



PO Box 1522, Sunshine Plaza
Maroochydore QLD 4558
Phone: 07 5475 1574
Email: sport.scrssb@qed.qld.gov.au

Dear Parents / Carers,

Congratulations! Your child has been invited to join the Sunshine Coast School Sport regional team listed below which will attend a Queensland Representative School Sport state championship.

To accept this invitation, please complete the following tasks:

1. Return your *regional team permission booklet* to sport.scrssb@qed.qld.gov.au
2. Pay the regional team levy by the due date.

To decline this invitation, parents must email the sports office immediately so that another athlete may be invited into the team.

By accepting this invitation, you are agreeing to comply with our regional uniform policy, our code of conduct and agree to commit fully to the team, both in training and for the duration of the state championship. Payment of the team levy must be made by the due date.

Team: TRACK & FIELD 10-12 YEARS

State Championship Dates: Monday 13 October to Wednesday 15 October 2025 (inclusive)

Venue: Townsville Sports Precinct
Redpath Street
North Ward


Team Levy: **\$250.00** Plus Apparel purchased through School Locker. Approximate cost only – see note* below

***Note:** At the time of print, final details have not been received. This is an approximate cost based on previous championships. **You are unable to make payment until notified of the correct levy by the team manager.**

Regional Apparel: All regional apparel is available from School Locker – Maroochydore.
Parents must order through the School Locker online shop or purchase in store.

Payment Date: Pay the team levy by this date: **Friday 03 October**

Payment Method: Pay the team levy through our regional online shop.

- Click the 'Regional online shop' tab on our regional website home page <https://sunshinesport.eq.edu.au>
- Click 
- Click 'State Championships' and follow the prompts

Click 'Login' if an existing user OR click 'Register now' if a first time user
When prompted, enter the sport code below. (Note: a zero in the code will display as 0 if applicable)

Sports Code: **You will be advised of the code once the team levy has been finalised.**

A more detailed instruction guide is located above the "Pay now" button on our regional online shop information page.

Any team member who has not completed final payment by the due date will be considered to have refused the invitation to join the regional team and their position in this team may be offered to a replacement player.

TRAVEL DETAILS, PAPERWORK & UNIFORMS

- Accommodation:** It is the responsibility of parents to privately arrange accommodation for team members.
- Independent Travel:** It is the responsibility of parents to arrange private transport for team members to & from this championship.
- Regional Team Permission Booklet:** Please download the *regional team permission booklet* from our website.
Email to the regional sport office sport.scrssb@ged.qld.gov.au by **Friday 05 September**.
The regional team permission booklet is an electronic fillable PDF document. It is recommended to open this document in Adobe Reader to type in your details. This booklet should automatically self-populate so that you don't have to repeat common information. You can also change the name of the sport so it can be saved for future use if selected in another regional team. Parents who are unable to electronically insert their signatures, will need to print off the completed booklet and then physically sign the documents where indicated. This signed booklet can then be scanned and returned via email.

School Approval: Once you have filled out your details in the regional team permission booklet, you need to present your booklet to your school Principal or authorised school delegate for approval and verification from your school.

Uniform: All students are required to wear our regional uniform. Please refer below to the compulsory uniform requirements for this championship.

Compression or other lycra garments (including socks and arm sleeves) must be black or in regional colours.

If black compression garments are worn, the complete regional competition uniform (top and bottom) must be worn over it.

Compulsory Apparel: It is compulsory for team members to purchase / supply the following apparel items for this sport.
If you already have any of these compulsory apparel items, you do not have to purchase them again.

	Compulsory Item
Playing uniform	Athletic Singlet OR Crop Top
	Athletic Shorts OR Bike Pants
	Socks – crew / ankle
Dress uniform	Student polo
	Bucket hat
Other	Water bottle (you can supply your own water bottle)

Dress Uniform: It is compulsory for all athletes to wear the regional dress shirt and a pair of regional shorts (either the grey dress shorts, athletics shorts, other sport playing shorts or bike pants) for the regional team photo and for general use while not competing.

SCHOOL LOCKER **ALL REGIONAL APPAREL IS NOW LOCATED AT SCHOOL LOCKER - MAROOCHYDORE.**
YOU ARE NO LONGER ABLE TO COLLECT APPAREL FROM OUR OFFICE.

- All general apparel is only available from School Locker - Maroochydore.
- Apparel can be ordered online through [School Locker Uniform Shop](#) or purchased in store 7 days/week.
- Scan the QR code below or use the link above.
- Home delivery is also available for online orders (plus freight charge).



School Locker Maroochydore

Maroochydore Homemaker Centre
55 Maroochy Boulevard, Maroochydore
Ph: 5452 1431

Footwear: Athletes are permitted to wear spikes in 100m, 200m, relays, Long Jump and High Jump.
Spikes **MUST** be Christmas Tree or Pyramid shape and may not exceed a length of 7mm.
Competitors must wear enclosed shoes for throwing events. Footwear is optional for all other events.

SPECIFIC CHAMPIONSHIP DETAILS

Team Nominations: Athletes can check the Sunshine Coast School Sport website for our team nominations. <https://sunshinesport.eq.edu.au/regional-sport/sports-t-z/track-and-field>

Team Photograph: **Thursday 18 September at the Sunshine Coast University track at 4:00pm**

All team members will receive a team photograph. The cost of this photo is included in the team levy.

All team members are required to attend and to wear their regional dress polo shirt and a pair of regional shorts (grey dress shorts, purple athletics shorts or bike pants) with shoes and socks.

Team Meeting / Relay Training: There will be a team meeting and relay training session after the team photograph.

Opening Ceremony: An Opening Ceremony will be held on Monday 13 October (time TBC). All present team members are required to attend and to wear the regional dress shirt and a pair of regional shorts / bike pants.

Relay Teams: Relays will be conducted across the following age and gender divisions:

- Able bodied: 10 year boys, 10 year girls, 11 year boys, 11 year girls, 12 year boys, 12 year girls
- Multi-class: 10-12 year boys, 10-12 year girls

Each region can nominate one team in each relay event.

Athletes who have qualified in the top 4 places in the 100m events at the regional trial will be considered for selection first and then others will be considered to fill any vacancies.

Athletes will be advised of their selection in the relay at the regional trial, as well as being posted on the regional website. **There will be a relay training session after the team meeting.**

Any athlete (selected in the relay team) who is unable to compete in a relay event must notify the regional sport office immediately. A replacement runner will be identified from other athletes in that age group.

Check In: At the state championship each day, team members are required to check in with team officials and then remain in the area allocated unless warming up or competing.

Athletes are required to check in with team officials 1.5 hours prior to their event/s.

Athletes who do not check in by the appropriate time may be substituted and withdrawn from the event.

Team Managers: **Chief Manager is Katherine Claydon. Mobile: 0414 660 719**
(Please make this mobile your first point of contact during the championship)

Wendy Stott	Glasshouse Christian College
Ash Reid	North Coast Region Education Office
Cam Hutchins	Peregian Springs SS
Greg Smallacombe	Wamuran SS
Paul Dunn	Moreton Downs SS

Multi-class Manager Dailene Muddle-Clarke Golden Beach SS M: 0415 768 648

Program: Each athlete will be provided with a program at the state championship. The order of events can be downloaded from our website. <https://sunshinesport.eq.edu.au/regional-sport/sports-t-z/track-and-field>

Competition Procedures: The QRSS 10-19 Years Track & Field Competition Procedures can be downloaded from: <https://queenslandschoolsport.education.qld.gov.au/sports-information/sports-t-z/track-and-field>

Medal Winners: Medals are awarded to competitors who place 1st, 2nd or 3rd in finals.
Athletes who win medals are required to wear the regional dress uniform at the presentation ceremony.

QLD Team: A Queensland Representative School Sport team will be selected at this championship to compete at the School Sport Australia National Championship in Canberra, ACT from 27 - 30 November 2025.

MULTI-CLASS ATHLETES

Athletes in multi-class events must be listed on the National Master List or provide a copy of their classification card to the regional sport office prior to attending the state championship.

All events for athletes competing under a classification will be conducted as multi-class events in line with Athletics Australia guidelines. Places will be calculated using the Athletics Australia baseline scoring system.

All multi-class track events will be conducted as timed finals.

Any multi-class competitor making a false start shall be warned and the field will also be reminded about starting procedures. The Start Referee will determine if a competitor is to be disqualified after they have been warned as an individual.

11-3 classification

Athletes with 11-3 classification are eligible to receive medals but they will not be eligible for Queensland selection due to this category not being offered at the School Sport Australia national championship.

T11 / T12 / T13 classification

Visually impaired athletes can run with a guide runner. Athletes accompanied by a guide runner must be tethered with the guide.

If a guide runner is required please contact the regional sport office prior to attending the state championship.

FUNDING ASSISTANCE

Please see below for funding assistance programs available to financially assist families attending State or National Championships.

Some of these organisations provide funding for State and National Championships while others only provide funding for National and International Championships.

AUSTRALIAN SPORTS COMMISSION

- The Local Sporting Champions program is an Australian Sports Commission initiative designed to provide financial assistance for young people aged 12-18 towards the cost of travel, accommodation, uniforms or equipment when competing, coaching or officiating at an official national sporting organisation.
- (NSO) endorsed state, national or international sporting championships or a School Sport Australia state or national championship. Need to apply prior to attending event.

https://www.sportaus.gov.au/grants_and_funding/local_sporting_champions

EMERGING ATHLETES PATHWAY

- Emerging Athlete Pathways aims to foster the development of young athletes and support elite athlete pathways by providing financial assistance to help alleviate the costs associated with attending championship events.
- Applications can be made from time of selection up until 6 months after the event start date.

<https://www.qld.gov.au/recreation/sports/funding/emerging-athlete-pathways>

GENERAL INFORMATION

Code of Conduct:	<p>Parents and students are required to read and understand their responsibilities as set out in the attached <i>Code of Conduct for Students, Parents & Spectators</i>.</p> <p>Any breach of this code may result in the student being excluded from participating with the team at the state championship and/or possibly being sent home at the parents' expense.</p>
Spectators:	<p>Field of play areas (call room, competition area and TIC) can only be accessed by team officials and athletes.</p>
Starting Blocks:	<p>Regulation starting blocks will be supplied for competition events. No individual blocks can be used in competition.</p> <p>Starting blocks are optional for 10-12 years athletes in 100m, 200m and relays. Athletes are allowed to perform a standing start for these events.</p>
False starts:	<p>Any competitor making a false start shall be warned and the field will also be warned.</p> <p>Any competitor making a false start after this will be disqualified.</p> <p>Any Tetrathlon competitor responsible for making two (2) false starts shall be disqualified.</p> <p>Any multi-class competitor making a false start shall be warned and the field will also be reminded about starting procedures. The Start Referee will determine if a competitor is to be disqualified after they have been warned as an individual.</p>
Photography:	<p>The taking of photographs (for personal/family use) is permitted at Queensland Representative School Sport events except where an event is held at a venue where venue management prohibits such photography.</p>
First Aid:	<p>Qualified sports medicine trainers will be in attendance throughout the championship.</p> <p>All athletes who require preventative strapping are required to provide their own strapping tape.</p>
Hydration Guidelines:	<p>The purpose of the QRSS guidelines is to ensure that students become aware of the benefits of proper hydration practices before, during and after physical activity. Remember the following key messages:</p> <ul style="list-style-type: none">• Thirst is a poor indicator of fluid need• Hydrate before, during and after play <p>In accordance with these guidelines, all students must have their own personal water bottle.</p>
Canteen:	<p>A canteen will be in operation throughout the championship. Athletes are encouraged to provide their own food and drinks.</p>
Insurance:	<p>The Department of Education does <u>not</u> have personal accident insurance cover for students.</p> <p>The Department of Education has public liability cover for all approved school activities and provides compensation for students injured at school / school events only when the department is negligent.</p> <p>If this is not the case, then all costs associated with the injury are the responsibility of the parent or caregiver.</p> <p>It is a personal decision for parents as to the type and level of private insurance they arrange to cover students for any accidental injury that may occur.</p>

Any initial enquiries should be directed to your team officials on the contact details included above.

I would like to wish your child every success in this championship and I am sure that they will be an excellent representative for the Sunshine Coast Region.

Yours in Sport,

The Sunshine Coast School Sport team

Queensland School Sport - Sunshine Coast Region

CODE OF CONDUCT (Students)

The following code of conduct highlights the level of expected behaviour of students, parents and spectators when participating in / attending Queensland School Sport (QSS) events. Consequences for not honouring this code of conduct are listed in the boxed sections. Please ensure that you have read and understand this code prior to participating in / attending Queensland School Sport (QSS) events. Further information is available by contacting the Sunshine Coast Region School Sport Office, telephone (07) 5475 1570. **Please be aware that ignorance of the contents of this Code will not be accepted as an excuse for any breach.**

EXPECTATIONS OF STUDENT PARTICIPANTS

- Take responsibility for your own behaviour and performance.
- Compete by the competition conditions and rules.
- Never argue with the Judge's, Referee's or Umpire's decision.
- Control your temper – no criticism by word or gesture.
- Work equally hard for yourself and your team – your team's performance will benefit and so will your own.
- Be a good sport. Encourage and support your team members.
- Show respect for yourself, your team mates, officials, your opponents and their skills.
- Behave in a manner that respects the rights of others regardless of mediums of communication used.
eg. digital mediums such as twitter, facebook, email and texts.
- Smoking, drinking of alcoholic beverages or the use of any illegal substances is strictly forbidden.
- Entering or remaining upon restricted licensed premises, unless under the supervision of team officials or parents is strictly forbidden.
- Going to bed at a reasonable hour will assist your own and your team's performance.
- Wearing the official team uniform at all times, as directed by team management / officials.
- Check in and check out with team management / officials each day.
- Stay in the designated team area and support other team members during times when you are not competing.
- Follow all directions of team management / officials.
- Ensure that you have telephone numbers of team managers with you at all times that you are not with the team.

Consequences for breaches of this code by students

Team managers may deal immediately with any breaches of this code by imposing appropriate consequences, including not playing remaining fixtures, notification of parents, and being sent home at your parents' cost. Each regional school sport board is responsible for imposing any longer term consequences to your future participation in QSS events.

Students may be notified orally or in writing of a temporary ban from participating or attending QSS fixtures until formal processes are conducted by the regional school sport board to determine complaints under this Code. Students will be afforded natural justice in respect of breaches of this code and for any discipline under the EGPA.

Furthermore, QSS may provide a report to your school about your conduct and, as a school representative, you may be subject to discipline in accordance with the *Education (General Provisions) Act 2006* (EGPA).

Queensland School Sport - Sunshine Coast Region

CODE OF CONDUCT (Parents & Spectators)

EXPECTATIONS OF PARENTS AND SPECTATORS

Parents' Code of Conduct

- Cooperate with the school to achieve the best outcomes for your child.
- Support team and event officials in maintaining a safe and respectful learning environment for all students.
- Maintain positive relationships with team officials regarding your child's learning, wellbeing and behaviour.
- Encourage participation by your children.
- Provide a model of good sportsmanship for your child to copy.
- Be courteous and constructive in your communication with players, team officials, game officials and sport administrators.
- Encourage honest effort, skilled performance and team loyalty.
- Make any new parents feel welcome on all occasions.
- Do not interfere with the conduct of any events.
- Behave in a manner that respects the rights of others regardless of mediums of communication used. eg. digital mediums such as twitter, facebook, email and texts.
- Support Queensland School Sport's policy of a smoke and alcohol free environment.

Spectators' Code of Conduct

- Demonstrate appropriate social behaviour.
- Remember students play for enjoyment. Don't let your behaviour detract from their enjoyment.
- Let game officials conduct events without interference.
- Support skilled performances and team play with generous applause.
- Demonstrate respect for opposing players and their supporters.
- Behave in a manner that respects the rights of others regardless of mediums of communication used. eg. digital mediums such as twitter, facebook, email and texts.
- Support Queensland School Sport's policy of a smoke and alcohol free environment.

Consequences for breaches of this code by parents / spectators

Team managers and event organisers may deal immediately with any breaches of this code by warning offenders about their conduct, asking offenders to leave venues, and calling police to intervene where necessary. Each regional school sport board is responsible for imposing any longer term consequences such as written warnings, or barring attendance at future events for a period or indefinitely.

Parents and spectators may be notified orally or in writing of a temporary ban from attending QSS fixtures until formal processes are conducted by the regional school sport board to determine complaints under this Code. Parents and spectators will be afforded natural justice in respect of breaches of this code.

Parents and spectators should note that it is an offence to insult (meaning "to treat insolently or with contemptuous rudeness, to abuse") an officer of a state educational institution in the presence or hearing of students – s.333(2)(b) Wilful Disturbance, of the *Education (General Provisions) Act 2006* (EGPA). Breaches of this section of the EGPA may result in a complaint being made to police.