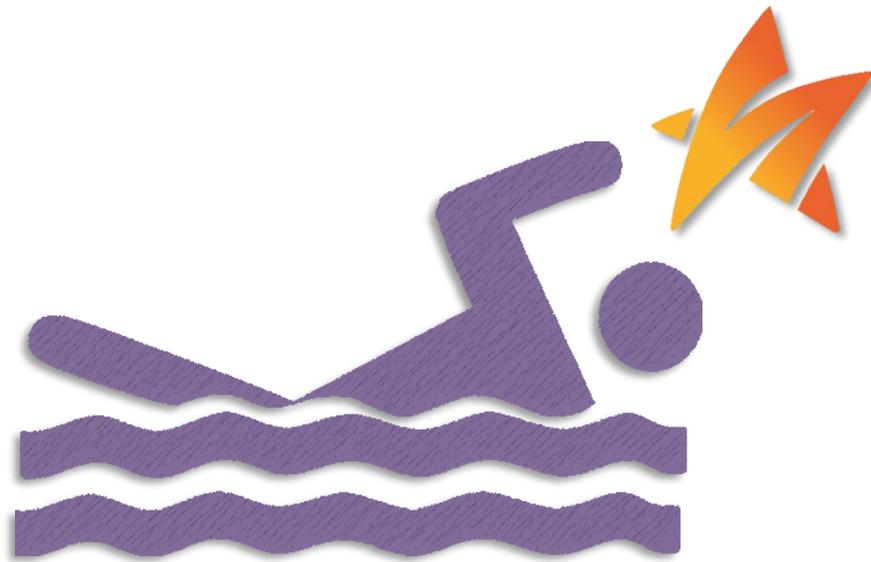


# **SUNSHINE COAST SCHOOL SPORT**

**10 – 19 Years**

**Swimming Trials**



## Program

Monday, 02 March 2026  
Sunshine Coast Grammar Aquatic Centre  
372 Mons Road, Forest Glen

*Updated 25-02-2026*

## **GENERAL INFORMATION**

Information relating to the Sunshine Coast School Sport regional swimming trials is outlined below.

### ***TRIAL FORMAT***

The regional swimming trials will be held in two sessions:

- Session 1: 10-12 years 8.15am – 12.00pm (1 event official/district required)
- Session 2: 13-19 years 12.30pm – 3.45pm (2 event officials/district required)

### ***SESSION 1: 10-12 YEARS***

- Warm-up available from 7.30am.
- Marshalling to commence at 8.15am.
- First event to commence at 8.30am.

### ***SESSION 2: 13-19 YEARS***

- Warm-up available from 12.00pm.
- Marshalling to commence at 12.30pm.
- First event to commence at 12.45pm.

### ***PERSONAL DEVICES***

- Mobile phones or other electronic devices are not permitted.
- Earbuds / EarPods / AirPods and headphones are not permitted.

### ***PARKING / DROP OFF ZONE***

- A drop off zone is located in front of the aquatic centre.
- Parking is available on the Training Oval (Field 3). Signage will be displayed.
- Enter either via Gardenia Place (off Parsons Road) or Mons Road. School staff will assist with parking. A map is included on the last page of this booklet.

### ***CHECK IN / TEAM AREAS***

- District team members must check-in with their district team manager/s upon arrival.
- Look for your district's flag/banner in the grandstand.
- Follow your district's process for returning your regional trial consent booklet prior to participating at the regional trial. **NO FORM = NO TRIAL**
- There is no admission fee for competitors, officials or spectators.

## **QRSS CONSENT FORM**

- This form provides consent for swimmers to have their name published on the regional school sport website, in district, regional or state championship programs, regional team photograph, event results, etc.
- If you have not completed a *QRSS consent form* and wish to give consent for your child's name to be published, please contact your district team manager.
- Athletes who have not provided consent for the publishing of their name will be identified on the regional school sport website and event results by their specific individual school code.

## **GRANDSTAND SEATING AREAS**

- District competitors must sit in their designated area in the grandstand, marked by each district flag.
- Each district is responsible for keeping their allocated area clean and tidy throughout the trial.
- A map showing the grandstand seating allocation is included in this booklet. District flags will be provided on the day to assist team members and officials.
- Carers of multi-class swimmers are able to sit with their child in the assigned district areas.

## **UNIFORM / SWIMSUIT RULES**

- District sport uniform is to be worn if possible. Otherwise, school sport uniform is also acceptable.
- All swimwear worn by competitors to be commercially available products.
- Men's swimwear is limited to a one (1) piece swimsuit that covers at most the body surface from hips to knee. Swimwear must not extend above the waist or below the knees.
- Women's swimwear is limited to a one (1) piece swimsuit that is of "open back" and "open shoulder" design that may extend down to the knee.
- Swimwear must not have a zipper or any type of fastening system.
- Suits must be of textile material and must not contain any non-textile material such as polyurethane or neoprene.

## **SPECTATORS**

- Apart from carers of multi-class swimmers, all spectators must stay in the designated spectator areas.
- Limited seating and shade is available. No BYO pop-up shade tents are permitted.

## **SWIM COACHES**

- As per QRSS guidelines, coaches are not permitted on pool deck during competition.

## **WARM UP**

- The 50m competition pool will be available for warm up prior to the start of competition of each session.

## ***EVENT STATUS***

- Our regional swimming trial is a recognised Swimming Queensland event.
- Queensland Swimming technical officials will conduct key official duties at our regional trial.
- Eligible competitor results from our regional swimming trial will be forwarded to Swimming Queensland for upload into the Results Central database.
- Swimmers wishing to have their results uploaded into the Results Central database must have completed the *QRSS Consent Form*. This form also gives permission for a swimmer's name to be published in the regional trial program, meet result reports and on our website.
- If a swimmer has not completed a *QRSS Consent Form* and handed it in, a swimmer code will be published in the regional trial program, meet result reports and on our website.
- Any swimmer with a swimmer code will not be eligible for their results to be forwarded to Swimming Queensland for upload into the Results Central database.

## ***MARSHALLING***

- Competitors must report to the marshalling area at least two events ahead of the event in progress.
- Competitors are not to leave the marshalling area once marshalled.
- Swimmers must be ready to marshal on time. Late swimmers to marshalling may not be able to swim their marshalled event.
- District team managers must inform marshals of event withdrawals as soon as possible on the day.

## ***CANTEEN***

- A canteen will be available for spectators and officials to purchase food and drinks. Swimmers are encouraged to bring their own snacks and lunch.

## ***TOILET FACILITIES***

- Toilet facilities for competitors are located beside the grandstand.
- Toilet facilities for officials and spectators are located in close proximity outside of the aquatic centre.

## ***SUN SAFETY AND HYDRATION***

- The venue offers minimal shade. Therefore, athletes and spectators must provide appropriate sun protection (hats, sunscreen) for themselves.
- It is essential that competitors hydrate regularly and remain well hydrated, even in cooler weather.
- Swimmers should bring a refillable water bottle to hydrate regularly throughout the regional trial.

## ***FIRST AID / LIFEGUARD***

- A qualified first aid medic will be located near the grandstand.
- A lifeguard will be located on pool deck.

## **PHOTOGRAPHY (For Personal / Family Use)**

- The taking of photographs (for personal / family use) is permitted at regional events and at Queensland School Sport events except where an event is held at a venue where venue management prohibits such photography.
- Where a venue prohibits photography, signage stating that photography is not permitted will be displayed at venue entry points.
- Social media - Only post pictures and or race results of your child. Please do not publish any photos or personal information of other students without consent.

## **COMPETITION CONDITIONS**

### **AGES**

Competitors must be the age stated for each event.

10 years	born 2016
11 years	born 2015
12 years	born 2014
13 years	born 2013
14 years	born 2012
15 years	born 2011
16 years	born 2010
17-19 years	born 2009 - 2007

### **COMPETITION PROCEDURES**

- The regional trials will be conducted under the current F.I.N.A. Swimming Rules and the current International Paralympic Committee (IPC) Rules except where otherwise stated. This includes the one start rule.
- The Dolphin wireless electronic timing system shall be used and Swimming Queensland officials will adjudicate the meet as Referee, Starter, Judge of Stroke and Timing Gear Operator.
- All queries, complaints or protests must be directed through the district team manager. Systems are in place at school and district levels to ensure
- nominations are correct prior to the regional trial.
- Meet organisers may make nomination adjustments in the case where a nomination error has been proved to be made at the district or regional level.
- Only competitors nominated by their district, or who nominated using the 12-19 years online nomination process, are eligible to compete in the regional trial, and no new nominations or substitutions will be considered on the day.

### **EVENTS**

- The regional swimming trials will be conducted as straight time trials for the purpose of selecting a regional team attend the Queensland Representative School Sport (QRSS) state swimming championship.
- All events conducted at the regional swimming trials will be timed finals.
- Any events swum in multi-age groupings will be judged and selected for each individual age group upon completion of each event.

- Any events swum in multi-age groupings will have seeded heats based on times, irrespective of age.
- Competitors must remain in lanes at the end of events until requested to leave the pool.
- The QRSS state championships will be held in Brisbane:
  - 10-12 years from 25 - 27 March 2026
  - 13-19 years from 22 - 24 March 2026

## **DISPUTES**

- The Referee and the Regional School Sport Officer have full control of the regional swimming trials.
- Protests must be submitted to the Referee in writing by the district team manager within 10 minutes following the publishing of results. Protests / concerns will only be accepted from district team managers.  
No discussion will be entered into with parents or coaches directly.
- However, if all conditions causing a potential protest are noted prior to the competition event, a protest must be lodged before the Starter's signal is given.
- The Referee's decision is final.

## **EVENTS NOT CONDUCTED AT THE REGIONAL TRIAL**

The following events will not be swum at the regional swimming trials:

- 200m Individual Medley
- 200m Freestyle, Breaststroke, Backstroke and Butterfly
- 400m Individual Medley (IM)
- 400m, 800m & 1500m Freestyle
- 10-12 years students in grades 4-6 were required to nominate for non-conducted events using a paper nomination process.
- 12-19 years students in grades 7-12 were required to complete the online nomination process for non-conducted events (and any events they wish to swim at the regional trial) by 11.00pm 16 February.
- **To nominate for an event not conducted at the regional trial, competitors must have swum a time at an approved / registered swimming event from 01 July 2025 to 16 February 2026 inclusive that is equal to, or faster than, the QRSS state qualifying standard.**
- All nominations for non-conducted events must be verified through the 'Swimming Australia – Results Central' database.
- ONLY LONG COURSE TIMES ARE ACCEPTED.

## **EXEMPTION APPLICATIONS**

- Swimmers who meet approved criteria can apply to be exempt from competing at the regional trial.
- To access the application form and more information please visit our regional [website](#).
- Requests for exemptions must be received at the regional sport office no later than 24 hours prior to the regional trial.
- If an exemption has been approved, these will be announced prior to the start of each event.

## REGIONAL TEAM SELECTION AND PAYMENT PROCESS

### ▪ Step 1 – Regional Selection

- After your event check the results posted on the 'Results wall'. Please note swimmers' names will only be published if the *QRSS Student Consent Form* has been returned by the due date. All other swimmers will be identified using their individual swimmer code.
- If a swimmer's name / code is highlighted on the result sheet, proceed to the selectors table.
- The selectors will confirm if a swimmer is eligible for selection in the regional team for their respective event/s and provide an initial regional invitation letter to eligible swimmers.
- Invited athletes will receive a regional team invitation letter.
  - You must register via the QR code on the invitation letter
  - You must download the *Team invitation and Regional team permission booklet* from our website.
- Invited multi-class athletes must be classified by a national disability sporting organisation, such as Sport Inclusion Australia or Swimming Australia.
- Invited multi-class athletes must be listed on the National Master list or provide a copy of their current classification card to the regional school sport office prior to attending the state championship.

### ▪ Step 2 – Regional Uniform

- Regional uniform items are available from School Locker - Maroochydore.
- Parents must order through the School Locker online shop or purchase in store.

### ▪ Step 3 – Payment

- Payment of the regional team levy must be made through our regional online shop.
- Payment must be made using a VISA or MASTERCARD credit/debit card.

#### **To access our regional online shop:**

- Click the 'Regional online shop' tab on our regional website home page <https://sunshinesport.eq.edu.au>
- Click  Pay now  
Levies and apparel
- Click 'State Championships' and follow the prompts  
Click 'Login' if an existing user OR click 'Register now' if a first time user  
When prompted, enter the sport code listed in the *Regional Team Invitation*.

## REGIONAL SELECTION CRITERIA FOR STATE CHAMPIONSHIP

### 10 - 12 YEARS SELECTION CRITERIA:

- A maximum of **two** automatic nominations in all 50m and 100m events.  
(swimmers selected under the 'automatic' rule should still have a high level of skill and speed close to the QRSS state qualifying time in Tier 2)
- A maximum of **five** swimmers in all 50m, 100m and 200m events who all meet the QRSS state qualifying time (Tier 2).
- A maximum of **two** swimmers in all 400m events who both meet the QRSS state qualifying time (Tier 2).
- Additional swimmers may be nominated in all events provided that all competitors have swum a time at the regional trial that is equal to, or faster than, the QRSS extra swimmer state qualifying time (Tier 3).
- If the event is not swum at the regional trial (ie. paper nomination is required), then the time must have been swum at an approved / registered swimming event **01 July 2025 to 16 February 2026** inclusive. Athletes must provide an official print out from the 'Swimming Australia – Results Central' database to verify their result / performance.
- All 200m events and longer will not be swum at the regional trial. Nominations for these events must meet the QRSS state qualifying times. ONLY LONG COURSE TIMES ARE ACCEPTED.

### 13 – 19 YEARS SELECTION CRITERIA:

- No swimmer is to be nominated in more than nine (9) individual events.
- **Four** automatic nominations in each 50m freestyle event.
- **One** nomination in each 800m and 1500m freestyle event.
- **Two** nominations in EACH INDIVIDUAL AGE GROUP for all other events.  
(swimmers selected under the 'automatic' rule should still have a high level of skill and speed close to the QRSS state qualifying standard)
- Additional swimmers may be nominated in all events provided that all competitors have swum a time at the regional trial that is equal to, or faster than, the QRSS extra state qualifying standard.
- If the event is not swum at the regional trial (ie. paper nomination is required), then the time must have been swum at an approved / registered swimming event **01 July 2025 to 16 February 2026** inclusive. Athletes must provide an official print out from the 'Swimming Australia – Results Central' database to verify their result / performance.
- All 200m events and longer will not be swum at the regional trial. Nominations for these events must meet the QRSS state qualifying times. ONLY LONG COURSE TIMES ARE ACCEPTED.

### MULTI-CLASS SELECTION CRITERIA:

Multi-class swimmers must be classified by a national disability sporting organisation, such as Sport Inclusion Australia or Swimming Australia.

- A maximum of **two** automatic nominations in all 50m and 100m events (**10-12 yrs**).
- **Four** automatic nominations in each age group for 50m freestyle events (**13-15 / 16-19 yrs**).
- **Two** automatic nominations in each age group for all other offered events (**13-15 / 16-19 yrs**).  
(swimmers selected under the 'automatic' rule should still have a high level of skill and speed close to the QRSS multi-class state qualifying time for their classification)
- All 200m multi-class events will not be swum at the regional trial. Nominations for these events must meet the QRSS state qualifying times. ONLY LONG COURSE TIMES ARE ACCEPTED.

# Sunshine Coast 10-12 Years Regional Swimming Trial

## ORDER OF EVENTS

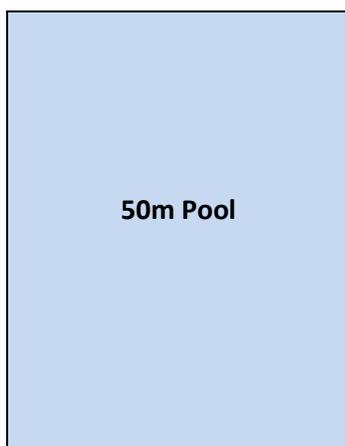
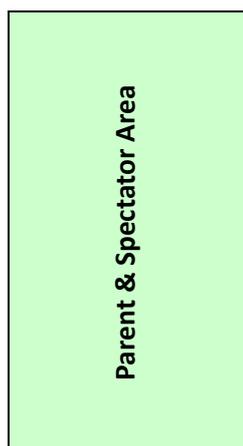
**Please note times are a guide only. It is the responsibility of each swimmer to be at the venue ready to swim at least one (1) hour prior to their listed event time.**

Time	Event No.	Division	Event
8.15am	Marshall for events 1 – 6		
8.30am	1	10-12 Years Girls Multiclass	100m Freestyle
	2	10-12 Years Boys Multiclass	100m Freestyle
	3	10 Years Girls	100m Freestyle
	4	10 Years Boys	100m Freestyle
	5	11 Years Girls	100m Freestyle
	6	11 Years Boys	100m Freestyle
	7	12 Years Girls	100m Freestyle
	8	12 Years Boys	100m Freestyle
8.55am	9	10-12 Years Girls Multiclass	50m Backstroke
	10	10-12 Years Boys Multiclass	50m Backstroke
	11	10 Years Girls	50m Backstroke
	12	10 Years Boys	50m Backstroke
	13	11 Years Girls	50m Backstroke
	14	11 Years Boys	50m Backstroke
	15	12 Years Girls	50m Backstroke
	16	12 Years Boys	50m Backstroke
9.20am	17	10-12 Years Boys & Girls Multiclass	100m Butterfly
	18	10 Years Girls	100m Butterfly
	19	10 Years Boys	100m Butterfly
	20	11 Years Girls	100m Butterfly
	21	11 Years Boys	100m Butterfly
	22	12 Years Girls	100m Butterfly
	23	12 Years Boys	100m Butterfly
9.45am	24	10-12 Years Girls Multiclass	50m Breaststroke
	25	10-12 Years Boys Multiclass	50m Breaststroke
	26	10 Years Girls	50m Breaststroke
	27	10 Years Boys	50m Breaststroke
	28	11 Years Girls	50m Breaststroke
	29	11 Years Boys	50m Breaststroke
	30	12 years Girls	50m Breaststroke
	31	12 Years Boys	50m Breaststroke
10.10am	32	10-12 Years Boys & Girls Multiclass	100m Backstroke
	33	10 Years Girls	100m Backstroke
	34	10 Years Boys	100m Backstroke
	35	11 Years Girls	100m Backstroke
	36	11 Years Boys	100m Backstroke
	37	12 Years Girls	100m Backstroke
	38	12 Years Boys	100m Backstroke

10.35am	39	10-12 Years Girls Multiclass	50m Freestyle
	40	10-12 Years Boys Multiclass	50m Freestyle
	41	10 Years Girls	50m Freestyle
	42	10 Years Boys	50m Freestyle
	43	11 Years Girls	50m Freestyle
	44	11 Years Boys	50m Freestyle
	45	12 Years Girls	50m Freestyle
	46	12 Years Boys	50m Freestyle
11.10am	47	10-12 Years Boys & Girls Multiclass	100m Breaststroke
	48	10 Years Girls	100m Breaststroke
	49	10 Years Boys	100m Breaststroke
	50	11 Years Girls	100m Breaststroke
	51	11 Years Boys	100m Breaststroke
	52	12 Years Girls	100m Breaststroke
	53	12 Years Boys	100m Breaststroke
11.35pm	54	10-12 Years Girls Multiclass	50m Butterfly
	55	10-12 Years Boys Multiclass	50m Butterfly
	56	10 Years Girls	50m Butterfly
	57	10 Years Boys	50m Butterfly
	58	11 Years Girls	50m Butterfly
	59	11 Years Boys	50m Butterfly
	60	12 Years Girls	50m Butterfly
	61	12 Years Boys	50m Butterfly
12.00pm		<b>FINISH</b>	

#### ESSENTIAL INFORMATION

“	All events will be swum as timed finals only. Swimmers will be selected on times from their races only.
“	If there are insufficient numbers in multi-class events, the girls and boys events will be combined. If there are still insufficient numbers, then the event will be combined with 10-year-old able-bodied events.
“	<b>The following events <i>WILL NOT</i> be conducted at the regional trial.</b> <ul style="list-style-type: none"> <li>200m Freestyle, 200m Breaststroke, 200m Backstroke, 200m Butterfly, 200m IM</li> <li>400m Freestyle, 400m IM</li> </ul> Regional selection for these events is from paper nominations using verified times submitted by districts.
“	Please note times are a guide only. It is the responsibility of each swimmer to be at the venue ready to swim at least one (1) hour prior to their listed event time.
“	<b>NO NOMINATIONS OR SUBSTITUTIONS WILL BE ACCEPTED AT THE REGIONAL TRIAL</b>



GRANDSTAND SEATING
CABOOLTURE DISTRICT 10-12 YRS
REDCLIFFE DISTRICT 10-12 YRS
NOOSA DISTRICT 10-12 YRS
NAMBOUR DISTRICT 10-12 YRS
COASTAL DISTRICT 10-12 YRS
GLASSHOUSE DISTRICT 10-12 YRS
INDEPENDENT DISTRICT 10-12 YRS

# Sunshine Coast 13-19 Years Regional Swimming Trial

## ORDER OF EVENTS

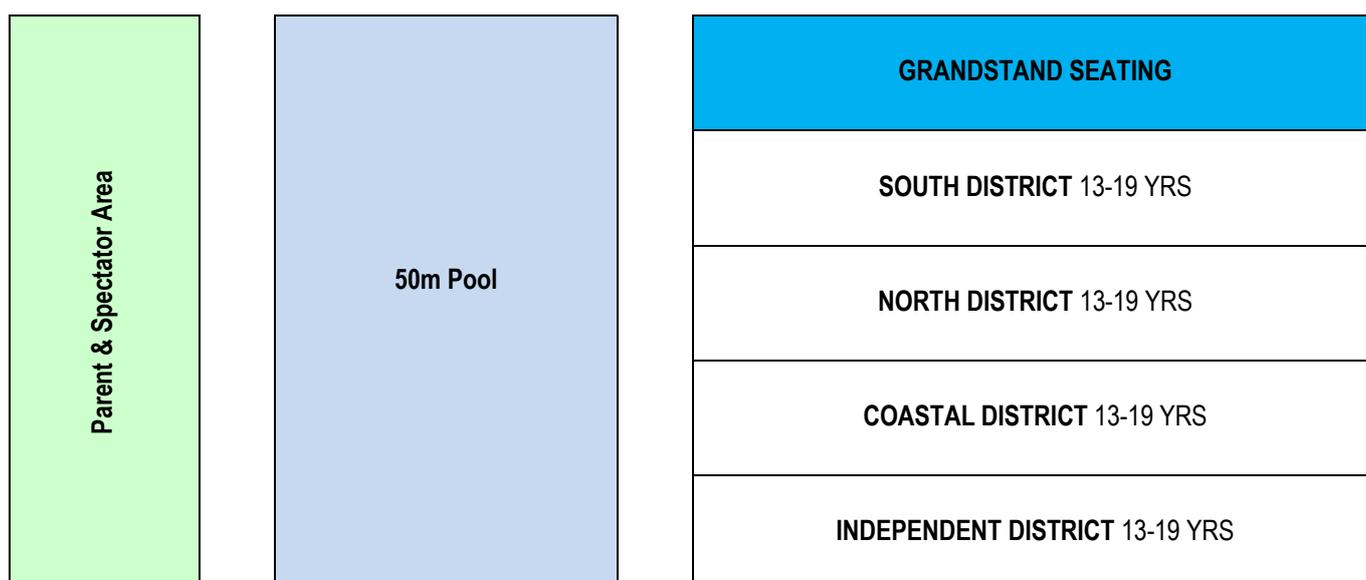
**Please note times are a guide only.** It is the responsibility of each swimmer to be at the venue ready to swim at least one (1) hour prior to their listed event time.

Time	Event No.	Division	Event
12.30pm	Marshall for events 1 – 6		
12.45pm	1	13-19 Years Girls Multiclass	100m Freestyle
	2	13-19 Years Boys Multiclass	100m Freestyle
	3	13 Years Girls	100m Freestyle
	4	13 Years Boys	100m Freestyle
	5	14 Years Girls	100m Freestyle
	6	14 Years Boys	100m Freestyle
	7	15 Years Girls	100m Freestyle
	8	15 Years Boys	100m Freestyle
	9	16 Years Girls	100m Freestyle
	10	16 Years Boys	100m Freestyle
	11	17-19 years Girls	100m Freestyle
	12	17-19 years Boys	100m Freestyle
1.15pm	13	13-19 Years Girls Multiclass	50m Backstroke
	14	13-19 Years Boys Multiclass	50m Backstroke
	15	13 Years Girls	50m Backstroke
	16	13 Years Boys	50m Backstroke
	17	14 Years Girls	50m Backstroke
	18	14 Years Boys	50m Backstroke
	19	15 Years Girls	50m Backstroke
	20	15 Years Boys	50m Backstroke
	21	16 Years Girls	50m Backstroke
	22	16 Years Boys	50m Backstroke
	23	17-19 years Girls	50m Backstroke
	24	17-19 years Boys	50m Backstroke
1.35pm	25	13-19 Years Boys & Girls Multiclass	100m Butterfly
	26	13 Years Girls	100m Butterfly
	27	13 Years Boys	100m Butterfly
	28	14 Years Girls	100m Butterfly
	29	14 Years Boys	100m Butterfly
	30	15 Years Girls	100m Butterfly
	31	15 Years Boys	100m Butterfly
	32	16 Years Girls	100m Butterfly
	33	16 Years Boys	100m Butterfly
	34	17-19 years Girls	100m Butterfly
	35	17-19 years Boys	100m Butterfly

2.00pm	36	13-19 Years Girls Multiclass	50m Breaststroke
	37	13-19 Years Boys Multiclass	50m Breaststroke
	38	13 Years Girls	50m Breaststroke
	39	13 Years Boys	50m Breaststroke
	40	14 Years Girls	50m Breaststroke
	41	14 Years Boys	50m Breaststroke
	42	15 Years Girls	50m Breaststroke
	43	15 Years Boys	50m Breaststroke
	44	16 Years Girls	50m Breaststroke
	45	16 Years Boys	50m Breaststroke
	46	17-19 years Girls	50m Breaststroke
	47	17-19 years Boys	50m Breaststroke
2.20pm	48	13-19 Years Boys & Girls Multiclass	100m Backstroke
	49	13 Years Girls	100m Backstroke
	50	13 Years Boys	100m Backstroke
	51	14 Years Girls	100m Backstroke
	52	14 Years Boys	100m Backstroke
	53	15 Years Girls	100m Backstroke
	54	15 Years Boys	100m Backstroke
	55	16 Years Girls	100m Backstroke
	56	16 Years Boys	100m Backstroke
	57	17-19 years Girls	100m Backstroke
	58	17-19 years Boys	100m Backstroke
2.45pm	59	13-19 Years Girls Multiclass	50m Freestyle
	60	13-19 Years Boys Multiclass	50m Freestyle
	61	13 Years Girls	50m Freestyle
	62	13 Years Boys	50m Freestyle
	63	14 Years Girls	50m Freestyle
	64	14 Years Boys	50m Freestyle
	65	15 Years Girls	50m Freestyle
	66	15 Years Boys	50m Freestyle
	67	16 Years Girls	50m Freestyle
	68	16 Years Boys	50m Freestyle
	69	17-19 years Girls	50m Freestyle
	70	17-19 years Boys	50m Freestyle
3.05pm	71	13-19 Years Boys & Girls Multiclass	100m Breaststroke
	72	13 Years Girls	100m Breaststroke
	73	13 Years Boys	100m Breaststroke
	74	14 Years Girls	100m Breaststroke
	75	14 Years Boys	100m Breaststroke
	76	15 Years Girls	100m Breaststroke
	77	15 Years Boys	100m Breaststroke
	78	16 Years Girls	100m Breaststroke
	79	16 Years Boys	100m Breaststroke
	80	17-19 years Girls	100m Breaststroke
	81	17-19 years Boys	100m Breaststroke

3.25pm	82	13-19 Years Girls Multiclass	50m Butterfly
	83	13-19 Years Boys Multiclass	50m Butterfly
	84	13 Years Girls	50m Butterfly
	85	13 Years Boys	50m Butterfly
	86	14 Years Girls	50m Butterfly
	87	14 Years Boys	50m Butterfly
	88	15 Years Girls	50m Butterfly
	89	15 Years Boys	50m Butterfly
	90	16 Years Girls	50m Butterfly
	91	16 Years Boys	50m Butterfly
	92	17-19 years Girls	50m Butterfly
	93	17-19 years Boys	50m Butterfly
3.45pm		<b>FINISH</b>	

ESSENTIAL INFORMATION	
«	All events will be swum as timed finals only. Swimmers will be selected on times from their races only.
«	If there are insufficient numbers in multi-class events, the girls and boys events will be combined. If there are still insufficient numbers, then the event will be combined with 13-year-old able-bodied events.
«	<p><b>The following events <i>WILL NOT</i> be conducted at the regional trial.</b></p> <ul style="list-style-type: none"> <li>• 200m Freestyle, 200m Breaststroke, 200m Backstroke, 200m Butterfly, 200m IM</li> <li>• 400m Freestyle, 400m IM</li> <li>• 800m Freestyle</li> <li>• 1500m Freestyle</li> </ul> <p>Regional selection for these events is from online nominations using Results Central verified times.</p>
«	Please note times are a guide only. It is the responsibility of each swimmer to be at the venue ready to swim at least one (1) hour prior to their listed event time.
«	<b>NO NOMINATIONS OR SUBSTITUTIONS WILL BE ACCEPTED AT THE REGIONAL TRIAL</b>

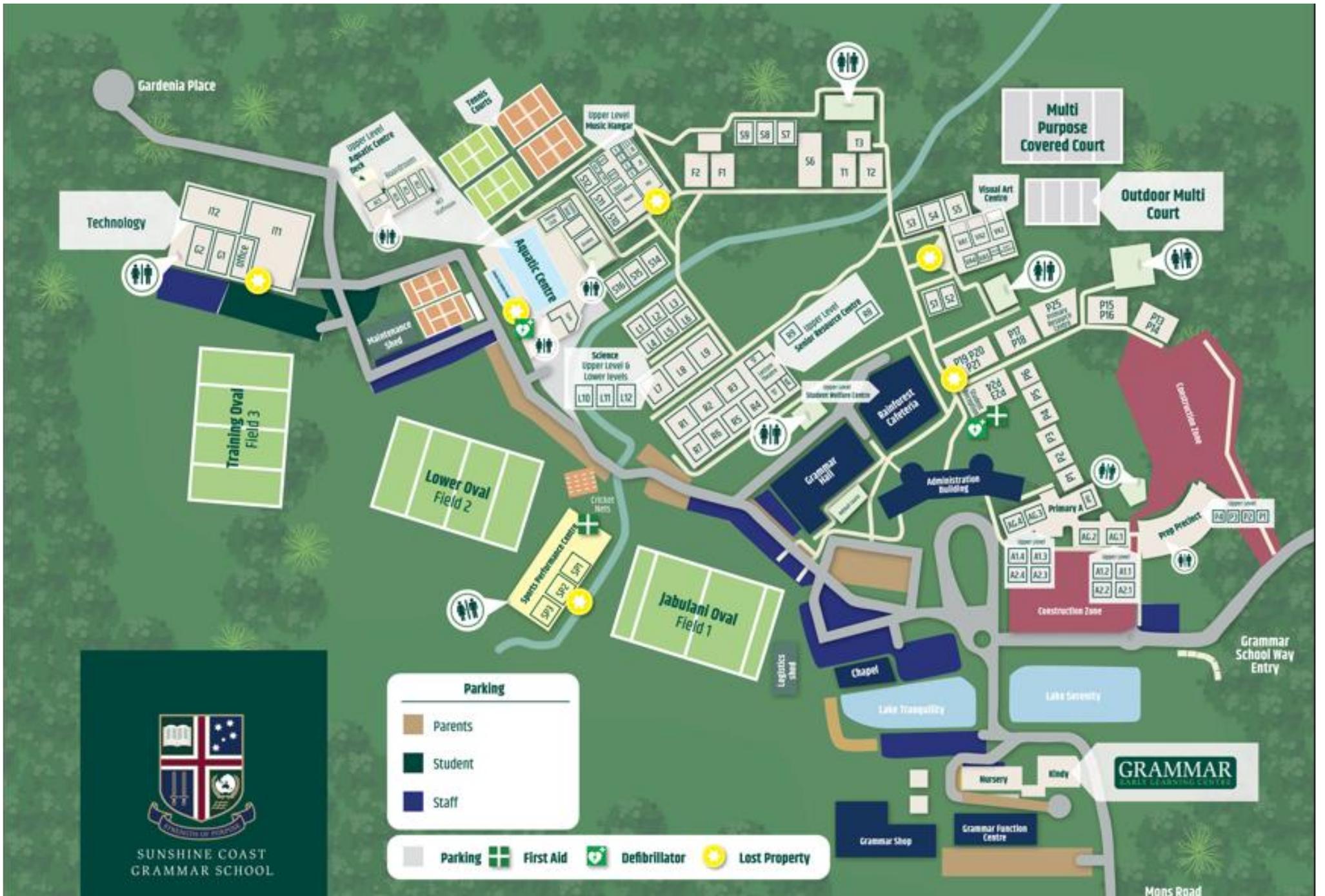


## SUNSHINE COAST REGION SWIMMING RECORDS

EVENT	DATE	TIME	EVENT	DATE	TIME
<b>FREESTYLE</b>			Boys 13 200 Free	2016	2:09.61
Girls 10 50 Free	<b>2024</b>	<b>31.93</b>	Boys 14 200 Free	2011	2:06.75
Girls 11 50 Free	<b>2024</b>	<b>30.36</b>	Boys 15 200 Free	2012	2:02.87
Girls 12 50 Free	1995	29.17	Boys 16 200 Free	2016	2:01.37
Girls 13 50 Free	2016	28.40	Boys 17-19 200 Free	2015	2:00.38
Girls 14 50 Free	<b>2024</b>	<b>27.64</b>	<b>BACKSTROKE</b>		
Girls 15 50 Free	2015	27.07	Girls 10 50 Back	<b>2024</b>	<b>38.03</b>
Girls 16 50 Free	<b>2024</b>	<b>27.24</b>	Girls 11 50 Back	1993	35.91
Girls 17-19 50 Free	2013	26.29	Girls 12 50 Back	2017	33.93
Boys 10 50 Free	2003	32.26	Girls 13 50 Back	2014	31.19
Boys 11 50 Free	2020	30.61	Girls 14 50 Back	2015	29.83
Boys 12 50 Free	2001	28.86	Girls 15 50 Back	2016	28.97
Boys 13 50 Free	2021	26.71	Girls 16 50 Back	2018	31.00
Boys 14 50 Free	2021	26.30	Girls 17-19 50 Back	<b>2024</b>	<b>30.07</b>
Boys 15 50 Free	2023	25.36	Boys 10 50 Back	2019	38.92
Boys 16 50 Free	2021	24.75	Boys 11 50 Back	2004	33.66
Boys 17-19 50 Free	2016	24.46	Boys 12 50 Back	2021	32.32
Girls 10 100 Free	2012	1:12.92	Boys 13 50 Back	2020	32.36
Girls 11 100 Free	2014	1:06.58	Boys 14 50 Back	2018	30.49
Girls 12 100 Free	2023	1:03.71	Boys 15 50 Back	2019	28.96
Girls 13 100 Free	2016	1:00.08	Boys 16 50 Back	2020	28.67
Girls 14 100 Free	<b>2024</b>	<b>59.90</b>	Boys 17-19 50 Back	2020	28.32
Girls 15 100 Free	2015	58.69	Girls 10 100 Back	2021	1:26.92
Girls 16 100 Free	2016	58.96	Girls 11 100 Back	2014	1:16.36
Girls 17-19 100 Free	2020	58.89	Girls 12 100 Back	2013	1:13.64
Boys 10 100 Free	2014	1:11.12	Girls 13 100 Back	2014	1:06.75
Boys 11 100 Free	2014	1:07.21	Girls 14 100 Back	2015	1:02.94
Boys 12 100 Free	2020	1:03.47	Girls 15 100 Back	2016	1:02.73
Boys 13 100 Free	2021	57.89	Girls 16 100 Back	2013	1:08.85
Boys 14 100 Free	2017	57.08	Girls 17-19 100 Back	2023	1:05.39
Boys 15 100 Free	2023	54.46	Boys 10 100 Back	2014	1:22.40
Boys 16 100 Free	2016	54.72	Boys 11 100 Back	2019	1:18.89
Boys 17-19 100 Free	2021	54.00	Boys 12 100 Back	2021	1:14.40
Girls 10-12 200 Free	2014	2:21.77	Boys 13 100 Back	2017	1:09.69
Girls 13 200 Free	2016	2:11.27	Boys 14 100 Back	2018	1:06.48
Girls 14 200 Free	2012	2:09.47	Boys 15 100 Back	2019	1:05.93
Girls 15 200 Free	2015	2:06.93	Boys 16 100 Back	2020	1:03.01
Girls 16 200 Free	2020	2:08.25	Boys 17-19 100 Back	2017	1:00.96
Girls 17-19 200 Free	2019	2:04.92	Girls 10-12 200 Back	2015	2:38.10
Boys 10-12 200 Free	2020	2:17.77	Girls 13 200 Back	2014	2:22.25

EVENT	DATE	TIME	EVENT	DATE	TIME
Girls 14 200 Back	2015	2:17.11	Boys 15 100 Breast	2021	1:10.19
Girls 15 200 Back	2016	2:12.97	Boys 16 100 Breast	2013	1:11.39
Girls 16 200 Back	2013	2:24.26	Boys 17-19 100 Breast	<b>2024</b>	<b>1:08.86</b>
Girls 17-19 200 Back	2016	2:25.17	Girls 10-12 200 Breast	2020	3:06.48
Boys 10-12 200 Back	2017	2:50.90	Girls 13 200 Breast	2016	2:51.27
Boys 13 200 Back	2017	2:32.49	Girls 14 200 Breast	2017	2:47.65
Boys 14 200 Back	2011	2:26.15	Girls 15 200 Breast	2018	2:40.49
Boys 15 200 Back	2015	2:22.92	Girls 16 200 Breast	2011	2:40.32
Boys 16 200 Back	2010	2:12.50	Girls 17-19 200 Breast	2020	2:42.34
Boys 17-19 200 Back	2021	2:01.97	Boys 10-12 200 Breast	2020	3:32.92
<b>BREASTSTROKE</b>			Boys 13 200 Breast	2020	2:39.98
Girls 10 50 Breast	2003	42.75	Boys 14 200 Breast	2017	1:52.36
Girls 11 50 Breast	2003	38.61	Boys 15 200 Breast	2023	2:34.10
Girls 12 50 Breast	2005	37.56	Boys 16 200 Breast	2010	2:27.31
Girls 13 50 Breast	<b>2024</b>	<b>35.53</b>	Boys 17-19 200 Breast	2018	2:28.78
Girls 14 50 Breast	<b>2024</b>	<b>34.58</b>	<b>BUTTERFLY</b>		
Girls 15 50 Breast	<b>2024</b>	<b>32.70</b>	Girls 10 50 Fly	<b>2024</b>	<b>34.83</b>
Girls 16 50 Breast	2016	34.01	Girls 11 50 Fly	2023	33.31
Girls 17-19 50 Breast	2012	33.72	Girls 12 50 Fly	2015	31.50
Boys 10 50 Breast	1994	44.08	Girls 13 50 Fly	2016	29.67
Boys 11 50 Breast	2017	39.50	Girls 14 50 Fly	2020	30.26
Boys 12 50 Breast	2018	37.16	Girls 15 50 Fly	2021	29.74
Boys 13 50 Breast	2021	33.87	Girls 16 50 Fly	2016	28.35
Boys 14 50 Breast	2020	32.09	Girls 17-19 50 Fly	2023	27.29
Boys 15 50 Breast	2023	31.59	Boys 10 50 Fly	2014	34.10
Boys 16 50 Breast	2023	32.20	Boys 11 50 Fly	2004	33.10
Boys 17-19 50 Breast	2023	31.00	Boys 12 50 Fly	2005	31.62
Girls 10 100 Breast	2019	1:39.10	Boys 13 50 Fly	2021	29.80
Girls 11 100 Breast	2013	1:28.40	Boys 14 50 Fly	2014	29.52
Girls 12 100 Breast	2023	1:21.72	Boys 15 50 Fly	2023	27.29
Girls 13 100 Breast	2014	1:19.18	Boys 16 50 Fly	2016	26.16
Girls 14 100 Breast	<b>2024</b>	<b>1:15.93</b>	Boys 17-19 50 Fly	2016 <b>2024</b>	<b>26.49</b>
Girls 15 100 Breast	<b>2024</b>	<b>1:11.56</b>	Girls 10 100 Fly	2012	1:24.01
Girls 16 100 Breast	2011	1:14.96	Girls 11 100 Fly	2014	1:15.82
Girls 17-19 100 Breast	2015	1:14.50	Girls 12 100 Fly	<b>2024</b>	<b>1:12.44</b>
Boys 10 100 Breast	2016	1:37.34	Girls 13 100 Fly	2016	1:08.34
Boys 11 100 Breast	2017	1:27.93	Girls 14 100 Fly	2012	1:07.37
Boys 12 100 Breast	2018	1:22.02	Girls 15 100 Fly	<b>2024</b>	<b>1:06.29</b>
Boys 13 100 Breast	2021	1:16.59	Girls 16 100 Fly	2016	1:03.27
Boys 14 100 Breast	2020	1:11.92	Girls 17-19 100 Fly	2015	1:04.03

EVENT	DATE	TIME	EVENT	DATE	TIME
Boys 10 100 Fly	2014	1:15.83	<b>MEDLEY</b>		
Boys 11 100 Fly	2016	1:14.24	Girls 10 200 IM	2012	2:56.08
Boys 12 100 Fly	2020	1:11.67	Girls 11 200 IM	2014	2:43.87
Boys 13 100 Fly	2018	1:03.78	Girls 12 200 IM	2010	2:36.26
Boys 14 100 Fly	2014	1:05.55	Girls 13 200 IM	2014	2:28.64
Boys 15 100 Fly	2015	1:00.74	Girls 14 200 IM	2015	2:24.34
Boys 16 100 Fly	2016	1:00.35	Girls 15 200 IM	2018	2:25.86
Boys 17-19 100 Fly	<b>2024</b>	<b>59.58</b>	Girls 16 200 IM	2014	2:23.16
Girls 10-12 200 Fly	2015	2:51.39	Girls 17-19 200 IM	2016	2:24.66
Girls 13 200 Fly	2011	2:28.94	Boys 10 200 IM	2013	2:51.95
Girls 14 200 Fly	2012	2:23.83	Boys 11 200 IM	2014	2:39.01
Girls 15 200 Fly	2010	2:19.87	Boys 12 200 IM	2015	2:32.64
Girls 16 200 Fly	2014	2:23.94	Boys 13 200 IM	2016	2:28.68
Girls 17-19 200 Fly	2015	2:15.20	Boys 14 200 IM	2020	2:25.31
Boys 10-12 200 Fly	2015	2:40.01	Boys 15 200 IM	2023	2:13.91
Boys 13 200 Fly	2016	2:26.29	Boys 16 200 IM	2016	2:19.93
Boys 14 200 Fly	2017	2:20.64	Boys 17-19 200 IM	2018	2:17.96
Boys 15 200 Fly	2015	2:11.36			
Boys 16 200 Fly	2016	2:09.69			
Boys 17-19 200 Fly	2017	2:09.55			



**Parking**

- Parents
- Student
- Staff

Parking
  First Aid
  Defibrillator
  Lost Property