



Sunshine Coast School Sport

Volleyball 16-19 years girls regional trial notice

Date and time

Monday 23 March 2026 – 9:00am to 2:30pm.

Location

Caloundra Indoor Stadium, North Street, Golden Beach – COURT 4

Who can take part in this trial?

Students born 2007, 2008, 2009 and 2010

You must be selected in a district team prior to the regional trial.

Cost

- \$25.00 – Please pay by Monday 16 March.
- Go to our [regional online shop information](#) to learn how to pay.
- Click on the 'Pay now Levies and apparel' button.



- Click 'Regional Trials' and follow the prompts.
- Bring a copy of your payment receipt to the regional trial as proof of payment.

Consent forms

- Complete our regional trial consent booklet and make sure that it is signed by a parent or carer and authorised school delegate.
- Hand in your consent booklet to your district team manager prior to participating at the regional trial.
- You cannot take part in this trial if you have not returned your consent booklet.

Sport equipment

- You must wear shoes with non-marking soles only.
- Districts will inform players of their uniform requirements.
- If you need strapping you must bring your own tape. All strapping must be applied before the trial starts. Strapping is the responsibility of the individual player.

Food and drinks

A canteen is available at this trial.

Sun safety

This is an indoor venue.

Hydration

Bring your own water bottle and hydrate regularly throughout the day.

First aid

A first aid medic will be attending this trial.

State championship information

Dates: 23 – 26 July 2026 (playing dates)

Location: Brisbane Entertainment Centre, Boondall

Travel: You must make your own travel and accommodation arrangements

Approximate cost: \$350 plus team apparel

Regional team size

12 players (maximum)

Draw

Please refer to draw below.

COURT 4 16 - 19 years GIRLS		
TIME	MATCH	DUTY
9.15 - 9.30am	<i>General Warm-up</i>	
9.30 - 10.00am	North v Independent	Coastal
10.00 - 10.30am	Coastal v South	Independent
10.30 - 11.00am	Independent v South	North
11.00 - 11.30am	Coastal v North	South
11.30 - 12.00pm	South v North	Coastal
12.00 - 12.30pm	Coastal v Independent	North
12.30 - 1.00pm	<i>Spiking & Drills</i>	
1:00 - 1:45pm	POSSIBLES V PROBABLES	Helpers
1.45 - 2.15pm	<ul style="list-style-type: none">• Announcement of Regional team• District team managers to organise player details etc.• Regional coach / manager to announce 1st training session• Clean up	
PLEASE NOTE	<ul style="list-style-type: none">• All teams are to provide their own warm-up balls.• Duty team is to supply referees, scorers and lines-people (and whistles).• No time-outs or subs in the last 3 minutes.• Scoring is rally point/time limit matches.• Quick change between games.	