# **Sunshine Coast School Sport**



# Regional trial notice

## **Sport team**

Cricket 15 to 19 girls (This team will compete in the 2025 state championship).

#### When

Thursday, October 24, 2024 – 9:00am to 3:00pm

The backup date for bad weather is Thursday, October 31, 2024.

#### Where

Caloundra Cricket Club, Lewis Street, Caloundra

## Who can take part in this trial

Eligible students born in 2006, 2007, 2008, 2009 or 2010 (15 to 19 years old in 2025).

## Instructions (what you need to do)

- 1. See your school sport coordinator and pick up our 'Direct to region trial information pack'.
- 2. Fill out our 'Regional trial permission and consent' form.
- 3. Get school permission to take part in our trial (on your 'Regional Trial Permission and Consent form').
- 4. Sign up for our regional trial by 11:00pm on Thursday, October 17, 2024. You can do this by using our QR code or going to this link: https://survey.ged.gld.gov.au/n/bgjhzkJ.



- 5. Go to our <u>web page</u> to learn how to pay the \$25.00 regional trial levy. (https://sunshinesport.eq.edu.au/support-and-resources/parent-and-student-information/regional-online-shop-information)
- 6. Pay the \$25.00 regional trial levy no later than Thursday 17 October 2024 by clicking on the 'Pay now Levies and apparel' button.
- 7. On our RSS online shop, choose the 'Regional trials' link and follow the prompts.
- 8. Bring a copy of your payment receipt to the regional trial as proof of payment.
- 9. Bring your signed 'regional trial permission and consent form' and 'student health information form' with you to our regional trial. You must hand them in when you arrive.
- 10. If you have not paid or do not have your forms with you, you will not be able to take part in this trial.



## **Food and drinks**

There will be no café or canteen at our trial. Please bring your own food and drinks.

## **Sport equipment**

- Wear shoes that are suitable for use on synthetic and turf wickets.
- You must bring your own cricket bat, pads, gloves, helmet and any other equipment you may need.
- If you want to use strapping tape, you have to bring your own and put it on before the trial starts.

## **Sun safety**

You need to bring your own sunscreen and put it on several times during the day.

Wear a hat that protects you from the sun and stay in shaded areas when you're not playing.

There is plenty of shade areas for everyone who is watching or not playing.

## **Hydration**

Drink often from your own water bottle to stay hydrated throughout the day.

### First aid

A professional first aid medic will be at the trial.

# State championship information (if you are picked in our team)

When: The state championship begins March 10, 2025 and finishes March 13, 2025.

Where: Burdaberg

How to get there: Private travel (book your own accommodation as well).

**Approximate cost**: \$600 levy plus you need to buy regional uniform items.

## Regional team size

We will pick a 12 player team.

Picking our team now will give us time to prepare and be ready for the 2025 QRSS cricket 15-19 girls state championship.