

Dear Parents / Guardians,

Congratulations! Your child has been invited to join the Sunshine Coast School Sport regional team listed below which will attend a Queensland School Sport state championship.

1. Complete the survey by Friday 30 August by scanning the QR code or using the link:




<https://survey.qed.qld.gov.au/n/e98hokJ>

2. Email your completed *Student Permission Booklet* to sport.scrssb@qed.qld.gov.au by Friday 30 August.
3. Make payment of the team levy plus all apparel purchases by Wednesday 11 September.

By accepting this invitation, you are agreeing to comply with all conditions of being a member of a Sunshine Coast School Sport regional team. This includes;

- Complying with our regional uniform policy and our code of conduct.
- Committing fully to the team for the duration of the state championship.
- Payment of the team levy must be made by the due date.

Sport:	TRACK & FIELD	Age Group:	13 - 19 YEARS
State Championship Dates:	11 - 14 OCTOBER 2024	Host Region:	CAPRICORNIA / NORTH WEST
Venue:	Queensland Sport and Athletics Centre (QSAC) Kessels Road Nathan Qld 4111		
Team Levy:	\$200.00 Plus Apparel purchased. This team levy includes the championship levy and regional administration levies.		
Payment Date:	Payment for the team levy and apparel purchases must be made by: Wednesday 11 September		
Payment Method:	Payment must be made using the regional online shop. <ul style="list-style-type: none">• Click the 'Regional online shop' tab on our regional website home page https://sunshinesport.eq.edu.au• Click  Pay now Levies and apparel• Click 'State Championships' and follow the prompts Click 'Login' if an existing user OR click 'Register now' if a first time user When prompted, enter the sports code below. (Note: a zero in the code will display as 0 if applicable) Sports Code: SUNTFH216		
	A more detailed instruction guide is located above the "Pay now" button on our regional online shop information page. Tips for navigating the online shop are also contained later in this invitation.		
	Any team member who has not completed final payment by the due date will be considered to have refused the invitation to join the regional team and their position in this team may be offered to a replacement player.		

- Accommodation:** It is the responsibility of parents to privately arrange accommodation for team members.
- Independent Travel:** It is the responsibility of parents to arrange private transport for team members to and from this championship.
- Multi-class Athletes:** Athletes in multi-class events must be listed on a National Master List or provide a copy of their classification card to the regional sport office by **Friday 30 August**.
- Results:** A copy of the results from the regional trial will be posted on the Sunshine Coast School Sport website – www.sunshinesport.eq.edu.au
A copy of all athletes invited to join the regional team and the events (including relays) they have been nominated in, will also be posted on the website and sent to schools as soon as possible after the regional trial.

Event Timetable:	A DRAFT timetable of events can be downloaded from our website .																					
Student Permission Booklet:	<p>Please download the <i>Student Permission Booklet</i> from our website and email to the regional sport office by Friday 30 August. https://sunshinesport.eq.edu.au/regional-sport/sports-t-z/track-and-field Forms include:</p> <ol style="list-style-type: none"> 1. Team Member Consent & Agreement 2. Student Health Information <p>The <i>Student Permission Booklet</i> is an electronic fillable PDF document. It is recommended to open this document in Adobe Reader to type in your details. This booklet should automatically self-populate so that you don't have to repeat common information. You can also change the name of the sport so it can be saved for future use if selected in another regional team. Parents who are unable to electronically insert their signatures, will need to print off the completed booklet and then physically sign the documents where indicated. This signed booklet can then be scanned and returned via email.</p>																					
QRSS Consent Form:	The <i>QRSS consent form</i> only needs to be completed by parents who want to change their child's consent details OR have not completed this form prior to the regional trial. Please contact our office if this is required.																					
Code of Conduct:	<p>Parents and students are required to read and understand their responsibilities as set out in the attached <i>Code of Conduct for Students, Parents & Spectators</i>.</p> <p>Any breach of this code may result in the student being excluded from participating with the team at the state championship and/or possibly being sent home at the parents' expense.</p>																					
Team Managers' Contact Details:	<p>Chief Manager is Madonna Reynolds. Mobile: 0428 735 931 (Please make this mobile your first point of contact during the championship)</p> <table> <tbody> <tr> <td>Brendan Mallyon</td> <td>Chancellor State College</td> <td>M: 0488 732 323</td> </tr> <tr> <td>Helen Powell (MC Manager)</td> <td>Deception Bay North SS</td> <td>M: 0404 052 423</td> </tr> <tr> <td>Nick Collingwood</td> <td>Chancellor State College</td> <td>M: 0447 478 914</td> </tr> <tr> <td>Greg Wilson</td> <td>Mountain Creek SHS</td> <td>M: 0448 993 887</td> </tr> <tr> <td>Ash Reid</td> <td>Baringa State Primary School</td> <td>M: 0400 827 152</td> </tr> <tr> <td>Sally Evans</td> <td>Queensland Pathways SC</td> <td>M: 0467 473 249</td> </tr> <tr> <td>Aiden Smith</td> <td>Caboolture SHS</td> <td>M: 0403 325 450</td> </tr> </tbody> </table>	Brendan Mallyon	Chancellor State College	M: 0488 732 323	Helen Powell (MC Manager)	Deception Bay North SS	M: 0404 052 423	Nick Collingwood	Chancellor State College	M: 0447 478 914	Greg Wilson	Mountain Creek SHS	M: 0448 993 887	Ash Reid	Baringa State Primary School	M: 0400 827 152	Sally Evans	Queensland Pathways SC	M: 0467 473 249	Aiden Smith	Caboolture SHS	M: 0403 325 450
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Team Photograph:	There is no team photograph for the 13-19 years team.																					
Check-in:	<p>At the state championship each day, team members are required to check in with team officials and then remain in the area allocated unless warming up or competing.</p> <p>Athletes are required to check in with team officials two (2) hours prior to their event/s.</p> <p>The regional team managers will advise of any withdrawals to the call room no later than one hour prior to the event.</p> <p>Athletes who do not check in by the appropriate time may be substituted and withdrawn from the event.</p>																					
Withdrawing from an event:	It is the responsibility of the athlete to advise team managers of their intention to withdraw from an event at least two (2) hours before the event. This will allow ample time to ensure athletes have complied with specific timelines and are not penalised for future events.																					

Opening Ceremony: An Opening Ceremony will be held on Friday 11 October at 8.30am. All present team members are required to attend and to wear the regional dress shirt and a pair of regional shorts / bike pants.

Relay Teams: Relays will be conducted in the following age and gender divisions:

- Able bodied: 13-15 year boys, 13-15 year girls, 16-19 year boys, 16-19 year girls
- Multi-class: 13-19 year boys, 13-19 year girls

Each region can nominate one team in each relay event.

Athletes who have qualified in the top 4 places in the 100m events at the regional trial will be considered for selection first and then others will be considered to fill any vacancies.

Athletes will be advised of their selection in the relay at the regional trial as well as being posted on the regional website.

According to the state championship program of events, the 100m heats will be on Friday morning followed by relays late afternoon, then followed by 100m semi-finals in the evening. This will mean that all relay runners will and must be present for relay events on Friday as they are on the same day.

Any athlete (selected in the relay team) who is unable to compete in a relay event should notify the regional sport office by no later than Thursday 05 September. In the case of a withdrawal, a replacement runner will be identified from other athletes in that age group.

Uniform: All students are required to wear our current regional uniform. Please refer below to the compulsory dress uniform requirements for this championship.

Compression or other lycra garments (including socks and arm sleeves) must be black or in regional colours.

If black compression garments are worn, the complete regional competition uniform (top and bottom) must be worn over it.

Footwear: Running spikes – the use of spiked running shoes is permitted in all track events (except walks), jumping events and the javelin event.

Spikes MUST be Christmas Tree or Pyramid shape and may not exceed a length of 7mm.

Please see link for the current approved general running shoes list: <https://certcheck.worldathletics.org/FullList>

Competitors must wear enclosed shoes for throwing events.

Compulsory Apparel: It is compulsory for team members to purchase / supply the following apparel items for this sport. If you already have any of these compulsory apparel items, you do not have to purchase them again.

Students have the opportunity to try on regional apparel at the regional trial.

	Compulsory Item
Playing Uniform	Athletic Singlet OR Crop Top
	Athletic Shorts OR Bike Pants
Dress Uniform	Socks – crew / ankle (compression socks can be black or in regional colours)
	Shirt – Student Polo
	Hat - Bucket
Other	Water Bottle (can supply own water bottle)

Optional Apparel: Parents may wish to purchase optional apparel items from the regional online shop if desired.

Apparel Sizing: After entering the sports code, a link to the *Sizing Guide* will appear towards the top of your screen.

A comprehensive sizing guide is also available on our regional website until the online shop opens.

Go to the 'Support and resources' tab, then select the 'Uniforms' link. Check the apparel catalogue.

Apparel Collection: Orders may be collected from our regional sport office once you receive the dispatch notice. Our office is located at Maroochydore State School, 56-68 Primary School Court, Maroochydore.

The receipt of a dispatch email will indicate that your order is ready for collection.

Our office is open between the hours of 8.30am - 4.00pm Monday to Friday during the school term only.

Competition Procedures:	The QRSS 10-19 Years Track & Field Competition Procedures can be downloaded from: https://queenslandsschoolsport.education.qld.gov.au/sports-information/sports-t-z/track-and-field
Program:	Each athlete will be provided with a program at the state championship.
Medal Winners:	Athletes who win medals are required to wear the regional dress uniform (ie. Dress polo shirt, regional shorts and footwear) when receiving medals.
Spectators:	Designated areas of field of play (call room, competition area and TIC) can only be accessed by team officials and athletes.

State Selection:	There will be no Queensland team selected from this championship.
Warm Up / Private Coaches:	The State Athletic Facility (SAF) will be the designated warm up area. For safety reasons, no throwing implements (javelin, hammer, discus or shot puts) will be permitted in this space. Specific warm up throws will be conducted at the competition event site. Only athletes, private coaches and team officials are permitted access to the warm up area.

Photography: The taking of photographs (for personal/family use) is permitted at Queensland Representative School Sport events except where an event is held at a venue where venue management prohibits such photography.

First Aid: Qualified sports medicine trainers will be in attendance throughout the championship. All athletes who require preventative strapping are required to provide their own strapping tape.

Hydration Guidelines: The purpose of the QRSS guidelines is to ensure that students become aware of the benefits of proper hydration practices before, during and after physical activity. Remember the following key messages:

- Thirst is a poor indicator of fluid need
- Hydrate before, during and after play

In accordance with these guidelines, all students must have their own personal water bottle.

Canteen: A canteen will be in operation throughout the championship.

Insurance: Parents are advised that the Department of Education does not have personal accident insurance cover for students.

The Department of Education has public liability cover for all approved school activities and provides compensation for students injured at school / school events only when the department is negligent. If this is not the case, then all costs associated with the injury are the responsibility of the parent or caregiver.

It is a personal decision for parents as to the type and level of private insurance they arrange to cover students for any accidental injury that may occur.

I would like to wish your child every success in this championship and I am sure that they will be an excellent representative for the Sunshine Coast Region.

Yours in Sport,



Richard Aspinall
Regional School Sport Officer

REGIONAL LEVY PAYMENT / PURCHASING APPAREL TIPS

The following tips may assist parents when navigating the regional online shop located on the home page of our regional website - www.sunshinesport.eq.edu.au A set of 'How to' instructions are located above the "Pay now" button on our regional online shop information page to further assist if required.

Team Code:

Please enter the code from the front page of the regional invitation to access the regional team levy payment and apparel order.

Team Levy:

The team levy includes the compulsory team photo.

Compulsory Apparel:

Please note that if you have any of these compulsory apparel items already, then you don't need to purchase again unless stipulated. In individual sports, such as track & field, a number of different combination options may be displayed. Only purchase the items required to make up the desired outfit.

Optional Apparel:

Please purchase apparel items as desired.

Click "[add selected to order](#)" button to add the levy payment and all above apparel purchases to your cart.

Pick up / Delivery Options

The only options for this team is to either:

- collect from the sport office; or
- collect from team manager at training

Please call the sport office if you have an issue with this delivery method.

Contact / billing address:

This billing address is required for the payment receipt.

Order Information:

Enter your child's name/s.

Please note that if a school or organisation is making payment on your behalf, they can enter their company name and ABN.

Order Lines:

This is a summary of what items are in your cart. Please remove unwanted items if required.

Compulsory Products:

Please review the list of compulsory items. If you have not ordered an item/s, it will have a red cross. If you have forgotten to order the item, then go back and order. If you have not ordered the item because you have it already, just click on the acknowledgement to continue.

Have a promo code?

Normally there is no promo code for our regional teams unless stipulated in the team invitation.

Payment:

After you have processed your payment, a receipt will be emailed to you at your registration email address.

Siblings in the same team?

Please note that if you are paying for siblings in the same team, then select to pay 2 x team levy amounts and then scroll down to click on the "[add selected to order](#)" red button. This will then prompt you to add in the names of the different players. Then continue to shop as normal.

When purchasing apparel, you can order two or more of the same sized apparel item for the siblings.

If you need to order the same apparel item in two or more different sizes, then order the one item, select size and then scroll down to click on the "[add selected to order](#)" red button. Now go back to the same item and order the other size, then scroll down to click on the "[add selected to order](#)" red button. Then continue to shop as normal.

FUNDING ASSISTANCE

There are a number of Funding Assistance Programs available to financially assist families attend State or National Championships. Some of these organisations provide funding for State and National Championships while others only provide funding for National and International Championships. For specific information, please visit the websites listed below.

QUEENSLAND SPORT & RECREATION

Sport & Recreation operate The Young Athlete Travel Subsidy which aims to foster the development of young athletes and support elite athlete pathways by providing financial assistance to help alleviate the costs associated with attending State, National and International Championships. Officials (such as coaches, referees and scorers) attending eligible events can also apply for assistance if they meet the eligibility criteria. Need to apply after attending the event.

<http://www.qld.gov.au/recreation/sports/funding/athletes/yats>

AUSTRALIAN SPORTS COMMISSION

The Local Sporting Champions program is an Australian Sports Commission initiative designed to provide financial assistance for young people aged 12-18 towards the cost of travel, accommodation, uniforms or equipment when competing, coaching or officiating at an official national sporting organisation (NSO) endorsed state, national or international sporting championships or a School Sport Australia state or national championship. Need to apply prior to attending event.

<http://www.ausport.gov.au>

EMERGING ATHLETES PATHWAY

Emerging Athlete Pathways aims to foster the development of young athletes and support elite athlete pathways by providing financial assistance to help alleviate the costs associated with attending championship events. Applications for state school events held on or after 01 April 2022 are eligible for a \$500 grant. Applications can only be made and processed after participation at the state championship. Applications can continue to be accepted for events that have been held in the last 6 months.

Queensland School Sport - Sunshine Coast Region

CODE OF CONDUCT (Students)

The following code of conduct highlights the level of expected behaviour of students, parents and spectators when participating in / attending Queensland School Sport (QSS) events. Consequences for not honouring this code of conduct are listed in the boxed sections. Please ensure that you have read and understand this code prior to participating in / attending Queensland School Sport (QSS) events. Further information is available by contacting the Sunshine Coast Region School Sport Office, telephone (07) 5475 1570. **Please be aware that ignorance of the contents of this Code will not be accepted as an excuse for any breach.**

EXPECTATIONS OF STUDENT PARTICIPANTS

- Take responsibility for your own behaviour and performance.
- Compete by the competition conditions and rules.
- Never argue with the Judge's, Referee's or Umpire's decision.
- Control your temper – no criticism by word or gesture.
- Work equally hard for yourself and your team – your team's performance will benefit and so will your own.
- Be a good sport. Encourage and support your team members.
- Show respect for yourself, your team mates, officials, your opponents and their skills.
- Behave in a manner that respects the rights of others regardless of mediums of communication used. eg. digital mediums such as twitter, facebook, email and texts.
- Smoking, drinking of alcoholic beverages or the use of any illegal substances is strictly forbidden.
- Entering or remaining upon restricted licensed premises, unless under the supervision of team officials or parents is strictly forbidden.
- Going to bed at a reasonable hour will assist your own and your team's performance.
- Wearing the official team uniform at all times, as directed by team management / officials.
- Check in and check out with team management / officials each day.
- Stay in the designated team area and support other team members during times when you are not competing.
- Follow all directions of team management / officials.
- Ensure that you have telephone numbers of team managers with you at all times that you are not with the team.

Consequences for breaches of this code by students

Team managers may deal immediately with any breaches of this code by imposing appropriate consequences, including not playing remaining fixtures, notification of parents, and being sent home at your parents' cost. Each regional school sport board is responsible for imposing any longer term consequences to your future participation in QSS events.

Students may be notified orally or in writing of a temporary ban from participating or attending QSS fixtures until formal processes are conducted by the regional school sport board to determine complaints under this Code. Students will be afforded natural justice in respect of breaches of this code and for any discipline under the EGPA.

Furthermore, QSS may provide a report to your school about your conduct and, as a school representative, you may be subject to discipline in accordance with the *Education (General Provisions) Act 2006 (EGPA)*.

Queensland School Sport - Sunshine Coast Region

CODE OF CONDUCT (Parents & Spectators)

EXPECTATIONS OF PARENTS AND SPECTATORS

Parents' Code of Conduct

- Cooperate with the school to achieve the best outcomes for your child.
- Support team and event officials in maintaining a safe and respectful learning environment for all students.
- Maintain positive relationships with team officials regarding your child's learning, wellbeing and behaviour.
- Encourage participation by your children.
- Provide a model of good sportsmanship for your child to copy.
- Be courteous and constructive in your communication with players, team officials, game officials and sport administrators.
- Encourage honest effort, skilled performance and team loyalty.
- Make any new parents feel welcome on all occasions.
- Do not interfere with the conduct of any events.
- Behave in a manner that respects the rights of others regardless of mediums of communication used. eg. digital mediums such as twitter, facebook, email and texts.
- Support Queensland School Sport's policy of a smoke and alcohol free environment.

Spectators' Code of Conduct

- Demonstrate appropriate social behaviour.
- Remember students play for enjoyment. Don't let your behaviour detract from their enjoyment.
- Let game officials conduct events without interference.
- Support skilled performances and team play with generous applause.
- Demonstrate respect for opposing players and their supporters.
- Behave in a manner that respects the rights of others regardless of mediums of communication used. eg. digital mediums such as twitter, facebook, email and texts.
- Support Queensland School Sport's policy of a smoke and alcohol free environment.

Consequences for breaches of this code by parents / spectators

Team managers and event organisers may deal immediately with any breaches of this code by warning offenders about their conduct, asking offenders to leave venues, and calling police to intervene where necessary. Each regional school sport board is responsible for imposing any longer term consequences such as written warnings, or barring attendance at future events for a period or indefinitely.

Parents and spectators may be notified orally or in writing of a temporary ban from attending QSS fixtures until formal processes are conducted by the regional school sport board to determine complaints under this Code. Parents and spectators will be afforded natural justice in respect of breaches of this code.

Parents and spectators should note that it is an offence to insult (meaning "to treat insolently or with contemptuous rudeness, to abuse") an officer of a state educational institution in the presence or hearing of students – s.333(2)(b) Wilful Disturbance, of the *Education (General Provisions) Act 2006* (EGPA). Breaches of this section of the EGPA may result in a complaint being made to police.