

**Sunshine Coast School Sport  
2024 Regional Cross-Country Trials**



**Order of Events**

TIME	EVENT	DISTANCE
8:30 am	Officials' meeting	
9:15 am	Course officials in place	
9:30 am	17/18-19 Boys	6 km
10:00 am	16 Boys & 18-19 Girls (Staggered Start)	6 km
10:30 am	10 Boys + 10-12 Boys Multi-class	2 km
10:50 am	10 Girls + 10-12 Girls Multi-class	2 km
11:10 am	11 Boys	3 km
11:25 am	11 Girls	3 km
11:40 am	12 Boys	3 km
11:55 am	12 Girls	3 km
12:20 am	13 Boys + 13-19 Boys Multi-Class	3 km
12:40 am	13 Girls + 13-19 Girls Multi-Class	3 km
1:00 pm	14 Boys & 14 Girls (Staggered Start)	4 km
1:30 pm	15 Boys & 15 Girls (Staggered Start)	4 km
2:00 pm	16 Girls & 17 Girls (Staggered Start)	4 km
2:30 pm	Departure	

N.B. Presentations will occur at the conclusion of each race.

