

# SUNSHINE COAST SCHOOL SPORT

## 10-19 YEARS REGIONAL CROSS COUNTRY TRIAL

### MULTI-CLASS INFORMATION FOR SCHOOLS

**MEMO:** Principals  
School Sport Coordinators  
H.O.S.E.S. – Secondary & Primary Schools  
Advisory Visiting Teachers

The representative school sport program offers students the opportunity to participate in multi-class events.

- The regional trial is a representative pathway for multi-class athletes. Athletes wishing to compete at the state championship must participate at the regional trial.
- There are no regional or state qualifying times for multi-class events. However, athletes must be capable of running 2 km (10-12 years) or 3 km (13-19 years) over uneven terrain.
- **Interested students must contact their school sport coordinator for the *Multi-class cross country student nomination form* and event information.**
- Participating students must also complete the *QRSS consent form*.

- ❖ Multi-class athletes will be identified with a specific-coloured wristband.
- ❖ Athletes with Short Stature can compete at the regional trial and state championship.
- ❖ Virtus II-3 athletes can compete in all levels of the representative school sport pathway, including nationals.
- ❖ Visually impaired athletes can run with a guide runner. Please note:
  - T11 athletes must have a guide runner.
  - T12 and T13 athletes may elect to have a guide runner.
  - Athletes may choose to use an elbow lead, run free, or be tethered with the guide
- ❖ **To be selected in our regional team, multi-class athletes must be classified by a national disability sporting organisation, such as Sport Inclusion Australia or Athletics Australia.**
- ❖ Students who do not have an official classification can still take part in the district and regional trial but will not be eligible for selection in our regional team.

- School staff may need to assist parents in completing the student nomination form.
- The nomination form must be returned to your school sport coordinator.
- A list of disability categories is included on the student nomination form. This will assist school staff, students and parents to choose the correct category for the student.
- If you have multi-class students who wish to be officially classified, please visit the [Queensland School Sport](#) website and choose the '*Inclusion*' tab to investigate the classification process.
- Please also refer to the attached '*Supporting students with disability to access Qld representative school sport*' document for information on multi-class classification.