

2026 SUN 13-19 Regional Swimming Trials - cop - 2/03/2026

Psych Sheet - Unconducted Events

Event 200 Girls 13-19 200 LC Meter IM Not Conducted

SQ - 2:41.30 (13) / 2:39.00 (14)

SQ - 2:36.00 (15) / 2:35.00 (16)

SQ - 2:35.00 (17-19)

13 SUN Rec: 2:28.64 6/03/2014

14 SUN Rec: 2:24.34 5/03/2015

15 SUN Rec: 2:25.86 28/02/2018

16 SUN Rec: 2:23.16 6/03/2014

17-19 SUN Re: 2:24.66 3/03/2016

	Name	Age	School	Seed Time
1	Lawson, Alyssa	16	Independent S	2:22.93
2	Smith, Rylee	18	Independent S	2:26.96
3	Simmons, Ruby	18	Coastal S	2:32.35
4	Crean, Chelsea	15	Independent S	2:32.90
5	Davis, Larni	14	South	2:38.89
6	McWaters, Laurel	13	Independent S	2:39.42
7	Pocock, Nellie	13	Independent S	2:40.99

Event 201 Boys 13-19 200 LC Meter IM Not Conducted

SQ - 2:40.00 (13) / 2:33.80 (14)

SQ - 2:29.30 (15) / 2:26.40 (16)

SQ - 2:25.00 (17-19)

13 SUN Rec: 2:28.68 3/03/2016

14 SUN Rec: 2:25.31 4/03/2020

15 SUN Rec: 2:13.91 9/03/2023

16 SUN Rec: 2:19.93 3/03/2016

17-19 SUN Re: 2:17.96 28/02/2018

	Name	Age	School	Seed Time
1	Jackson, Hamish	16	North	2:11.63
2	Maher, Joshua	17	Coastal S	2:16.60
3	Balderson, Archie	16	Independent S	2:17.79
4	Widmer, Eli	16	Independent S	2:20.26
5	Smyth, Archie	14	Independent S	2:21.61
6	Summers, Kane	17	Independent S	2:22.47
7	Knott, Archer	15	Coastal S	2:22.75

Event 202 Girls 13-19 200 LC Meter Freestyle Not Conducted

SQ - 2:21.00 (13) / 2:18.00 (14)

SQ - 2:17.00 (15) / 2:16.20 (16)

SQ - 2:15.00 (17-19)

13 SUN Rec: 2:11.27 3/03/2016

14 SUN Rec: 2:09.47 1/03/2012

15 SUN Rec: 2:06.93 5/03/2015

16 SUN Rec: 2:08.25 4/03/2020

17-19 SUN Re: 2:04.92 2019

	Name	Age	School	Seed Time
1	Lawson, Alyssa	16	Independent S	2:04.66
2	Goldston, Freya	18	Independent S	2:07.16
3	Shaw, Alia	18	South	2:10.48
4	Daniel, Dakota	15	Independent S	2:10.96
5	Smith, Rylee	18	Independent S	2:11.29
6	McNaught, Abigail	16	Independent S	2:11.36
7	Kieza, Indigo	17	Coastal S	2:13.83
8	Holder, Amelia	15	Independent S	2:15.10
9	Roberts-Potter, Ruby	15	Coastal S	2:15.53
10	O'Keefe, Lucia	13	Independent S	2:17.39
11	Pocock, Nellie	13	Independent S	2:18.90
12	McClellan, Sophie	13	Independent S	2:19.52

Event 203 Boys 13-19 200 LC Meter Freestyle Not Conducted

SQ - 2:20.00 (13) / 2:12.60 (14)

SQ - 2:07.70 (15) / 2:06.40 (16)

SQ - 2:06.00 (17-19)

13 SUN Rec: 2:09.61 3/03/2016

14 SUN Rec: 2:06.75 10/03/2011

15 SUN Rec: 2:02.87 1/03/2012

16 SUN Rec: 2:01.37 3/03/2016

17-19 SUN Re: 2:00.38 5/03/2015

	Name	Age	School	Seed Time
1	Maher, Joshua	17	Coastal S	1:55.47
2	Kay, Cooper	15	Coastal S	1:59.21
3	Kopff, Mason	15	Independent S	2:00.16
4	Balderson, Archie	16	Independent S	2:00.66
5	Mandryk, Joshua	17	South	2:01.00
6	Fruscalzo, Adam	14	Independent S	2:06.22
7	Park, Andrew	13	South	2:15.86

Event 204 Girls 13-19 200 LC Meter Breaststroke Not Conducted

SQ - 3:30.00 (10-12) / 3:05.90 (13)

SQ - 3:04.40 (14) / 3:02.00 (15)

SQ - 2:58.00 (16) / 2:58.00 (17-19)

13 SUN Rec: 2:51.27 3/03/2016

14 SUN Rec: 2:47.65 2/03/2017

15 SUN Rec: 2:40.49 28/02/2018

16 SUN Rec: 2:40.32 10/03/2011

17-19 SUN Re: 2:42.34 4/03/2020

	Name	Age	School	Seed Time
1	Simmons, Ruby	18	Coastal S	2:47.74
2	Gannon, Maleia	13	Independent S	2:49.20
3	McNaught, Grace	13	Independent S	2:49.97
4	Ma'afu, Asenaca	15	South	2:53.37
5	Dangerfield, Scarlett	14	Coastal S	2:55.62
6	Geitz, Grace	16	South	2:56.85
7	Cartwright, Addison	14	Independent S	2:57.71
8	Maher, Chloe	15	Coastal S	3:00.13
9	Nielsen, Daya	13	North	3:04.17

Event 205 Boys 13-19 200 LC Meter Breaststroke Not Conducted

SQ - 3:30.00 (10-12) / 3:05.00 (13)

SQ - 3:00.00 (14) / 2:54.00 (15)

SQ - 2:53.00 (16) / 2:50.00 (17-19)

13 SUN Rec: 2:39.98 4/03/2020

14 SUN Rec: 1:52.36 2/03/2017

15 SUN Rec: 2:34.10 9/03/2023

16 SUN Rec: 2:27.31 5/03/2010

17-19 SUN Re: 2:38.26 2/03/2017

	Name	Age	School	Seed Time
1	Summers, Kane	17	Independent S	2:24.48
2	Ellison, Noah	15	Independent S	2:33.97
3	Balderson, Archie	16	Independent S	2:38.20
4	Barr, Cooper	16	Independent S	2:39.49
5	Summers, Chase	14	Independent S	2:54.44
6	Sarsfield, Cooper	14	Independent S	2:55.45
7	Brady, Owen	14	North	2:55.45
8	Low, Henry	13	South	2:56.43

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Psych Sheet - Unconducted Events

Event 206 Girls 13-19 200 LC Meter Backstroke Not Conducted

SQ - 2:55.00 (10-12) / 2:42.70 (13)

SQ - 2:37.70 (14) / 2:36.00 (15)

SQ - 2:35.40 (16) / 2:35.40 (17-19)

13 SUN Rec: 2:22.25 6/03/2014

14 SUN Rec: 2:17.11 5/03/2015

15 SUN Rec: 2:12.97 3/03/2016

16 SUN Rec: 2:24.26 28/02/2013

17-19 SUN Re: 2:25.17 3/03/2016

	Name	Age	School	Seed Time
1	Davis, Larni	14	South	2:29.10
2	Isaac, Chloe	15	Independent S	2:34.06
3	Small, Alice	13	Independent S	2:38.20
4	McClellan, Sophie	13	Independent S	2:40.10

Event 207 Boys 13-19 200 LC Meter Backstroke Not Conducted

SQ - 2:55.00 (10-12) / 2:45.00 (13)

SQ - 2:34.60 (14) / 2:31.50 (15)

SQ - 2:29.60 (16) / 2:26.00 (17-19)

13 SUN Rec: 2:32.49 2/03/2017

14 SUN Rec: 2:26.15 10/03/2011

15 SUN Rec: 2:22.92 5/03/2015

16 SUN Rec: 2:12.50 5/03/2010

17-19 SUN Re: 2:01.97 3/03/2021

	Name	Age	School	Seed Time
1	Jackson, Hamish	16	North	2:07.55
2	Smyth, Archie	14	Independent S	2:13.34
3	Templeton, Blake	17	Independent S	2:13.43
4	Balderson, Archie	16	Independent S	2:14.69
5	Knott, Archer	15	Coastal S	2:20.55
6	Short, Jackson	17	Coastal S	2:21.55
7	Nolan, Hayden	14	South	2:27.59
8	McKenna, Jai	14	Independent S	2:33.96
9	Wasiak, Ari	13	Independent S	2:42.77

Event 208 Girls 13-19 200 LC Meter Butterfly Not Conducted

SQ - 3:00.00 (10-12) / 2:50.00 (13)

SQ - 2:46.00 (14) / 2:44.00 (15)

SQ - 2:42.00 (16) / 2:37.40 (17-19)

13 SUN Rec: 2:28.94 10/03/2011

14 SUN Rec: 2:23.83 1/03/2012

15 SUN Rec: 2:19.87 5/03/2010

16 SUN Rec: 2:23.94 6/03/2014

17-19 SUN Re: 2:15.20 5/03/2015

	Name	Age	School	Seed Time
1	Jack, Emily	17	Coastal S	2:22.44
2	Simmons, Ruby	18	Coastal S	2:29.82
3	Daniel, Dakota	15	Independent S	2:32.41
4	Lengenberg, Emily	17	Independent S	2:32.93
5	Davis, Larni	14	South	2:33.32
6	Evans, Gypsy	15	Coastal S	2:35.67
7	Puzey, Sienna	16	South	2:41.95
8	Rixon, Ella	13	Coastal S	2:44.96

Event 209 Boys 13-19 200 LC Meter Butterfly Not Conducted

SQ - 3:00.00 (10-12) / 2:45.00 (13)

SQ - 2:42.00 (14) / 2:36.00 (15)

SQ - 2:30.00 (16) / 2:25.00 (17-19)

13 SUN Rec: 2:26.29 3/03/2016

14 SUN Rec: 2:20.64 2/03/2017

15 SUN Rec: 2:11.36 5/03/2015

16 SUN Rec: 2:09.69 3/03/2016

17-19 SUN Re: 2:09.55 2/03/2017

	Name	Age	School	Seed Time
1	Jackson, Hamish	16	North	2:13.11
2	Widmer, Eli	16	Independent S	2:13.14
3	Price, Hamish	18	Independent S	2:18.07
4	Knott, Archer	15	Coastal S	2:21.38

Event 210 Girls 13-19 400 LC Meter IM Not Conducted at RT

PAPER NOMINATION TO REGION

13 SUN Rec: 5:35.20 9/03/2023

15 SUN Rec: 5:24.94 9/03/2023

17-19 SUN Re: 5:15.65 9/03/2023

	Name	Age	School	Seed Time
1	Smith, Rylee	18	Independent S	5:14.89
2	Daniel, Dakota	15	Independent S	5:24.05
3	Pocock, Nellie	13	Independent S	5:43.24

Event 211 Boys 13-19 400 LC Meter IM Not Conducted at RT

PAPER NOMS TO REGION

13 SUN Rec: 5:35.23

	Name	Age	School	Seed Time
1	Jackson, Hamish	16	North	4:46.90
2	Balderson, Archie	16	Independent S	4:54.40
3	Widmer, Eli	16	Independent S	4:59.21
4	Knott, Archer	15	Coastal S	5:06.99
5	Briggs, Beau	14	Independent S	5:40.34

Event 212 Girls 13-19 400 LC Meter Freestyle Not Conducted at RT

PAPER NOMS TO REGION

	Name	Age	School	Seed Time
1	Smith, Rylee	18	Independent S	4:29.35
2	Shaw, Alia	18	South	4:34.28
3	Daniel, Dakota	15	Independent S	4:36.43
4	Pocock, Nellie	13	Independent S	4:51.86
5	Barnes, Alba	13	North	4:58.80
6	Rixon, Ella	13	Coastal S	4:59.81

Event 213 Boys 13-19 400 LC Meter Freestyle Not Conducted at RT

PAPER NOMS TO REGION

	Name	Age	School	Seed Time
1	Kay, Cooper	15	Coastal S	4:10.40
2	Kopff, Mason	15	Independent S	4:15.14
3	Balderson, Archie	16	Independent S	4:15.79
4	Fruscalzo, Adam	14	Independent S	4:23.15
5	Sarsfield, Cooper	14	Independent S	4:41.39

Event 214 Girls 13-19 800 LC Meter Freestyle Not Conducted at RT

SQ - 9:30.00

	Name	Age	School	Seed Time
1	Smith, Rylee	18	Independent S	9:14.59
2	Shaw, Alia	18	South	9:26.71

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Psych Sheet - Unconducted Events

Event 215 Boys 13-19 800 LC Meter Freestyle Not Conducted at RT

SQ - 8:55.00

	Name	Age	School	Seed Time
1	Kopff, Mason	15	Independent S	8:43.01

Event 216 Girls 13-19 1500 LC Meter Freestyle Not Conducted at RT

SQ - 18:55.00

	Name	Age	School	Seed Time
1	Smith, Rylee	18	Independent S	17:28.98
2	Shaw, Alia	18	South	18:06.93

Event 217 Boys 13-19 1500 LC Meter Freestyle Not Conducted at RT

SQ - 17:45.00

	Name	Age	School	Seed Time
1	Kopff, Mason	15	Independent S	17:01.87
2	Fruscalzo, Adam	14	Independent S	17:32.29

Event 400 Girls 13-19 200 LC Meter IM Multi-Class MultiClass Uncond

	Name	Age	School	Seed Time
1	* Steiner (S19), Amelia	15	Coastal S	2:43.94
2	* Moloney (10), Annabelle	16	North	3:09.33
3	* Walton (S19), Sophie	13	Coastal S	4:06.71
4	* Forge-Bowtell (S8), Bella	13	North	4:26.59

Event 401 Boys 13-19 200 LC Meter IM Multi-Class MultiClass Uncond

	Name	Age	School	Seed Time
1	* Power (S19), Marcello SM	15	Coastal S	2:58.28
2	* Smith (S9), Sebastian SM9	13	Independent S	3:47.48

Event 402 Girls 13-19 200 LC Meter Freestyle Multi-Class MultiClass U

	Name	Age	School	Seed Time
1	* Chantry (S19), Emma S19	18	Independent S	2:18.90
2	* Steiner (S19), Amelia	15	Coastal S	2:24.99
3	* Moloney (10), Annabelle	16	North	2:36.83
4	* Walton (S19), Sophie	13	Coastal S	3:26.93

Event 403 Boys 13-19 200 LC Meter Freestyle Multi-Class MultiClass U

	Name	Age	School	Seed Time
1	* Power (S19), Marcello S19	15	Coastal S	2:29.08
2	* Smith (S9), Sebastian S9	13	Independent S	3:02.62