

# REGIONAL SELECTION CRITERIA FOR STATE CHAMPIONSHIP

## 10-12 YEARS SELECTION CRITERIA:

- A maximum of two automatic nominations in all 50m, 100m and 200m events  
(swimmers selected under this rule should still have a high level of skill and speed close to the QRSS state qualifying time (Tier 2))
- A maximum of five (5) swimmers in all 50m, 100m and 200m events who all meet the QRSS state qualifying time (Tier 2).
- A maximum of two swimmers in all 400m events who both meet the QRSS state qualifying time (Tier 2).

- Additional swimmers may be nominated in all events provided that all competitors have swum a time at the regional trial that is equal to, or faster than, the QRSS extra swimmer state qualifying time (Tier 3).
- If the event is not swum at the regional trial (ie. paper nomination is required), then the time must have been swum at an approved / registered swimming event 01 July 2025 to 16 February 2026 inclusive. Athletes must provide an official print out from the 'Swimming Australia – Results Central' database to verify their result / performance. ONLY LONG COURSE TIMES WILL BE ACCEPTED.
- All 200m events, 400m IM and 400m Freestyle events will not be swum at the Regional Trial.

## 13-19 YEARS SELECTION CRITERIA:

- No swimmer is to be nominated in more than nine (9) individual events.
- Four (4) automatic nominations in each 50m freestyle event.
- One (1) automatic nomination in each 800m and 1500m freestyle event.
- Two (2) automatic nominations in EACH INDIVIDUAL AGE GROUP for all other events.

- Additional swimmers may be nominated in all events provided that all competitors have swum a time at the regional trial that is equal to, or faster than, the QRSS extra state qualifying standard.
- If the event is not swum at the regional trial (ie. paper nomination is required), then the time must have been swum at an approved / registered swimming event 01 July 2025 to 16 February 2026 inclusive. Athletes must provide an official print out from the 'Swimming Australia – Results Central' database to verify their result / performance. ONLY LONG COURSE TIMES WILL BE ACCEPTED.
- All 200m events, 400m events and longer will not be swum at the regional trial.

## MULTI-CLASS SELECTION CRITERIA:

Multi-class competitors must hold a current registration with a State Disability Sporting Organisation, eg. Sport Inclusion Australia, Swimming Australia.

- A maximum of two automatic nominations in all 50m, 100m and 200m events.  
(swimmers selected under this rule should still have a high level of skill and speed close to the QRSS multi-class qualifying time for their classification)

Additional swimmers may be nominated in all events provided that all competitors have swum a time at the regional trial that is equal to, or faster than, the QRSS multi-class state qualifying time for their classification.