



Sunshine Coast School Sport

Australian Football 10-12 girls regional trial notice

Date and time

Wednesday 25 March 2026 – 9:00am to 3:00pm.

Alternative wet weather date if required – Tuesday 31 March 2026

Location

Maroochydore Multi-Sports Complex, Fishermans Road, Maroochydore

Who can take part in this trial?

Students born 2014, 2015 and 2016

You must be selected in a district team prior to the regional trial.

Cost

- \$25.00 – Please pay by Wednesday 18 March.
- Go to our [regional online shop information](#) to learn how to pay.
- Click on the 'Pay now Levies and apparel' button.



- Click 'Regional Trials' and follow the prompts.
- Bring a copy of your payment receipt to the regional trial as proof of payment.

Consent forms

- Complete our regional trial consent booklet and make sure that it is signed by a parent or carer and authorised school delegate.
- Hand in your consent booklet to your district team manager prior to participating at the regional trial.
- You cannot take part in this trial if you have not returned your consent booklet.

Sport equipment

- **Mouthguards are mandatory for this sport.**
- You must wear appropriate footwear.
- Districts will inform players of their uniform requirements.
- If you need strapping you must bring your own tape. All strapping must be applied before the trial starts. Strapping is the responsibility of the individual player.

Food and drinks

A canteen is available at this trial.

Sun safety

- Bring your own sunscreen and put it on several times during the day.
- Wear a hat and stay in shaded areas when you are not playing.

Hydration

Bring your own water bottle and hydrate regularly throughout the day.

First aid

A first aid medic will be attending this trial.

State championship information

Dates: 04 – 07 June 2026 (playing dates)

Location: Cairns

Travel: You must make your own travel and accommodation arrangements

Approximate cost: \$500 plus team apparel

Regional team size

20 players (maximum)

Draw

Please refer to draw below.

SUNSHINE COAST 10 - 12 YEARS GIRLS AUSTRALIAN FOOTBALL DRAW

Competing Districts

1. Nambour
2. Caboolture
3. Redcliffe
4. Coastal
5. Noosa
6. Glasshouse

Games are 10 minute halves with 5 minutes half time.

10 minutes between games for teams to have a drink as there are a lot of back to back games

Wednesday 25 MARCH 2026							
Time	Oval 1			Oval 2			Bye
9.30 - 9.55am	Redcliffe	v	Glasshouse	Nambour	v	Caboolture	Coastal Noosa
10:05 - 10:30am	Nambour	v	Coastal	Caboolture	v	Noosa	Glasshouse Redcliffe
10:40 - 11:05am	Redcliffe	v	Coastal	Glasshouse	v	Noosa	Nambour Caboolture
11:15 - 11:40am	Nambour	v	Redcliffe	Glasshouse	v	Caboolture	Noosa Coastal
11:40 - 12:00pm	BREAK (includes Selectors' Meeting – at least one official from each team to discuss selections with Sunshine Coast Coaching team)						
12:00 - 12:25pm	Noosa	v	Coastal				Glasshouse Redcliffe Nambour Caboolture
12:35 - 1:00pm	Noosa	v	Redcliffe	Nambour	v	Glasshouse	Coastal Caboolture
1:10 - 1:35pm	Coastal	v	Glasshouse	Redcliffe	v	Caboolture	Nambour Noosa
1:45 - 2:10pm	Nambour	v	Noosa	Coastal	v	Caboolture	Glasshouse Redcliffe
2:10 - 2:20pm	BREAK (includes Selectors' Meeting – at least one official from each team to discuss selections with Sunshine Coast Coaching team)						
2:20pm	Announcement of Possibles / Probables teams (All teams assemble in front of selectors tent)						
2:25 - 2:50pm	Possibles v Probables game						
2:55pm	Announcement of Regional team (All Possible and Probable players assemble in front of selectors tent)						
2.55 - 3.15pm	Regional team meeting, including paperwork and sizing of playing uniform						