Boys	Pit 2	
	Event 95	16 Years Javelin	Boys	Pit 1	
	Event 96	16 Years Javelin	Girls	Pit 2	
	Event 97	13 Years Triple Jump	Boys	Pit 2	
		Event 164 / 325	13 Years Long Jump + 13-19 Years Multiclass Long Jump	Girls	Pit 1
11.30am	Event 99	15 Years Shot Put	Boys	Pit 1	
	Event 100	15 Years Shot Put	Girls	Pit 2	
	Event 101	11 Years Discus	Girls	Pit 1	
		Event 192 / 42	12 Years Long Jump / Tetrathlon	Girls	Pit 1
	Event 102 / 103	17, 18 - 19 Years Javelin	Boys	Pit 1	
	Event 104 / 105	17, 18 - 19 Years Javelin	Girls	Pit 2	
12.15pm	Event 106	16 Years Shot Put	Boys	Pit 1	
	Event 107	16 Years Shot Put	Girls	Pit 2	
	Event 108	12 Years Discus	Girls	Pit 1	
	Event 109	14 Years Triple Jump	Boys	Pit 2	
		Event 183	14 Years Long Jump	Girls	Pit 1
1.00pm	Event 111 / 112	17 & 18 – 19 Years Shot Put	Boys	Pit 1	
	Event 113 / 114	17 & 18 – 19 Years Shot Put	Girls	Pit 2	
	Event 115 / 312	13 Years Discus + 13-19 Years Multiclass Discus	Boys	Pit 1	
	Event 116	11 Years High Jump	Boys	Pit 2	
		Event 186 / 40	11 Years Long Jump / Tetrathlon	Girls	Pit 1
1.45pm	Event 117 / 39	11 Years Shot Put / Tetrathlon	Boys	Pit 1	
	Event 118/ 40	11 Years Shot Put / Tetrathlon	Girls	Pit 2	
	Event 119 / 313	13 Years Discus + 13-19 Years Multiclass Discus	Girls	Pit 1	
	Event 120	10 Years High Jump	Boys	Pit 2	
		Event 176 / 327 / 38	10 Years Long Jump/Tetrathlon + 10-12 Years Multiclass Long Jump	Girls	Pit 1

TRACK EVENTS – DAY 2: THURSDAY 31 AUGUST 2023

200 Metres					
8.45am	Event 121 H	12 Years 200m	Boys	Heats	
	Event 122 H	12 Years 200m	Girls	Heats	
	Event 123 H	11 Years 200m	Boys	Heats	
	Event 124 H	11 Years 200m	Girls	Heats	
	Event 125H / 314	10 Years 200m (heats) + 10-12 Years Multiclass 200m (final)	Boys	Heats	
	Event 126 H / 315	10 Years 200m (heats) + 10-12 Years Multiclass 200m (final)	Girls	Heats	
800 Metres					
9.30am	Event 127	18 – 19 Years 800m	Boys	Final	
	Event 128	18 – 19 Years 800m	Girls	Final	
	Event 129	17 Years 800m	Boys	Final	
	Event 130	17 Years 800m	Girls	Final	
	Event 131	16 Years 800m	Boys	Final	
	Event 132	16 Years 800m	Girls	Final	
	Event 133	15 Years 800m	Boys	Final	
	Event 134	15 Years 800m	Girls	Final	
	Event 135	14 Years 800m	Boys	Final	
	Event 136	14 Years 800m	Girls	Final	
	Event 137 / 316	13 Years 800m + 13-19 Years Multiclass 800m	Boys	Final	
	Event 138 / 317	13 Years 800m + 13-19 Years Multiclass 800m	Girls	Final	
	Event 139	12 Years 800m	Boys	Final	
	Event 140	12 Years 800m	Girls	Final	
	Event 141	11 Years 800m	Boys	Final	
	Event 142	11 Years 800m	Girls	Final	
	Event 143 / 318	10 Years 800m + 10-12 Years Multiclass 800m	Boys	Final	
	Event 144 / 319	10 Years 800m + 10-12 Years Multiclass 800m	Girls	Final	
	Event 37 / 39 / 41	10, 11 & 12 Years Tetrathlon 800m	Boys	Final	
	Event 38 / 40 / 42	10, 11 & 12 Years Tetrathlon 800m	Girls	Final	
200 Metres					
11.45am	Event 145	18 – 19 Years 200m	Boys	Final	
	Event 146	18 – 19 Years 200m	Girls	Final	
	Event 147	17 Years 200m	Boys	Final	
	Event 148	17 Years 200m	Girls	Final	
	Event 149	16 Years 200m	Boys	Final	
	Event 150	16 Years 200m	Girls	Final	
	Event 151	15 Years 200m	Boys	Final	
	Event 152	15 Years 200m	Girls	Final	
	Event 153	14 Years 200m	Boys	Final	
	Event 154	14 Years 200m	Girls	Final	
	Event 155 / 320	13 Years 200m + 13-19 Years Multiclass 200m	Boys	Final	
	Event 156 / 321	13 Years 200m + 13-19 Years Multiclass 200m	Girls	Final	
	Event 121 F	12 Years 200m	Boys	Final	
	Event 122 F	12 Years 200m	Girls	Final	
	Event 123 F	11 Years 200m	Boys	Final	
	Event 124 F	11 Years 200m	Girls	Final	
	Event 125 F	10 Years 200m	Boys	Final	
	Event 126 F	10 Years 200m	Girls	Final	
	3000m / 5000m				
	1.30pm	Event 157	14 – 15 Years 3000m	Boys	Final
Event 158		14 – 15 Years 3000m	Girls	Final	
Event 159		16 – 17 Years 3000m	Boys	Final	
Event 160		16 – 17 Years 3000m	Girls	Final	
Event 161		18 – 19 Years 5000m	Boys	Final	
Event 162		18 – 19 Years 5000m	Girls	Final	

TRACK EVENTS – DAY 2: THURSDAY 31 AUGUST 2023

8.30am	Event 163 / 324	13 Years Long Jump + 13-19 Years Multiclass Long Jump	Boys	Pit 1
	Event 98	13 Years Triple Jump	Girls	Pit 2
	Event 165	14 Years Discus	Boys	Pit 1
	Event 166	15 Years High Jump COMBINED	Boys	Pit 1
	Event 167	15 Years High Jump COMBINED	Girls	Pit 1
9.15am	Event 168 / 169	17 & 18 – 19 Years Long Jump	Boys	Pit 1
	Event 89 / 90	17 & 18 – 19 Years Triple Jump	Girls	Pit 2
	Event 172	14 Years Discus	Girls	Pit 1
	Event 173	16 Years High Jump COMBINED	Boys	Pit 1
	Event 174	16 Years High Jump COMBINED	Girls	Pit 1
10.00am	Event 175 / 326 / 37	10 Years Long Jump/Tetrathlon + 10-12 Years Multiclass Long Jump	Boys	Pit 1
	Event 177	15 Years Discus	Boys	Pit 1
	Event 178 / 179	17 & 18 – 19 Years High Jump COMBINED	Boys	Pit 1
	Event 180 / 181	17 & 18 – 19 Years High Jump COMBINED	Girls	Pit 1
10.45am	Event 182	14 Years Long Jump	Boys	Pit 1
	Event 110	14 Years Triple Jump	Girls	Pit 2
	Event 184	15 Years Discus	Girls	Pit 1
11.30am	Event 185 / 39	11 Years Long Jump / Tetrathlon	Boys	Pit 1
	Event 187	16 Years Discus	Boys	Pit 1
	Event 188	13 Years High Jump COMBINED	Boys	Pit 1
	Event 189	13 Years High Jump COMBINED	Girls	Pit 1
12.15pm	Event 190 / 328	13 Years Shot Put + 13-19 Years Multiclass Shot Put	Boys	Pit 1
	Event 191 / 41	12 Years Long Jump / Tetrathlon	Boys	Pit 1
	Event 193	16 Years Discus	Girls	Pit 1
	Event 194	14 Years High Jump COMBINED	Boys	Pit 1
	Event 195	14 Years High Jump COMBINED	Girls	Pit 1
1.00pm	Event 196 / 329	13 Years Shot Put + 13-19 Years Multiclass Shot Put	Girls	Pit 1
	Event 197	15 Years Long Jump	Boys	Pit 1
	Event 74	15 Years Triple Jump	Girls	Pit 2
	Event 199 / 200	17 & 18-19 Years Discus	Boys	Pit 1
1.45pm	Event 201	16 Years Long Jump	Boys	Pit 1
	Event 81	16 Years Triple Jump	Girls	Pit 2
	Event 203 / 204	17 & 18-19 Years Discus	Girls	Pit 1

13-19 YEARS QUALIFYING STANDARDS

MEN'S 13-19 QUALIFYING STANDARDS – QRSS TRACK EVENTS

(DRAFT as at 10th July)

Athletes must compete in the age group according to their year of birth.

Event	13 Years	14 Years	15 Years	16 Years	17 Years	19 Years
100 metres	12.2 (12.44)	11.8 (12.04)	11.5 (11.74)	11.4 (11.64)	11.4 (11.64)	11.4 (11.64)
200 metres	25.4 (25.64)	24.2 (24.44)	23.7 (23.94)	23.5 (23.74)	23.1 (23.34)	23.1 (23.34)
400 metres	59.0 (59.14)	56.1 (56.24)	54.5 (54.64)	53.3 (53.44)	52.7 (52.84)	52.7 (52.84)
800 metres	2:19.0	2:13.0	2:09.0	2:06.0	2:06.0	2:06.0
1500 metres	4:53.0	4:42.0	4:32.0	4:30.0	4:26.0	4:28.0
3000 metres		10:00.0	10:00.0	9:40.0	9:40.0	
5000 metres						17:00.0
3000 metres Walk	18:40.0	18:40.0	18:40.0			
5000 metres Walk				29:00.0	29:00.0	29:00.0
Sprint Hurdles	15.0 (15.24)	15.6 (15.84)	15.5 (15.74)	16.6 (16.84)	16.6 (16.84)	16.7 (16.94)
200 metres Hurdles		29.80 (30.04)	29.80 (30.04)			
400 metres Hurdles				1:02.8 (1:02.94)	1:02.8 (1:02.94)	1:03.8 (1:03.94)
2000 metres Steeplechase		7:15.0	7:00.0	7:00.0	6:50.0	
3000 metres Steeplechase						10:20.0

Notes:

- The following events may be conducted as multi-age events (multiple age groups combined where necessary, nominations accepted for each age group, separate results awarded):
3000 metres, 3000 metres Walk, 5000 metres Walk, 200 metres Hurdles, 400 metres Hurdles, 2000 metres Steeplechase and all 19 Years events.
- For all events of 400 metres or shorter, including hurdles, the time in brackets is the electronic time obtained from a fully automatic timing device. The other time is a hand-held time. Refer to Rule 165 of the World Athletics Handbook.

WOMEN'S 13-19 QUALIFYING STANDARDS – QRSS TRACK EVENTS

(DRAFT as at 10th July)

Athletes must compete in the age group according to their year of birth.

Event	13 Years	14 Years	15 Years	16 Years	17 Years	19 Years
100 metres	13.2 (13.44)	13.1 (13.34)	13.0 (13.24)	13.0 (13.24)	13.0 (13.24)	13.0 (13.24)
200 metres	27.6 (27.84)	27.1 (27.34)	27.0 (27.24)	26.9 (27.14)	26.9 (27.14)	26.9 (27.14)
400 metres	1:03.8 (1:03.94)	1:03.1 (1:03.24)	1:03.1 (1:03.24)	1:03.0 (1:03.14)	1:03.0 (1:03.14)	1:03.0 (1:03.14)
800 metres	2:30.0	2:29.5	2:29.5	2:29.5	2:29.5	2:29.5
1500 metres	5:19.0	5:19.0	5:19.0	5:19.0	5:19.0	5:19.0
3000 metres		11:22.0	11:22.0	11:22.0	11:22.0	
5000 metres						18:50.0
3000 metres Walk	19:00.0	19:00.0	19:00.0			
5000 metres Walk				32:00.0	32:00.0	32:00.0
Sprint Hurdles	14.3 (14.54)	15.7 (15.94)	15.6 (15.84)	17.5 (17.74)	17.4 (17.64)	17.4 (17.64)
200 metres Hurdles		32.0 (32.24)	32.0 (32.24)			
400 metres Hurdles				1:13.0 (1:13.14)	1:13.0 (1:13.14)	1:13.0 (1:13.14)
2000 metres Steeplechase		8:40.0	8:40.0	8:40.0	8:40.0	
3000 metres Steeplechase						13:20.0

Notes:

- The following events may be conducted as multi-age events (multiple age groups combined where necessary, nominations accepted for each age group, separate results awarded):

3000 metres, 3000 metres Walk, 5000 metres Walk, 200 metres Hurdles, 400 metres Hurdles, 2000 metres Steeplechase and all 19 Years events.

- For all events of 400 metres or shorter, including hurdles, the time in brackets is the electronic time obtained from a fully automatic timing device. The other time is a hand-held time. Refer to Rule 165 of the World Athletics Handbook.

MEN'S 13-19 QUALIFYING STANDARDS – QRSS FIELD EVENTS

(DRAFT as at 10th July)

Athletes must compete in the age group according to their year of birth.

Event	13 Years	14 Years	15 Years	16 Years	17 Years	19 Years
Shot Put	12.50 m 3kg	12.50 m 4kg	13.00 m 4kg	12.75 m 5kg	13.00 m 5kg	11.00 m 6kg
Discus	34.00 m 1kg	38.00 m 1kg	43.00 m 1kg	37.00 m 1.5kg	41.00 m 1.5kg	32.00 m 1.75kg
Javelin	34.00 m 600g	38.00 m 700g	43.00 m 700g	46.00 m 700g	47.50 m 700g	40.00 m 800g
Hammer	28.00 3kg	28.00 m 4kg	32.00 m 4kg	35.00 m 5kg	35.00 m 5kg	32.00 m 6kg
High Jump	1.58 m	1.68 m	1.74 m	1.80 m	1.82 m	1.82 m
Long Jump	5.40 m	5.70 m	6.00 m	6.20 m	6.20 m	6.20 m
Triple Jump	10.85 m	11.60 m	12.00 m	12.40 m	12.65 m	12.65 m
Pole Vault	2.30 m	2.30 m	2.30 m	2.70 m	2.70 m	3.00 m

WOMEN'S 13-19 QUALIFYING STANDARDS – QRSS FIELD EVENTS

(DRAFT as at 10th July)

Athletes must compete in the age group according to their year of birth.

Event	13 Years	14 Years	15 Years	16 Years	17 Years	19 Years
Shot Put	10.00 m 3kg	10.30 m 3kg	10.50 m 3kg	10.75 m 3kg	11.00 m 3kg	9.00 m 4kg
Discus	26.00 m 1kg	27.00 m 1kg	27.50 m 1kg	28.00 m 1kg	28.50 m 1kg	29.00 m 1kg
Javelin	27.00 m 400g	27.50 m 500g	29.00 m 500g	30.00 m 500g	30.00 m 500g	27.00 m 600g
Hammer	26.00m 3kg	27.00 m 3kg	28.00 m 3kg	30.00 m 3kg	32.00 m 3kg	27.00 m 4kg
High Jump	1.47 m	1.50 m	1.50 m	1.50 m	1.50 m	1.50 m
Long Jump	4.70 m	4.90 m	4.95 m	5.00 m	5.00 m	5.00 m
Triple Jump	10.00 m	10.20 m	10.30 m	10.40 m	10.40 m	10.40 m
Pole Vault	2.00 m	2.00 m	2.00 m	2.00 m	2.00 m	2.00 m

Notes:

1. Hammer Throw, Pole Vault and all 19 Years events may be conducted as **multi-age events** (see previous page).
2. Competitors in **Pole Vault, High Jump** and **Hammer Throw** must supply a Certificate of Competence, certified by an accredited coach. This is available from the Regional Sports Office. The starting height for all Pole Vault events will be 2.00 metres. This is determined by the minimum height at which the Pole Vault equipment at QSAC can be set.

QRSS 13-19 MENS TRACK EVENTS - MULTICLASS QUALIFYING STANDARDS 2023

(DRAFT as at 10th July)

Class	100m			200m			400m			800m			1500m		
	17-19 Yrs	15-16 Yrs	13-14 Yrs	17-19 Yrs	15-16 Yrs	13-14 Yrs	17-19 Yrs	15-16 Yrs	13-14 Yrs	17-19 Yrs	15-16 Yrs	13-14 Yrs	17-19 Yrs	15-16 Yrs	13-14 Yrs
T01	15.71	17.02	18.56	32.54	35.25	38.45	01:09.7	01:15.5	01:22.3	02:48.8	03:02.8	03:19.5	05:51.8	06:21.2	06:55.8
T11	16.80	18.20	19.85	34.48	37.35	40.75	01:16.6	01:23.0	01:30.6	03:02.3	03:17.5	03:35.4	06:06.7	06:37.3	07:13.4
T12	16.08	17.42	19.00	33.17	35.93	39.20	01:13.5	01:19.7	01:26.9	02:49.3	03:03.4	03:20.0	05:40.5	06:08.9	06:42.4
T13	16.09	17.43	19.02	32.38	35.08	38.27	01:12.2	01:18.2	01:25.3	02:50.3	03:04.5	03:21.3	05:51.2	06:20.5	06:55.1
T20	16.43	17.80	19.42	33.00	35.75	39.00	01:12.1	01:18.1	01:25.2	02:49.1	03:03.2	03:19.8	05:46.9	06:15.8	06:50.0
T21	20.71	22.43	24.47	43.66	47.30	51.60	01:45.8	01:54.6	02:05.1	04:11.1	04:32.1	04:56.8	08:32.8	09:15.6	10:06.1
T31	33.95	36.78	40.13	72.57	78.62	85.76									
T32	35.77	38.75	42.27	72.02	78.02	85.11	02:19.7	02:31.4	02:45.1						
T33	25.32	27.43	29.93	44.62	48.33	52.73	01:29.2	01:36.6	01:45.4	02:53.1	03:07.5	03:24.6	06:42.1	07:15.7	07:55.3
T34	22.25	24.10	26.29	39.86	43.18	47.11	01:15.5	01:21.8	01:29.2	02:30.5	02:43.1	02:57.9	04:52.2	05:16.5	05:45.3
T35	18.11	19.62	21.40	35.45	38.40	41.89	01:27.1	01:34.4	01:42.9	03:49.9	04:09.1	04:31.8	07:39.5	08:17.8	09:03.0
T36	18.03	19.53	21.31	37.06	40.15	43.80	01:19.6	01:26.2	01:34.0	03:08.3	03:24.0	03:42.5	06:59.8	07:34.8	08:16.2
T37	17.57	19.03	20.76	34.75	37.65	41.07	01:17.6	01:24.1	01:31.7	03:00.3	03:15.3	03:33.0	06:08.5	06:39.2	07:15.5
T38	16.52	17.90	19.53	33.57	36.37	39.67	01:15.9	01:22.2	01:29.7	03:01.2	03:16.3	03:34.2	05:57.8	06:27.6	07:02.8
T40	23.77	25.75	28.09	53.29	57.73	62.98	02:41.0	02:54.4	03:10.2						
T41	20.78	22.52	24.56	44.62	48.33	52.73	02:27.2	02:39.5	02:54.0						
T42	19.11	20.70	22.58	40.02	43.35	47.29	01:16.8	01:23.2	01:30.8	03:14.9	03:31.2	03:50.4			
T43	16.26	17.62	19.22	62.29	67.48	73.62	02:22.9	02:34.8	02:48.9	05:23.1	05:50.0	06:21.8	06:47.2	07:21.1	08:01.2
T44	16.92	18.33	20.00	35.58	38.55	42.05	01:21.5	01:28.3	01:36.4	03:08.7	03:24.4	03:43.0	06:47.2	07:21.1	08:01.2
T45	16.83	18.23	19.89	33.71	36.52	39.84	01:15.7	01:22.0	01:29.5	03:03.5	03:18.8	03:36.9	06:21.9	06:53.8	07:31.4
T46	16.03	17.37	18.95	32.57	35.28	38.49	01:13.4	01:19.5	01:26.7	02:52.0	03:06.4	03:23.3	05:48.5	06:17.5	06:51.8
T47	16.03	17.37	18.95	32.57	35.28	38.49	01:13.4	01:19.5	01:26.7						
T51	20.60	33.15	36.16	56.34	61.03	66.58	01:55.7	02:05.4	02:16.8	03:52.3	04:11.6	04:34.5	07:31.5	08:09.2	08:53.6
T52	25.25	27.35	29.84	46.18	50.03	54.58	01:24.8	01:31.9	01:40.2	02:51.6	03:06.0	03:22.9	05:15.5	05:41.8	06:12.9
T53	21.69	23.50	25.64	38.52	41.73	45.53	01:12.0	01:18.0	01:25.1	02:21.1	02:32.8	02:46.7	04:24.4	04:46.4	05:12.4
T54	20.97	22.72	25.64	37.20	40.30	43.96	01:06.9	01:12.4	01:19.0	02:17.9	02:29.4	02:43.0	04:24.4	04:46.4	05:12.4
T60	17.08	18.50	20.18	36.60	39.65	43.25	01:20.8	01:27.6	01:35.5	03:08.1	03:23.7	03:42.2	06:50.1	07:24.3	08:04.6
T61	19.58	21.22	23.15	35.43	38.38	41.87									
T62	16.22	17.57	19.16	32.49	35.20	38.40	01:10.4	01:16.3	01:23.2	03:32.6	03:50.3	04:11.3	07:00.7	07:35.8	08:17.2
T63	18.38	19.92	21.73	40.55	43.93	47.93	01:36.2	01:44.2	01:53.6	05:31.2	05:58.8	06:31.4			
T64	16.32	17.68	19.29	32.72	35.45	38.67	01:16.4	01:22.8	01:30.3	03:58.9	04:18.8	04:42.3	07:00.7	07:35.8	08:17.2
RR1	These 3 classifications will have qualifying standards applied that reflect Baseline data in 2023. Athletes in these classifications may still enter for 2022 without a qualifying standard.														
RR2															
RR3															

QRSS 13-19 WOMENS TRACK EVENTS - MULTICLASS QUALIFYING STANDARDS 2023

(DRAFT as at 10th July)

Class	100m			200m			400m			800m			1500m		
	17-19 Yrs	15-16 Yrs	13-14 Yrs	17-19 Yrs	15-16 Yrs	13-14 Yrs	17-19 Yrs	15-16 Yrs	13-14 Yrs	17-19 Yrs	15-16 Yrs	13-14 Yrs	17-19 Yrs	15-16 Yrs	13-14 Yrs
T01	18.02	19.52	21.29	37.58	40.72	44.42	01:25.2	01:32.3	01:40.6	03:16.1	03:32.5	03:51.8	06:48.1	07:22.1	08:02.3
T11	18.23	19.75	21.55	37.52	40.65	44.35	01:26.2	01:33.3	01:41.8	03:31.8	03:49.4	04:10.3	07:09.1	07:44.9	08:27.1
T12	17.54	19.00	20.73	35.43	38.38	41.87	01:19.7	01:26.3	01:34.1	03:12.2	03:28.3	03:47.2	06:38.8	07:12.0	07:51.3
T13	18.14	19.65	21.44	37.29	40.40	44.07	01:23.8	01:30.8	01:39.0	03:09.5	03:25.3	03:44.0	06:17.3	06:48.8	07:25.9
T20	18.32	19.85	21.65	38.48	41.68	45.47	01:26.1	01:33.3	01:41.8	03:16.5	03:32.9	03:52.3	06:45.2	07:18.9	07:58.8
T21	23.77	25.75	28.09	51.23	55.50	60.55	02:15.4	02:26.7	02:40.0	05:51.2	06:20.4	06:55.0	12:43.0	13:46.6	15:01.7
T31	46.22	50.07	54.62	91.71	99.35	108.38									
T32	57.95	62.78	68.49	02:07.0	02:17.6	02:30.1	04:20.5	04:42.3	05:07.9						
T33	30.60	33.15	36.16	53.91	58.40	63.71	01:47.9	01:56.9	02:07.6	03:39.8	03:58.1	04:19.7	07:35.2	08:13.1	08:57.9
T34	25.80	27.95	30.49	46.94	50.85	55.47	01:25.1	01:32.1	01:40.5	02:58.0	03:12.9	03:30.4	05:54.2	06:23.7	06:58.6
T35	20.66	22.38	24.42	43.42	47.03	51.31	01:54.9	02:04.5	02:15.8	04:57.7	05:22.4	05:51.8	11:53.9	12:53.4	14:03.8
T36	21.05	22.80	24.87	43.40	47.02	51.29	01:43.0	01:51.6	02:01.8	04:46.5	05:10.4	05:38.6	09:54.3	10:43.8	11:42.4
T37	20.15	21.83	23.82	41.71	45.18	49.29	01:32.7	01:40.5	01:49.6	04:08.8	04:29.5	04:54.0	08:43.3	09:26.9	10:18.4
T38	19.05	20.63	22.51	39.88	43.20	47.13	01:33.4	01:41.2	01:50.4	03:59.7	04:19.7	04:43.3	08:25.4	09:07.5	09:57.3
T40	29.85	32.33	35.27	66.37	71.90	78.44	02:46.9	03:00.8	03:17.3						
T41	27.23	29.50	32.18	62.31	67.50	73.64	02:43.1	02:56.7	03:12.7						
T42	22.65	24.53	26.76	48.82	52.88	57.69	02:16.6	02:27.9	02:41.4	06:00.7	06:30.8	07:00.8			
T43	19.68	21.32	23.25	37.48	40.60	44.29	01:33.5	01:41.3	01:50.5	03:38.9	03:57.1	04:18.7	07:39.5	08:17.8	09:03.0
T44	19.57	21.20	23.13	40.23	43.58	47.55	01:32.4	01:40.1	01:49.2	03:38.9	03:57.1	04:18.7	07:39.5	08:17.8	09:03.0
T45	21.54	23.33	25.45	43.97	47.63	51.96	01:43.4	01:52.0	02:02.2	03:23.7	03:40.7	04:00.8	07:26.3	08:03.5	08:47.4
T46	18.29	19.82	21.62	37.62	40.75	44.45	01:25.5	01:32.7	01:41.1	03:45.8	04:04.6	04:26.9	07:26.3	08:03.5	08:47.4
T47	18.29	19.82	21.62	37.62	40.75	44.45	01:25.5	01:32.7	01:41.1						
T51	37.98	41.15	44.89	67.95	73.62	80.31	02:28.4	02:40.7	02:55.3	05:01.0	05:26.1	05:55.7	09:52.6	10:42.0	11:40.4
T52	28.72	31.12	33.95	51.06	55.32	60.35	01:39.8	01:48.1	01:58.0	03:15.0	03:31.3	03:50.5	06:46.9	07:20.8	08:00.9
T53	24.91	26.98	29.44	44.02	47.68	52.02	01:22.0	01:28.9	01:37.0	02:42.4	02:55.9	03:11.9	04:55.9	05:20.6	05:49.7
T54	23.62	25.58	27.91	42.34	45.87	50.04	01:19.8	01:26.5	01:34.4	02:36.1	02:49.1	03:04.5	04:55.9	05:20.6	05:49.7
T60	19.74	21.38	23.33	41.63	45.10	49.20	01:43.2	01:51.8	02:02.0	04:00.8	04:20.8	04:44.5	08:19.1	09:00.7	09:49.8
T61	23.00	24.92	27.18	63.49	68.78	75.04									
T62	19.66	21.30	23.24	44.40	48.10	52.47	01:33.5	01:41.3	01:50.5	04:33.5	04:56.4	05:23.3	07:39.5	08:17.8	09:03.0
T63	22.45	24.32	26.53	48.82	52.88	57.69	02:09.4	02:20.2	02:33.0						
T64	19.48	21.10	23.02	40.18	43.53	47.49	01:31.2	01:38.8	01:47.8	03:38.9	03:57.1	04:18.7	07:39.5	08:17.8	09:03.0
RR1	These 3 classifications will have qualifying standards applied that reflect Baseline data in 2023. Athletes in these classifications may still enter for 2022 without a qualifying standard.														
RR2															
RR3															

QRSS 10-12 BOYS TRACK EVENTS - MULTICLASS QUALIFYING STANDARDS 2023

(DRAFT as at 10th July)

100 M					200M				800M			
Baseline	10 YEARS	11 YEARS	12 YEARS	Baseline	10 YEARS	11 YEARS	12 YEARS	Baseline	10 YEARS	11 YEARS	12 YEARS	
CLASS					BOYS TRACK							
T01	00:10.21	00:25.53	00:22.67	00:20.42	00:21.15	00:52.87	00:46.95	00:42.30	01:49.70	04:34.25	04:03.53	03:39.40
Race Running												
RR1	00:25.32	01:03.30	00:56.21	00:50.64								
RR2	00:18.54	00:46.35	00:41.16	00:37.08								
RR3	00:16.25	00:40.62	00:36.07	00:32.50								
Visually Impaired												
T11	00:10.92	00:27.30	00:24.24	00:21.84	00:22.41	00:56.03	00:49.75	00:44.82	01:58.47	04:56.17	04:23.00	03:56.94
T12	00:10.45	00:26.12	00:23.20	00:20.90	00:21.48	00:53.70	00:47.69	00:42.96	01:50.02	04:35.05	04:04.24	03:40.04
T13	00:10.46	00:26.15	00:23.22	00:20.92	00:21.05	00:52.63	00:46.73	00:42.10	01:50.70	04:36.75	04:05.75	03:41.40
Intellectually Impaired												
T20	00:10.47	00:26.18	00:23.24	00:20.94	00:21.45	00:53.62	00:47.62	00:42.90	01:49.91	04:34.77	04:04.00	03:39.82
T21	00:13.46	00:33.65	00:29.88	00:26.92	00:28.38	01:10.95	01:03.00	00:56.76				
Cerebral Palsy												
T31												
T32	00:22.09	00:55.22	00:49.04	00:44.18	00:46.81	01:57.02	01:43.92	01:33.62				
T33	00:16.46	00:41.15	00:36.54	00:32.92	00:29.00	01:12.50	01:04.38	00:58.00	01:52.52	04:41.30	04:09.79	03:45.04
T34	00:14.46	00:36.15	00:32.10	00:28.92	00:25.91	01:04.78	00:57.52	00:51.82	01:37.84	04:04.60	03:37.20	03:15.68
T35	00:11.77	00:29.42	00:26.13	00:23.54	00:23.04	00:57.60	00:51.15	00:46.08	02:29.47	06:13.67	05:31.82	04:58.94
T36	00:11.72	00:29.30	00:26.02	00:23.44	00:23.52	00:58.80	00:52.21	00:47.04	02:02.39	05:05.98	04:31.71	04:04.78
T37	00:11.05	00:27.63	00:24.53	00:22.10	00:22.59	00:56.48	00:50.15	00:45.18	01:57.17	04:52.92	04:20.12	03:54.34
T38	00:10.74	00:26.85	00:23.84	00:21.48	00:21.82	00:54.55	00:48.44	00:43.64	01:57.78	04:54.45	04:21.47	03:55.56
Amputee & Les Autres												
T40	00:15.45	00:38.63	00:34.30	00:30.90	00:34.64	01:26.60	01:16.90	01:09.28				
T41	00:13.51	00:33.78	00:29.99	00:27.02	00:28.07	01:10.17	01:02.32	00:56.14				
T42	00:12.42	00:31.05	00:27.57	00:24.84	00:25.14	01:02.85	00:55.81	00:50.28	02:06.70	05:16.75	04:41.27	04:13.40
T43	00:10.57	00:26.43	00:23.47	00:21.14	00:24.36	01:00.90	00:54.08	00:48.72	03:30.01	08:45.03	07:46.22	07:00.02
T44	00:11.00	00:27.50	00:24.42	00:22.00	00:22.96	00:57.40	00:50.97	00:45.92	02:02.65	05:06.63	04:32.28	04:05.30
T45	00:10.94	00:27.35	00:24.29	00:21.88	00:21.91	00:54.78	00:48.64	00:43.82	01:59.30	04:58.25	04:24.85	03:58.60
T46	00:10.42	00:26.05	00:23.13	00:20.84	00:21.17	00:52.93	00:47.00	00:42.34	01:51.82	04:39.55	04:08.24	03:43.64
T47	00:10.42	00:26.05	00:23.13	00:20.84	00:21.17	00:52.93	00:47.00	00:42.34				
Wheelchair												
T51	00:19.56	00:48.90	00:43.42	00:39.12	00:36.62	01:31.55	01:21.30	01:13.24	02:30.98	06:17.45	05:35.18	05:01.96
T52	00:16.41	00:41.03	00:36.43	00:32.82	00:30.02	01:15.05	01:06.64	01:00.04	01:51.57	04:38.93	04:07.69	03:43.14
T53	00:14.10	00:35.25	00:31.30	00:28.20	00:25.04	01:02.60	00:55.59	00:50.08	01:31.69	03:49.22	03:23.55	03:03.38
T54	00:13.63	00:34.07	00:30.26	00:27.26	00:24.18	01:00.45	00:53.68	00:48.36	01:29.66	03:44.15	03:19.05	02:59.32
Transplantee												
T60	00:10.70	00:26.75	00:23.75	00:21.40	00:22.32	00:55.80	00:49.55	00:44.64	01:56.12	04:50.30	04:17.79	03:52.24
Limb Deficiency												
T61	00:12.25	00:30.62	00:27.19	00:24.50	00:22.94	00:57.35	00:50.93	00:45.88	01:44.99	04:22.47	03:53.08	03:29.98
T62	00:10.54	00:26.35	00:23.40	00:21.08	00:21.04	00:52.60	00:46.71	00:42.08	02:18.21	05:45.53	05:06.83	04:36.42
T63	00:11.95	00:29.87	00:26.53	00:23.90	00:26.36	01:05.90	00:58.52	00:52.72	03:35.28	08:58.20	07:57.92	07:10.56
T64	00:10.61	00:26.52	00:23.55	00:21.22	00:21.27	00:53.18	00:47.22	00:42.54	02:35.26	06:28.15	05:44.68	05:10.52

QRSS 10-12 BOYS FIELD EVENTS - MULTICLASS QUALIFYING STANDARDS 2023

(DRAFT as at 10th July)

Long Jump					Shot Put					Discus				
Baselin	10 YEARS	11 YEARS	12 YEARS		Baseline	10 YEARS	11 YEARS	12 YEARS		Baseline	10 YEARS	11 YEARS	12 YEARS	
CLASS					CLASS					CLASS				
Hearing Impaired					BOYS FIELD									
T01	7.94	2.78	3.18	3.57	F01	17.41	6.09	6.96	7.83	62.16	21.76	24.86	27.97	
Visually Impaired					Visually Impaired									
T11	6.73	2.36	2.69	3.03	F11	15.26	5.34	6.10	6.87	46.10	16.14	18.44	20.75	
T12	7.47	2.61	2.99	3.36	F12	17.02	5.96	6.81	7.66	52.51	18.38	21.00	23.63	
T13	7.66	2.68	3.06	3.45	F13	16.46	5.76	6.58	7.41	53.61	18.76	21.44	24.12	
Intellectually Impaired					Intellectually Impaired									
T20	7.64	2.67	3.06	3.44	F20	17.29	6.05	6.92	7.78	45.79	16.03	18.32	20.61	
T21	4.55	1.59	1.82	2.05	F21	11.06	3.87	4.42	4.98	32.61	11.41	13.04	14.67	
Cerebral Palsy					Cerebral Palsy									
T31	No event				F31	No event				No event				
T32	No event				F32	12.05	4.22	4.82	5.42	27.82	9.74	11.13	12.52	
T33	No event				F33	12.36	4.33	4.94	5.56	31.14	10.90	12.46	14.01	
T34	No event				F34	12.17	4.26	4.87	5.48	43.29	15.15	17.32	19.48	
T35	6.06	2.12	2.42	2.73	F35	17.32	6.06	6.93	7.79	54.13	18.95	21.65	24.36	
T36	5.93	2.08	2.37	2.67	F36	16.32	5.71	6.53	7.34	42.96	15.04	17.18	19.33	
T37	6.77	2.37	2.71	3.05	F37	17.52	6.13	7.01	7.88	59.75	20.91	23.90	26.89	
T38	7.13	2.50	2.85	3.21	F38	15.95	5.58	6.38	7.18	52.91	18.52	21.16	23.81	
Amputee & Les Autres					Amputee & Les Autres									
T40					F40	11.01	3.85	4.40	4.95	28.19	9.87	11.28	12.69	
T41					F41	14.31	5.01	5.72	6.44	44.36	15.53	17.74	19.96	
T42	5.37	1.88	2.15	2.42	F42	17.52	6.13	7.01	7.88	54.14	18.95	21.66	24.36	
T43	6.21	2.17	2.48	2.79	F43	20.43	7.15	8.17	9.19	63.70	22.30	25.48	28.67	
T44	7.07	2.47	2.83	3.18	F44	15.73	5.51	6.29	7.08	64.26	22.49	25.70	28.92	
T45	6.41	2.24	2.56	2.88	F45	11.45	4.01	4.58	5.15	28.21	9.87	11.28	12.69	
T46	7.58	2.65	3.03	3.41	F46	16.80	5.88	6.72	7.56	52.64	18.42	21.06	23.69	
T47	7.58	2.65	3.03	3.41	F47	No event, compete as 46				No event, compete as 46				
Wheelchair					Wheelchair									
T51	No event				F51	No event				13.17	4.61	5.27	5.93	
T52	No event				F52	11.74	4.11	4.70	5.28	23.80	8.33	9.52	10.71	
T53	No event				F53	8.83	3.09	3.53	3.97	26.62	9.32	10.65	11.98	
T54	No event				F54	11.40	3.99	4.56	5.13	33.68	11.79	13.47	15.16	
F55	No event				F55	12.47	4.36	4.99	5.61	39.84	13.94	15.94	17.93	
F56	No event				F56	13.49	4.72	5.40	6.07	46.68	16.34	18.67	21.01	
F57	No event				F57	15.26	5.34	6.10	6.87	48.55	16.99	19.42	21.85	
Transplantee					Transplantee									
T60	7.30	2.56	2.92	3.29	F60	12.54	4.39	5.02	5.64	38.48	13.47	15.39	17.32	
Limb Deficiency					Limb Deficiency									
T61	6.47	2.26	2.59	2.91	F61	12.54	4.39	5.02	5.64	26.08	9.13	10.43	11.74	
T62	7.00	2.45	2.80	3.15	F62	8.74	3.06	3.50	3.93	27.36	9.58	10.94	12.31	
T63	7.24	2.53	2.90	3.26	F63	15.10	5.29	6.04	6.80	46.91	16.42	18.76	21.11	
T64	8.48	2.97	3.39	3.82	F64	18.38	6.43	7.35	8.27	65.86	23.05	26.34	29.64	

QRSS 10-12 GIRLS TRACK EVENTS - MULTICLASS QUALIFYING STANDARDS 2023

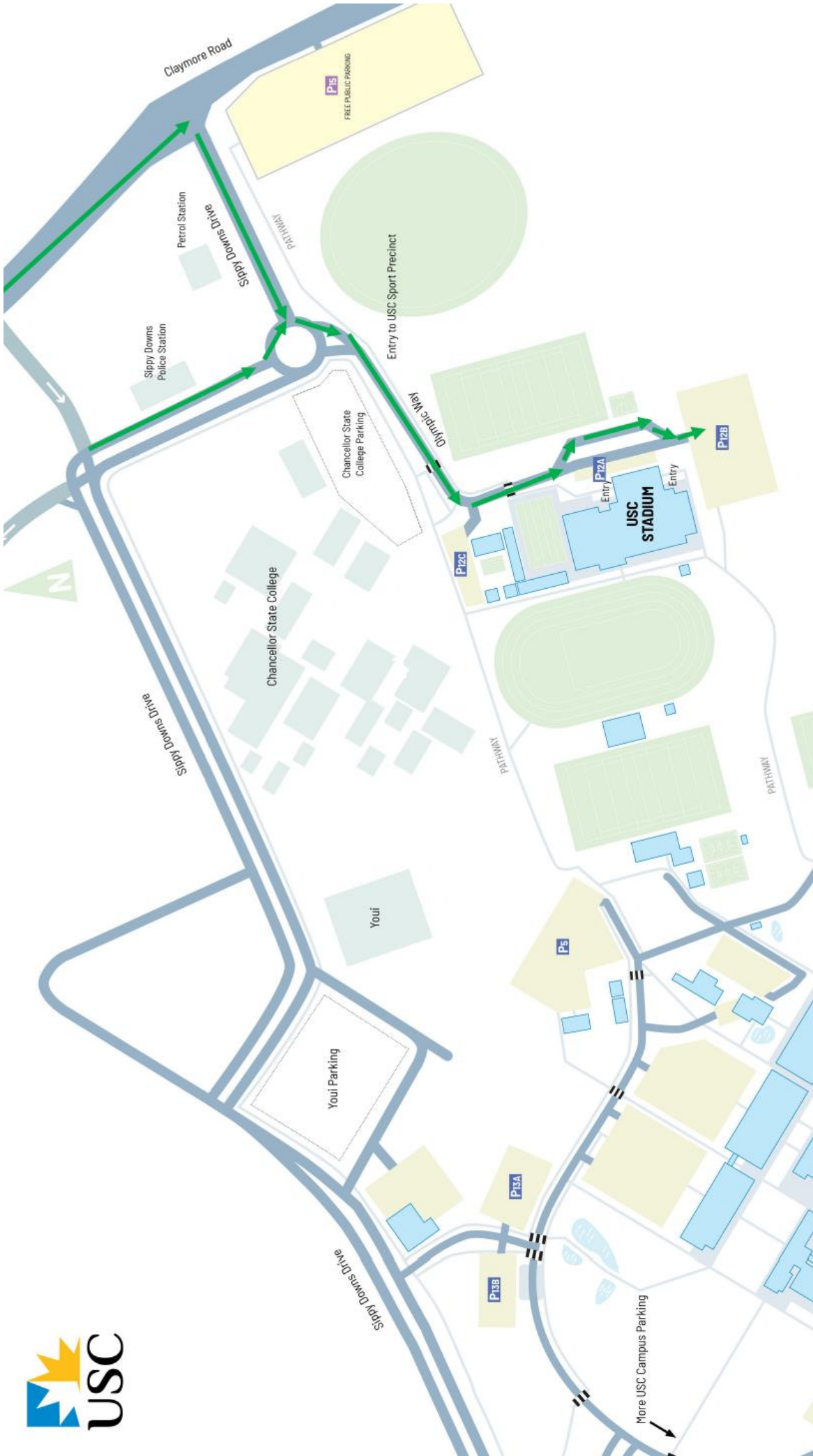
(DRAFT as at 10th July)

CLASS	100 M				200M				800M			
	Baseline	10 YEARS	11 YEARS	12 YEARS	Baseline	10 YEARS	11 YEARS	12 YEARS	Baseline	10 YEARS	11 YEARS	12 YEARS
GIRLS TRACK												
T01	00:11.71	00:29.28	00:26.00	00:23.42	00:24.43	01:01.08	00:54.23	00:48.86	02:07.50	05:18.75	04:43.05	04:15.00
Race Running												
RR1	00:23.59	00:58.98	00:52.37	00:47.18								
RR2	00:18.06	00:45.15	00:40.09	00:36.12								
RR3	00:18.87	00:47.18	00:41.89	00:37.74								
Visually Impaired												
T11	00:11.85	00:29.62	00:26.31	00:23.70	00:24.39	01:00.98	00:54.15	00:48.78	02:17.66	05:44.15	05:05.61	04:35.32
T12	00:11.40	00:28.50	00:25.31	00:22.80	00:23.03	00:57.58	00:51.13	00:46.06	02:04.96	05:12.40	04:37.41	04:09.92
T13	00:11.79	00:29.47	00:26.17	00:23.58	00:24.24	01:00.60	00:53.81	00:48.48	02:03.18	05:07.95	04:33.46	04:06.36
Intellectually Impaired												
T20	00:11.91	00:29.78	00:26.44	00:23.82	00:25.01	01:02.53	00:55.52	00:50.02	02:07.74	05:19.35	04:43.58	04:15.48
T21	00:15.45	00:38.63	00:34.30	00:30.90	00:33.30	01:23.25	01:13.93	01:06.60				
Cerebral Palsy												
T31												
T32	00:24.77	01:01.93	00:54.99	00:49.54	00:44.33	01:50.83	01:38.41	01:28.66				
T33	00:19.89	00:49.73	00:44.16	00:39.78	00:35.04	01:27.60	01:17.79	01:10.08	02:22.85	05:57.13	05:17.13	04:45.70
T34	00:16.77	00:41.93	00:37.23	00:33.54	00:30.51	01:16.28	01:07.73	01:01.02	01:48.87	04:32.18	04:01.69	03:37.74
T35	00:13.43	00:33.58	00:29.81	00:26.86	00:28.22	01:10.55	01:02.65	00:56.44	03:13.47	08:03.68	07:09.50	06:26.94
T36	00:13.68	00:34.20	00:30.37	00:27.36	00:28.21	01:10.53	01:02.63	00:56.42	02:43.40	06:48.50	06:02.75	05:26.80
T37	00:13.10	00:32.75	00:29.08	00:26.20	00:27.11	01:07.77	01:00.18	00:54.22	02:41.71	06:44.27	05:59.00	05:23.42
T38	00:12.38	00:30.95	00:27.48	00:24.76	00:25.92	01:04.80	00:57.54	00:51.84	02:28.04	06:10.10	05:28.65	04:56.08
Amputee & Les Autres												
T40	00:19.40	00:48.50	00:43.07	00:38.80	00:43.14	01:47.85	01:35.77	01:26.28				
T41	00:17.70	00:44.25	00:39.29	00:35.40	00:40.50	01:41.25	01:29.91	01:21.00				
T42	00:14.72	00:36.80	00:32.68	00:29.44	00:31.73	01:19.33	01:10.44	01:03.46				
T43	00:12.79	00:31.98	00:28.39	00:25.58	00:24.36	01:00.90	00:54.08	00:48.72				
T44	00:12.72	00:31.80	00:28.24	00:25.44	00:26.15	01:05.37	00:58.05	00:52.30	02:22.28	05:55.70	05:15.86	04:44.56
T45	00:14.00	00:35.00	00:31.08	00:28.00	00:28.58	01:11.45	01:03.45	00:57.16	02:12.42	05:31.05	04:53.97	04:24.84
T46	00:11.89	00:29.73	00:26.40	00:23.78	00:24.45	01:01.12	00:54.28	00:48.90	02:12.42	05:31.05	04:53.97	04:24.84
T47	00:11.89	00:29.73	00:26.40	00:23.78	00:24.45	01:01.12	00:54.28	00:48.90				
Wheelchair												
T51	00:24.69	01:01.73	00:54.81	00:49.38	00:44.17	01:50.43	01:38.06	01:28.34	03:15.64	08:09.10	07:14.32	06:31.28
T52	00:18.67	00:46.68	00:41.45	00:37.34	00:33.19	01:22.97	01:13.68	01:06.38	02:06.76	05:16.90	04:41.41	04:13.52
T53	00:16.19	00:40.48	00:35.94	00:32.38	00:28.61	01:11.53	01:03.51	00:57.22	01:45.53	04:23.83	03:54.28	03:31.06
T54	00:15.35	00:38.37	00:34.08	00:30.70	00:27.52	01:08.80	01:01.09	00:55.04	01:41.47	04:13.68	03:45.26	03:22.94
Transplantee												
T60	00:12.19	00:30.47	00:27.06	00:24.38	00:25.71	01:04.27	00:57.08	00:51.42	02:28.68	06:11.70	05:30.07	04:57.36
Limb Deficiency												
T61	00:14.95	00:37.38	00:33.19	00:29.90	00:41.27	01:43.17	01:31.62	01:22.54				
T62	00:12.64	00:31.60	00:28.06	00:25.28	00:26.48	01:06.20	00:58.79	00:52.96	02:57.81	07:24.52	06:34.74	05:55.62
T63	00:14.59	00:36.47	00:32.39	00:29.18	00:31.73	01:19.33	01:10.44	01:03.46				
T64	00:12.66	00:31.65	00:28.11	00:25.32	00:26.12	01:05.30	00:57.99	00:52.24	02:22.28	05:55.70	05:15.86	04:44.56

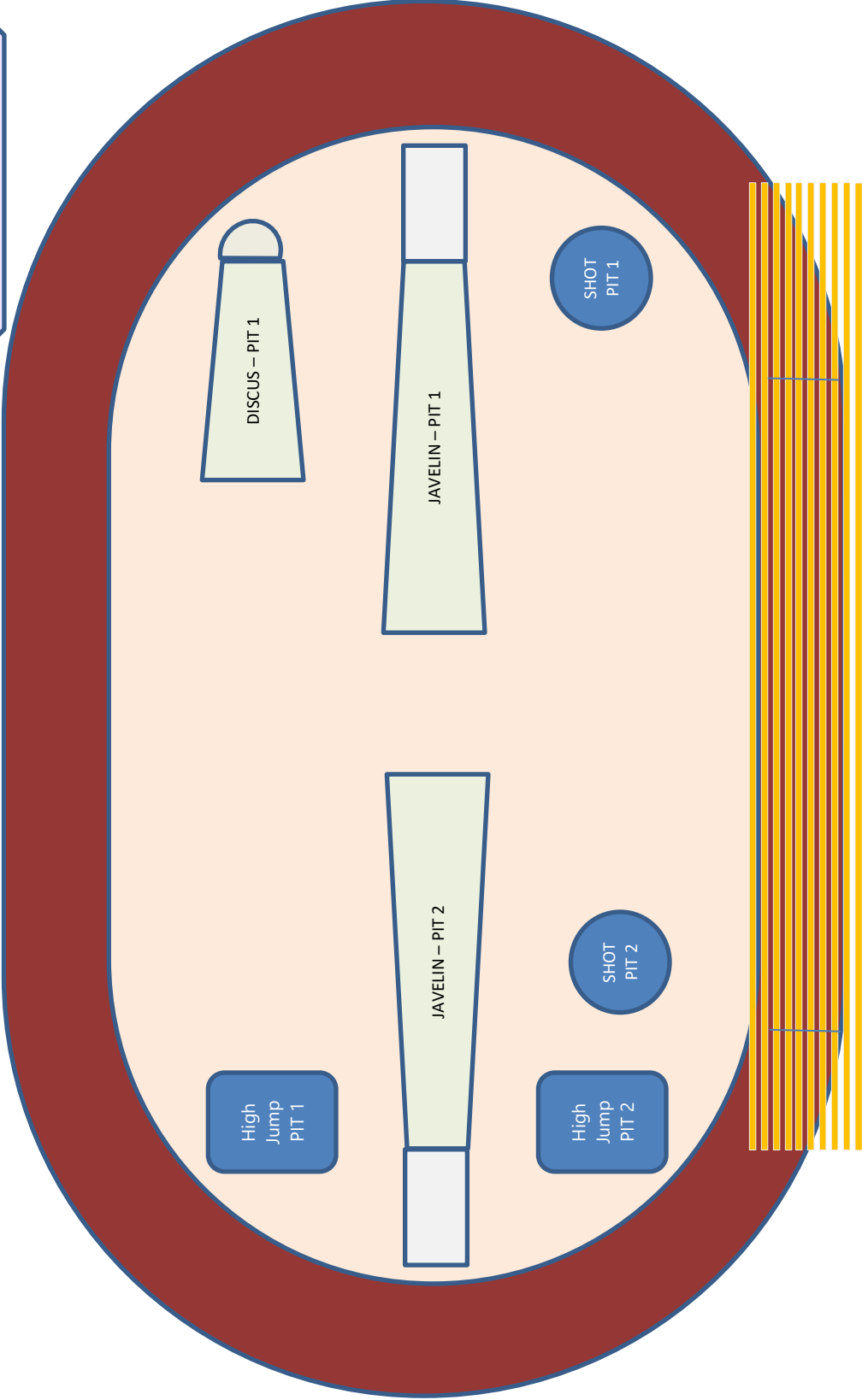
QRSS 10-12 GIRLS FIELD EVENTS - MULTICLASS QUALIFYING STANDARDS 2023

(DRAFT as at 10th July)

Long Jump					Shot Put					Discus			
Baseline	10 YEARS	11 YEARS	12 YEARS		Baselin	10 YEARS	11 YEARS	12 YEARS	Baselin	10 YEARS	11 YEARS	12 YEARS	
CLASS					CLASS					GIRLS FIELD			
T01	6.24	2.18	2.50	2.81	F01	15.33	5.37	6.13	6.90	58.54	20.49	23.42	26.34
Visually Impaired					Visually Impaired								
T11	5.46	1.91	2.18	2.46	F11	17.32	6.06	6.93	7.79	40.42	14.15	16.17	18.19
T12	6.60	2.31	2.64	2.97	F12	15.05	5.27	6.02	6.77	47.40	16.59	18.96	21.33
T13	5.88	2.06	2.35	2.65	F13	13.05	4.57	5.22	5.87	44.67	15.63	17.87	20.10
Intellectually Impaired					Intellectually Impaired								
T20	6.21	2.17	2.48	2.79	F20	14.10	4.94	5.64	6.35	43.63	15.27	17.45	19.63
T21	3.52	1.23	1.41	1.58	T21	7.50	2.63	3.00	3.38	18.09	6.33	7.24	8.14
Cerebral Palsy					Cerebral Palsy								
T31	No event				F31	No event				No event			
T32	No event				F32	7.04	2.46	2.82	3.17	13.97	4.89	5.59	6.29
T33	No event				F33	7.81	2.73	3.12	3.51	22.62	7.92	9.05	10.18
T34	No event				F34	8.82	3.09	3.53	3.97	22.91	8.02	9.16	10.31
T35	3.30	1.16	1.32	1.49	F35	13.91	4.87	5.56	6.26	31.92	11.17	12.77	14.36
T36	4.11	1.44	1.64	1.85	F36	11.79	4.13	4.72	5.31	28.01	9.80	11.20	12.60
T37	5.22	1.83	2.09	2.35	F37	15.50	5.43	6.20	6.98	38.29	13.40	15.32	17.23
T38	5.51	1.93	2.20	2.48	F38	12.58	4.40	5.03	5.66	37.83	13.24	15.13	17.02
Amputee & Les Autres					Amputee & Les Autres								
T40	No event				F40	9.35	3.27	3.74	4.21	25.30	8.86	10.12	11.39
T41	No event				F41	10.42	3.65	4.17	4.69	35.53	12.44	14.21	15.99
T42	4.03	1.41	1.61	1.81	F42	9.45	3.31	3.78	4.25	32.95	11.53	13.18	14.83
T43	4.26	1.49	1.70	1.92	F43	8.74	3.06	3.50	3.93	22.54	7.89	9.02	10.14
T44	4.49	1.57	1.80	2.02	F44	13.14	4.60	5.26	5.91	44.53	15.59	17.81	20.04
T45	4.29	1.50	1.72	1.93	F45	9.17	3.21	3.67	4.13	21.09	7.38	8.44	9.49
T46	6.01	2.10	2.40	2.70	F46	12.47	4.36	4.99	5.61	42.12	14.74	16.85	18.95
T47	6.01	2.10	2.40	2.70	F47	No event, compete as 46				No event, compete as 46			
Wheelchair					Wheelchair								
T51	No event				F51	No event				14.87	5.20	5.95	6.69
T52	No event				F52	8.19	2.87	3.28	3.69	17.41	6.09	6.96	7.83
T53	No event				F53	5.88	2.06	2.35	2.65	16.26	5.69	6.50	7.32
T54	No event				F54	8.19	2.87	3.28	3.69	20.52	7.18	8.21	9.23
T55	No event				F55	9.06	3.17	3.62	4.08	27.80	9.73	11.12	12.51
T56	No event				F56	9.95	3.48	3.98	4.48	26.28	9.20	10.51	11.83
T57	No event				F57	11.16	3.91	4.46	5.02	35.76	12.52	14.30	16.09
Transplantee					Transplantee								
T60	5.21	1.82	2.08	2.34	F60	11.64	4.07	4.66	5.24	33.44	11.70	13.38	15.05
Limb Deficiency					Limb Deficiency								
T61	5.32	1.86	2.13	2.39	F61	10.56	3.70	4.22	4.75	34.85	12.20	13.94	15.68
T62	6.14	2.15	2.46	2.76	F62	10.25	3.59	4.10	4.61	33.83	11.84	13.53	15.22
T63	5.06	1.77	2.02	2.28	F63	10.06	3.52	4.02	4.53	33.19	11.62	13.28	14.94
T64	6.14	2.15	2.46	2.76	F64	11.15	3.90	4.46	5.02	37.60	13.16	15.04	16.92



REGIONAL SPORT
UNIFORM SHOP



FIRST
AID

RECORDING TENT

LONG JUMP - PIT 1
TRIPLE JUMP PIT 1

TRIPLE JUMP - PIT 2
LONG JUMP - PIT 2

