

Queensland Representative School Sport

10-12 YEARS MALE QUALIFYING STANDARDS

(Athletes must compete in the age group according to their year of birth)

Event	10 Years	11 Years	12 Years
100m	14.23 (14.47)	13.85 (14.09)	13.11 (13.35)
200m	29.83 (30.07)	28.65 (28.89)	27.30 (27.54)
800m	2:38.00	2:32.00	2:23.00
1500m	5:17.00	5:04.00	4:55.00
Long Jump	3.89m	4.22m	4.65m
High Jump	1.20m	1.33m	1.38m
Shot Put	8.84m 2kg	10.58m 2kg	10.22m 3kg
Discus	26.81m 500g	26.55m 750g	30.93m 750g

10-12 YEARS FEMALE QUALIFYING STANDARDS

(Athletes must compete in the age group according to their year of birth)

Event	10 Years	11 Years	12 Years
100m	14.69 (14.93)	14.03 (14.27)	13.59 (13.83)
200m	30.93 (31.17)	29.31 (29.55)	28.46 (28.70)
800m	2:47.00	2:39.00	2:32.00
1500m	5:38.00	5:25.00	5:15.00
Long Jump	3.74m	4.08m	4.37m
High Jump	1.18m	1.28m	1.38m
Shot Put	7.80m 2kg	9.05m 2kg	8.83m 3kg
Discus	21.96m 500g	22.20m 750g	25.96m 750g