

SUNSHINE COAST 13-19 YEARS REGIONAL SWIMMING TRIAL

Sunshine Coast Grammar Aquatic Centre - Monday 10 March 2025



ORDER OF EVENTS 13-19 years

★ Please note times are a guide only. You are responsible for being at the venue and checked-in ready to swim at least one (1) hour prior to your first event time.

Time	Event No.	Division	Event	
12.30pm	Marshall for events 1 – 6			
12.45pm		13-19 Years Girls Multiclass	100m Freestyle	
		13-19 Years Boys Multiclass	100m Freestyle	
		13 Years Girls	100m Freestyle	
		13 Years Boys	100m Freestyle	
		14 Years Girls	100m Freestyle	
		14 Years Boys	100m Freestyle	
		15 Years Girls	100m Freestyle	
		15 Years Boys	100m Freestyle	
		16 Years Girls	100m Freestyle	
		16 Years Boys	100m Freestyle	
		17-19 years Girls	100m Freestyle	
		17-19 years Boys	100m Freestyle	
1.15pm		13-19 Years Girls Multiclass	50m Backstroke	
		13-19 Years Boys Multiclass	50m Backstroke	
		13 Years Girls	50m Backstroke	
		13 Years Boys	50m Backstroke	
		14 Years Girls	50m Backstroke	
		14 Years Boys	50m Backstroke	
		15 Years Girls	50m Backstroke	
		15 Years Boys	50m Backstroke	
		16 Years Girls	50m Backstroke	
		16 Years Boys	50m Backstroke	
		17-19 years Girls	50m Backstroke	
		17-19 years Boys	50m Backstroke	
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1.35pm		13-19 Years Boys & Girls Multiclass	100m Butterfly	
		13 Years Girls	100m Butterfly	
		13 Years Boys	100m Butterfly	
		14 Years Girls	100m Butterfly	
		14 Years Boys	100m Butterfly	
		15 Years Girls	100m Butterfly	
		15 Years Boys	100m Butterfly	
		16 Years Girls	100m Butterfly	
		16 Years Boys	100m Butterfly	
		17-19 years Girls	100m Butterfly	
		17-19 years Boys	100m Butterfly	

2.00pm	13-19 Years Girls Multiclass	50m Breaststroke
	13-19 Years Boys Multiclass	50m Breaststroke
	13 Years Girls	50m Breaststroke
	13 Years Boys	50m Breaststroke
	14 Years Girls	50m Breaststroke
	14 Years Boys	
	15 Years Girls	
	15 Years Boys	
	16 Years Girls	
	16 Years Boys	
	17-19 years Girls	
	17-19 years Boys	50m Breaststroke
2.30pm	13-19 Years Boys & Girls Multiclass	100m Backstroke
2.30μπ	13 Years Girls	100m Backstroke
	13 Years Boys	100m Backstroke
	14 Years Girls	100m Backstroke
		100m Backstroke
	14 Years Boys 15 Years Girls	100m Backstroke
	15 Years Boys	100m Backstroke
	16 Years Girls	100m Backstroke
	16 Years Boys	100m Backstroke
	17-19 years Girls	100m Backstroke
	17-19 years Boys	100m Backstroke
2.55pm	13-19 Years Girls Multiclass	50m Freestyle
	13-19 Years Boys Multiclass	50m Freestyle
	13 Years Girls	50m Freestyle
	13 Years Boys	50m Freestyle
	14 Years Girls	50m Freestyle
	14 Years Boys	50m Freestyle
	15 Years Girls	50m Freestyle
	15 Years Boys	50m Freestyle
	16 Years Girls	50m Freestyle
	16 Years Boys	50m Freestyle
	17-19 years Girls	50m Freestyle
	17-19 years Boys	50m Freestyle
3.25pm	13-19 Years Boys & Girls Multiclass	100m Breaststroke
ο.Δοριτι	13 Years Girls	100m Breaststroke
	13 Years Boys	100m Breaststroke
	14 Years Girls	100m Breaststroke
	14 Years Boys	100m Breaststroke
	15 Years Girls	100m Breaststroke
	15 Years Boys	100m Breaststroke
	16 Years Girls	100m Breaststroke
	16 Years Boys	100m Breaststroke
	·	100m Breaststroke
	17-19 years Girls	
	17-19 years Boys	100m Breaststroke

3.45pm	13-19 Years Girls Multiclass	50m Butterfly	
	13-19 Years Boys Multiclass	50m Butterfly	
	13 Years Girls	50m Butterfly	
	13 Years Boys	50m Butterfly	
	14 Years Girls	50m Butterfly	
	14 Years Boys	50m Butterfly	
	15 Years Girls	50m Butterfly	
	15 Years Boys	50m Butterfly	
	16 Years Girls	50m Butterfly	
	16 Years Boys	50m Butterfly	
	17-19 years Girls	50m Butterfly	
	17-19 years Boys	50m Butterfly	
4.00pm	FINISH		

ESSENTIAL INFORMATION

- ★ All events will be swum as timed finals only. Swimmers will be selected on times from their races only.
- ★ If there are insufficient numbers in multiclass events, the girls and boys events will be combined.
 If there are still insufficient numbers, then the event will be combined with 13-year-old able-bodied events.
- **★** The following events *WILL NOT* be conducted at the regional trial.
 - 200m Freestyle, 200m Breaststroke, 200m Backstroke, 200m Butterfly, 200m IM
 - 400m Freestyle, 400m IM
 - 800m Freestyle
 - 1500m Freestyle

Regional selection for these events is based on paper nominations using verified times submitted by districts.

- ★ Please note times are a guide only. You are responsible for being at the venue and checked-in ready to swim at least one (1) hour prior to your first event time.
- **★ NO NOMINATIONS OR SUBSTITUTIONS WILL BE ACCEPTED AT THE REGIONAL TRIAL**

Parent & Spectator Area	50m Pool	50m Pool	GRANDSTAND SEATING
			SOUTH DISTRICT 13-19 YRS
			NORTH DISTRICT 13-19 YRS
			COASTAL DISTRICT 13-19 YRS
		INDEPENDENT DISTRICT 13-19 YRS	