

Friday 18 July		
3:30pm	Team Photos Commence (Convention Centre)	
4:15-5:00pm	Course Orientation	
5.15pm	Opening Ceremony Commences	

Saturday 19 July		
8.00 am	Warm up (Course will not be open for course orientation)	Warm up to occur on WARM UP OVAL only.
8.30am	18-19 Years Boys	8km (1 x 2km, 2 x 3m)
9.00am	18-19 Years Girls	6km (2 x 3km)
9.25am	16-17 Years Boys	6km (2 x 3km)
9.50am	16-17 Years Girls	4km (2 x 2km)
10.15am	14-15 Years Boys	4km (2 x 2km)
10.30am – 10.50am	Queensland Team Session 1 18-19 Years Boys and Girls 16/17 Years Boys and Girls	
10.35am	14-15 years Girls	4m (2 x 2km)
10.55am	10-12 Years Multi-Class / Invitational I13 & Short Stature	2km
11.15am	10 Years Boys	2km
11.25am	10 Years Girls	2km
11.30am – 11.50am	Queensland Team Session 2 14/15 Years Boys and Girls 10-12 Years Boys and Girls Multi-Class	
11.40am	13-19 Years Multi-Class / Invitational I13 & Short Stature	3km
12.10pm	11 Years Boys	3km
12.25pm	11 Years Girls	3km
12.30pm – 12.50pm	Queensland Team Session 3 10 and 11 Years Boys and Girls 13-19 Years Boys and Girls Multi-Class	
12.45pm	12 Years Boys	3km
1.05pm	12 Years Girls	3km
1.15pm	13 Years Boys	3km
1.35pm	13 Years Girls	3km
1:50pm – 2:10pm	Queensland Team Session 4 12 and 13 Years Boys and Girls	

Sunday 20 July		
7:00 – 8:00 am	Relay Course orientation	
8:15am	13-19 Years Time Trial (combined event)	1.5km
8:30am	18-19 Years Boys & Girls	5 x 1.5km
9.00am	17 Years Boys & Girls	5 x 1.5km
9:30am	16 Years Boys & Girls	5 x 1.5km
10.00am	15 Years Boys & Girls	5 x 1.5km
10.30am	14 Years Boys & Girls	5 x 1.5km
11.00am	13 Years Boys & Girls	5 x 1.5km
11.30am	13-19 Years Multi-Class	5 x 1.5km
12.10am	10-12 Years Boys & Girls TIME TRIAL	1km
12.25pm	10–12 Years Multi Class	5 x 1km
1.00pm	10 Years Boys & Girls	5 x 1km
1.25pm	11 Years Boys & Girls	5 x 1km

1.55pm	12 Years Boys & Girls	5 x 1km

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