



SUNSHINE COAST 10-12 YEARS REGIONAL SWIMMING TRIAL
Sunshine Coast Grammar Aquatic Centre – Monday 10 March 2025



ORDER OF EVENTS 10-12 years

★ Please note times are a guide only. You are responsible for being at the venue and checked-in ready to swim at least one (1) hour prior to your first event time.

Time	Event No.	Division	Event
8.15am	Marshall for events 1 – 6		
8.30am		10-12 Years Girls Multiclass	100m Freestyle
		10-12 Years Boys Multiclass	100m Freestyle
		10 Years Girls	100m Freestyle
		10 Years Boys	100m Freestyle
		11 Years Girls	100m Freestyle
		11 Years Boys	100m Freestyle
		12 Years Girls	100m Freestyle
		12 Years Boys	100m Freestyle
8.55am		10-12 Years Girls Multiclass	50m Backstroke
		10-12 Years Boys Multiclass	50m Backstroke
		10 Years Girls	50m Backstroke
		10 Years Boys	50m Backstroke
		11 Years Girls	50m Backstroke
		11 Years Boys	50m Backstroke
		12 Years Girls	50m Backstroke
		12 Years Boys	50m Backstroke
9.20am		10-12 Years Boys & Girls Multiclass	100m Butterfly
		10 Years Girls	100m Butterfly
		10 Years Boys	100m Butterfly
		11 Years Girls	100m Butterfly
		11 Years Boys	100m Butterfly
		12 Years Girls	100m Butterfly
		12 Years Boys	100m Butterfly
9.45am		10-12 Years Girls Multiclass	50m Breaststroke
		10-12 Years Boys Multiclass	50m Breaststroke
		10 Years Girls	50m Breaststroke
		10 Years Boys	50m Breaststroke
		11 Years Girls	50m Breaststroke
		11 Years Boys	50m Breaststroke
		12 years Girls	50m Breaststroke
		12 Years Boys	50m Breaststroke

10.10am		10-12 Years Boys & Girls Multiclass	100m Backstroke
		10 Years Girls	100m Backstroke
		10 Years Boys	100m Backstroke
		11 Years Girls	100m Backstroke
		11 Years Boys	100m Backstroke
		12 Years Girls	100m Backstroke
		12 Years Boys	100m Backstroke
10.35am		10-12 Years Girls Multiclass	50m Freestyle
		10-12 Years Boys Multiclass	50m Freestyle
		10 Years Girls	50m Freestyle
		10 Years Boys	50m Freestyle
		11 Years Girls	50m Freestyle
		11 Years Boys	50m Freestyle
		12 Years Girls	50m Freestyle
		12 Years Boys	50m Freestyle
11.10am		10-12 Years Boys & Girls Multiclass	100m Breaststroke
		10 Years Girls	100m Breaststroke
		10 Years Boys	100m Breaststroke
		11 Years Girls	100m Breaststroke
		11 Years Boys	100m Breaststroke
		12 Years Girls	100m Breaststroke
		12 Years Boys	100m Breaststroke
11.35pm		10-12 Years Girls Multiclass	50m Butterfly
		10-12 Years Boys Multiclass	50m Butterfly
		10 Years Girls	50m Butterfly
		10 Years Boys	50m Butterfly
		11 Years Girls	50m Butterfly
		11 Years Boys	50m Butterfly
		12 Years Girls	50m Butterfly
		12 Years Boys	50m Butterfly
12.00pm		FINISH	

ESSENTIAL INFORMATION

★	All events will be swum as timed finals only. Swimmers will be selected on times from their races only.
★	If there are insufficient numbers in multiclass events, the girls and boys events will be combined. If there are still insufficient numbers, then the event will be combined with 10-year-old able-bodied events.
★	The following events <i>WILL NOT</i> be conducted at the regional trial. <ul style="list-style-type: none"> • 200m Freestyle, 200m Breaststroke, 200m Backstroke, 200m Butterfly, 200m IM • 400m Freestyle, 400m IM Regional selection for these events is based on paper nominations using verified times submitted by districts.
★	Please note times are a guide only. You are responsible for being at the venue and checked-in ready to swim at least one (1) hour prior to your first event time.
★	NO NOMINATIONS OR SUBSTITUTIONS WILL BE ACCEPTED AT THE REGIONAL TRIAL

Parent & Spectator Area

50m Pool

GRANDSTAND SEATING
CABOOLTURE DISTRICT 10-12 YRS
REDCLIFFE DISTRICT 10-12 YRS
NOOSA DISTRICT 10-12 YRS
NAMBOUR DISTRICT 10-12 YRS
COASTAL DISTRICT 10-12 YRS
GLASSHOUSE DISTRICT 10-12 YRS
INDEPENDENT DISTRICT 10-12 YRS