



PO Box 1522, Sunshine Plaza  
 Maroochydore QLD 4558  
 Phone: 07 5475 1574  
 Email: [sport.scrssb@qed.qld.gov.au](mailto:sport.scrssb@qed.qld.gov.au)

Dear Parents / Carers,

Congratulations! Your child has been invited to join the Sunshine Coast School Sport regional team listed below which will attend a Queensland Representative School Sport state championship.

**To accept this invitation, please complete the following tasks:**

1. Complete the survey by scanning the QR code or using the link by **9.00am Friday 05 June**.



<https://survey.qed.qld.gov.au/n/eX6h6Bn>

2. Download the *regional team permission booklet* from our [website](#).
3. Return your *regional team permission booklet* to [sport.scrssb@qed.qld.gov.au](mailto:sport.scrssb@qed.qld.gov.au) by **Monday 08 June**.
4. Pay the regional team levy by the due date.

**To decline this invitation**, parents must email the sports office immediately so that another athlete may be invited into the team.

By accepting this invitation, you are agreeing to comply with our regional uniform policy, our code of conduct and agree to commit fully to the team, both in training and for the duration of the state championship. Payment of the team levy must be made by the due date.

**Team:** CROSS COUNTRY 10-19 YEARS

**State Championship Dates:** Saturday 18 July to Monday 20 July 2026 (inclusive)


**Venue:** Highfields Sport and Recreation Park  
 220 Barracks Road  
 Highfields, Toowoomba, QLD 4352

**Team Levy:** \$178.89 Plus Apparel purchased through School Locker.

**Regional Apparel:** All regional apparel is available from School Locker – Maroochydore.  
 Parents must order through the School Locker online shop or purchase in store.

**Payment Date:** Pay the team levy by this date: **Friday 26 June**

**Payment Method:** Pay the team levy through our regional online shop.

- Click the 'Regional online shop' tab on our regional website home page <https://sunshinesport.eq.edu.au>
- Click  Pay now  
Levies and apparel
- Click 'State Championships' and follow the prompts

Click 'Login' if an existing user OR click 'Register now' if a first time user

When prompted, enter the sport code below. (Note: a zero in the code will display as 0 if applicable)

Sports Code: **SUNCCUBD3**

A more detailed instruction guide is located above the "Pay now" button on our regional online shop information page.

Any team member who has not completed final payment by the due date will be considered to have refused the invitation to join the regional team and their position in this team may be offered to a replacement player.

# TRAVEL DETAILS, PAPERWORK & UNIFORMS

- Accommodation:** It is the responsibility of parents to privately arrange accommodation for team members.
- Independent Travel:** It is the responsibility of parents to arrange private transport for team members to & from this championship.

**Regional Team Permission Booklet:** **Please download the regional team permission booklet from our website.**  
Email to the regional sport office [sport.scrrsb@ged.qld.gov.au](mailto:sport.scrrsb@ged.qld.gov.au) by **Monday 08 June**.  
The regional team permission booklet is an electronic fillable PDF document. It is recommended to open this document in Adobe Reader to type in your details. This booklet should automatically self-populate so that you don't have to repeat common information. You can also change the name of the sport so it can be saved for future use if selected in another regional team. Parents who are unable to electronically insert their signatures, will need to print off the completed booklet and then physically sign the documents where indicated. This signed booklet can then be scanned and returned via email.

**School Approval:** Once you have filled out your details in the regional team permission booklet, you need to present your booklet to your school Principal or authorised school delegate for approval and verification from your school.

**Compulsory Apparel:** It is compulsory for team members to purchase / supply the following apparel items for this sport. If you already have any of these compulsory apparel items, you do not have to purchase them again.

	Compulsory Item
Playing uniform	Athletic Singlet <b>OR</b> Crop Top
	Athletic Shorts <b>OR</b> Bike Pants
	Socks – crew / ankle
Dress uniform	Student polo
	Bucket hat
Other	Water bottle (you can supply your own water bottle)

**Dress Uniform:** It is compulsory for all athletes to wear the regional dress shirt and a pair of regional shorts (either the grey dress shorts, team playing shorts or bike pants) for the team photo and for general use while not competing.

**SCHOOL LOCKER ALL REGIONAL APPAREL IS LOCATED AT SCHOOL LOCKER - MAROOCHYDORE. YOU ARE NOT ABLE TO COLLECT APPAREL FROM OUR OFFICE.**

- All general apparel is only available from School Locker - Maroochydoore.
- Apparel can be ordered online through [School Locker Uniform Shop](#) or purchased in store 7 days/week.
- Scan the QR code below or use the link above.
- Home delivery is also available for online orders (plus freight charge).



**School Locker Maroochydoore**

Maroochydoore Homemaker Centre  
55 Maroochy Boulevard, Maroochydoore  
Ph: 5452 1431

**Footwear:**

- Athletes must not compete in bare feet. Footwear must be worn by all athletes.
- World Athletics shoe regulations do not apply to cross county events.
- Shoes with or without spikes may be worn in 10-12 years and 13-19 years events.
- The surface conditions of the running course should be considered when making a decision concerning the use of spikes.
- Be aware that there are some stony and concrete sections that may not be suitable for spikes. This will be the individual athlete's decision after completing the course orientation.

**Compression garments:**

- If compression garments are worn, they must be worn underneath our regional competition uniform (top and bottom).
- Compression socks may be worn provided they are consistent with regional colours.

# SPECIFIC CHAMPIONSHIP DETAILS

**Team Nominations:** Athletes can check the Sunshine Coast School Sport website for our team nominations. <https://sunshinesport.eq.edu.au/regional-sport/sports-a-g/cross-country>

**Arrival:** Please arrive by 2.15pm on Saturday 18 July in time for the team meeting and opening ceremony.

**Team Meeting:** There will be a team meeting for all athletes at 2.30pm.

**Opening Ceremony:** The opening ceremony will be held at 3.00pm.

**Course Orientation:** The course orientation will be after the opening ceremony. The course will not be open for inspection for individual events on Sunday due to time constraints.

**Team Photograph:** Our team photo will be at 4.15pm.  
Students must wear their regional dress polo shirt and a pair of regional shorts with shoes and socks.

**Course Maps:** These will be forwarded as soon as possible.

**Relay Teams:** The teams relay event will be held on Monday 20 July. These relay teams will be selected from the results from the individual races on Sunday. The first five (5) athletes will make up the relay team.

The sixth (6th) competitor will compete in the time trial (10-12 years – 1km race, 13-19 years – 1.5km race)

**Check In:** Team members are required to check in each day 90 minutes before their race, unless competing in the first race of the day.

**Team Managers:** **Chief Manager is Katherine Claydon. Mobile: 0414 660 719**  
(Please make this mobile your first point of contact during the championship)

Katherine Claydon Beerwah State High School M: 0414 660 719

Nigel Rosenthal Caloundra State School

Helen Powell Deception Bay North State School

Brendan Mallyon Chancellor State College

Colleen Greentree Eumundi State School

Greg Wilson Mountain Creek State High School

**Multi-class Manager** Dan Bandera Regional Sport Office M: 0431 185 800

**Program:** Each athlete will be provided with a program at the state championship.

**Order of events:** This will be forwarded as soon as possible.

**Competitor Numbers:** Numbers and safety pins will be supplied for all competitors.  
Bibs include a QR scan code to the Live Results.

**Timing:** Electronic live timing will be used for all individual races and relays.

**Competition Procedures:** The *QRSS 10-19 Years Cross Country Competition Procedures* can be downloaded here: <https://queenslandsschoolsport.education.qld.gov.au/sports-information/sports-a-g/cross-country>

**Medal Winners:** Medals are awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place in each event.  
Athletes who win medals are required to wear the regional dress uniform at the presentation ceremony.

**QLD Team:** A Queensland Representative School Sport team will be selected at this championship to compete at the School Sport Australia national championship in Sydney from 14 - 17 September 2026.

## MULTI-CLASS ATHLETES

Multi-class events include 10, 11, 12, 13-14, 15-16, 17-19 years for each gender.

**Athletes in multi-class events must be listed on the National Master List or provide a copy of their classification card to the regional sport office prior to attending the state championship.**

**Athletes with Down Syndrome will need to provide a medical clearance certificate to the regional sport office prior to attending the state championship.**

Autism is now formally recognised as a classification event in cross country. Athletes with an I13 classification are now eligible for Queensland selection to compete at the national championship.

Multi-class relays: Mixed teams of four (4) will be created (with a minimum of two females) for the following age groups:

- 10-12 years (1km)
- 13-15 years (1.5km)
- 16-19 years (1.5km)

Athletes not allocated to a team are able to run and receive a time.

## FUNDING ASSISTANCE

Please see below for funding assistance programs available to financially assist families attending State or National Championships.

Some of these organisations provide funding for State and National Championships while others only provide funding for National and International Championships.

### AUSTRALIAN SPORTS COMMISSION

- The Local Sporting Champions program is an Australian Sports Commission initiative designed to provide financial assistance for young people aged 12-18 towards the cost of travel, accommodation, uniforms or equipment when competing, coaching or officiating at an official national sporting organisation.
- (NSO) endorsed state, national or international sporting championships or a School Sport Australia state or national championship. Need to apply prior to attending event.

[https://www.sportaus.gov.au/grants\\_and\\_funding/local\\_sporting\\_champions](https://www.sportaus.gov.au/grants_and_funding/local_sporting_champions)

### EMERGING ATHLETES PATHWAY

- Emerging Athlete Pathways aims to foster the development of young athletes and support elite athlete pathways by providing financial assistance to help alleviate the costs associated with attending championship events.
- Applications can be made from time of selection up until 6 months after the event start date.

<https://www.qld.gov.au/recreation/sports/funding/emerging-athlete-pathways>

# GENERAL INFORMATION

- Code of Conduct:** Parents and students are required to read and understand their responsibilities as set out in the attached *Code of Conduct for Students, Parents & Spectators*.  
Any breach of this code may result in the student being excluded from participating with the team at the state championship and/or possibly being sent home at the parents' expense.
- Photography:** The taking of photographs (for personal/family use) is permitted at Queensland Representative School Sport events except where an event is held at a venue where venue management prohibits such photography.
- First Aid:** Qualified sports medicine trainers will be in attendance throughout the championship.  
All athletes who require preventative strapping are required to provide their own strapping tape.
- Hydration Guidelines:** The purpose of the QRSS guidelines is to ensure that students become aware of the benefits of proper hydration practices before, during and after physical activity. Remember the following key messages:
- Thirst is a poor indicator of fluid need
  - Hydrate before, during and after play
- In accordance with these guidelines, all students must have their own personal water bottle.
- Canteen:** A canteen will be in operation throughout the championship. Athletes are encouraged to provide their own food and drinks.
- Insurance:** The Department of Education does not have personal accident insurance cover for students.  
The Department of Education has public liability cover for all approved school activities and provides compensation for students injured at school / school events only when the department is negligent.  
If this is not the case, then all costs associated with the injury are the responsibility of the parent or caregiver.  
It is a personal decision for parents as to the type and level of private insurance they arrange to cover students for any accidental injury that may occur.

Any initial enquiries should be directed to your team officials on the contact details included above.

I would like to wish your child every success in this championship and I am sure that they will be an excellent representative for the Sunshine Coast Region.

Yours in Sport,

The Sunshine Coast School Sport team

# Queensland School Sport - Sunshine Coast Region

## CODE OF CONDUCT (Students)

The following code of conduct highlights the level of expected behaviour of students, parents and spectators when participating in / attending Queensland School Sport (QSS) events. Consequences for not honouring this code of conduct are listed in the boxed sections. Please ensure that you have read and understand this code prior to participating in / attending Queensland School Sport (QSS) events. Further information is available by contacting the Sunshine Coast Region School Sport Office, telephone (07) 5475 1570. **Please be aware that ignorance of the contents of this Code will not be accepted as an excuse for any breach.**

### EXPECTATIONS OF STUDENT PARTICIPANTS

- Take responsibility for your own behaviour and performance.
- Compete by the competition conditions and rules.
- Never argue with the Judge's, Referee's or Umpire's decision.
- Control your temper – no criticism by word or gesture.
- Work equally hard for yourself and your team – your team's performance will benefit and so will your own.
- Be a good sport. Encourage and support your team members.
- Show respect for yourself, your team mates, officials, your opponents and their skills.
- Behave in a manner that respects the rights of others regardless of mediums of communication used. eg. digital mediums such as twitter, facebook, email and texts.
- Smoking, drinking of alcoholic beverages or the use of any illegal substances is strictly forbidden.
- Entering or remaining upon restricted licensed premises, unless under the supervision of team officials or parents is strictly forbidden.
- Going to bed at a reasonable hour will assist your own and your team's performance.
- Wearing the official team uniform at all times, as directed by team management / officials.
- Check in and check out with team management / officials each day.
- Stay in the designated team area and support other team members during times when you are not competing.
- Follow all directions of team management / officials.
- Ensure that you have telephone numbers of team managers with you at all times that you are not with the team.

#### Consequences for breaches of this code by students

**Team managers may deal immediately with any breaches of this code by imposing appropriate consequences, including not playing remaining fixtures, notification of parents, and being sent home at your parents' cost. Each regional school sport board is responsible for imposing any longer term consequences to your future participation in QSS events.**

**Students may be notified orally or in writing of a temporary ban from participating or attending QSS fixtures until formal processes are conducted by the regional school sport board to determine complaints under this Code. Students will be afforded natural justice in respect of breaches of this code and for any discipline under the EGPA.**

**Furthermore, QSS may provide a report to your school about your conduct and, as a school representative, you may be subject to discipline in accordance with the *Education (General Provisions) Act 2006 (EGPA)*.**

# Queensland School Sport - Sunshine Coast Region

## CODE OF CONDUCT (Parents & Spectators)

### EXPECTATIONS OF PARENTS AND SPECTATORS

#### Parents' Code of Conduct

- Cooperate with the school to achieve the best outcomes for your child.
- Support team and event officials in maintaining a safe and respectful learning environment for all students.
- Maintain positive relationships with team officials regarding your child's learning, wellbeing and behaviour.
- Encourage participation by your children.
- Provide a model of good sportsmanship for your child to copy.
- Be courteous and constructive in your communication with players, team officials, game officials and sport administrators.
- Encourage honest effort, skilled performance and team loyalty.
- Make any new parents feel welcome on all occasions.
- Do not interfere with the conduct of any events.
- Behave in a manner that respects the rights of others regardless of mediums of communication used. eg. digital mediums such as twitter, facebook, email and texts.
- Support Queensland School Sport's policy of a smoke and alcohol free environment.

#### Spectators' Code of Conduct

- Demonstrate appropriate social behaviour.
- Remember students play for enjoyment. Don't let your behaviour detract from their enjoyment.
- Let game officials conduct events without interference.
- Support skilled performances and team play with generous applause.
- Demonstrate respect for opposing players and their supporters.
- Behave in a manner that respects the rights of others regardless of mediums of communication used. eg. digital mediums such as twitter, facebook, email and texts.
- Support Queensland School Sport's policy of a smoke and alcohol free environment.

#### Consequences for breaches of this code by parents / spectators

Team managers and event organisers may deal immediately with any breaches of this code by warning offenders about their conduct, asking offenders to leave venues, and calling police to intervene where necessary. Each regional school sport board is responsible for imposing any longer term consequences such as written warnings, or barring attendance at future events for a period or indefinitely.

**Parents and spectators may be notified orally or in writing of a temporary ban from attending QSS fixtures until formal processes are conducted by the regional school sport board to determine complaints under this Code. Parents and spectators will be afforded natural justice in respect of breaches of this code.**

Parents and spectators should note that it is an offence to insult (meaning "to treat insolently or with contemptuous rudeness, to abuse") an officer of a state educational institution in the presence or hearing of students – s.333(2)(b) Wilful Disturbance, of the *Education (General Provisions) Act 2006* (EGPA). Breaches of this section of the EGPA may result in a complaint being made to police.